Cuba: U.S. Policy Overview

Since the early 1960s, when the United States imposed a trade embargo on Cuba, the centerpiece of U.S. policy toward Cuba has consisted of economic sanctions aimed at isolating the Cuban government.

In 2014, the Obama Administration initiated a policy shift away from sanctions and toward engagement and the normalization of relations. Changes included the rescission of Cuba’s designation as a state sponsor of international terrorism (May 2015); the restoration of diplomatic relations (July 2015); and an easing of restrictions on travel, remittances, trade, telecommunications, and banking and financial services (2015 and 2016), accomplished through amendments to the Cuban Assets Control Regulations, administered by the Treasury Department, and the Export Administration Regulations, administered by the Commerce Department. The restoration of relations led to increased government-to-government engagement, with over 20 bilateral agreements and numerous dialogues.

President Trump unveiled his Administration’s Cuba policy in 2017, introducing new sanctions and rolling back efforts to normalize relations. By 2019, the Administration had largely abandoned engagement and, from 2019 to January 2021, significantly increased sanctions (see discussion below)—especially on travel and remittances—to pressure the Cuban government on human rights and for its support of the Venezuelan government of Nicolás Maduro.

Most observers expect the Biden Administration to shift U.S. policy toward Cuba back to focusing on engagement and away from the numerous sanctions imposed in recent years. During the U.S. election campaign, President Biden said he would reverse Trump Administration policies, maintaining they harmed the Cuban people without advancing democracy and human rights.

Cuban Political and Economic Developments. In April 2018, Vice President Miguel Díaz-Canel succeeded Raúl Castro as president, although Castro continues to head the Cuban Communist Party (PCC) until at least April 2021. The selection of Díaz-Canel, now 60 years old, reflected the generational change in Cuban leadership that began several years ago and marks the first time since the 1959 Cuban revolution that a Castro is not in charge of the government.

While in power from 2006 to 2018, Raúl Castro began to implement significant economic policy changes, moving toward a more mixed economy with a stronger private sector; his government’s slow, gradualist approach did not produce major economic improvements.

In 2019, Cuba adopted a new constitution that introduced some political and market-oriented economic reforms but continued the state’s dominance over the economy and the Communist Party’s predominant political role.

The Cuban economy is being hard-hit by Venezuela’s economic crisis, which has reduced Venezuela’s support for Cuba; increased U.S. economic sanctions, which have hurt Cuba’s nascent private sector; and the economic decline associated with the Coronavirus Disease 2019 (COVID-19) pandemic. The Cuban government reports the economy contracted 11% in 2020. On January 1, 2021, Cuba eliminated its dual currency system, a major reform that was long debated. Economists maintain the currency reform will have high costs initially but should boost productivity and development over the longer term.

Cuba’s public health response to the pandemic appears to have been effective, although the number of cases and deaths began to increase in late 2020. As of January 23, 2021, the country reported 194 deaths and over 21,000 cases. Cuba has provided international assistance for pandemic response by sending over 3,700 medical professionals to almost 40 countries.

Cuba has a poor record on human rights, with the government sharply restricting freedoms of expression and other basic rights. As of January 4, 2021, the human rights group Cuban Prisoners Defenders listed 138 political prisoners, with 74 imprisoned for reasons of conscience. A November 2020 government crackdown on the San Isidro Movement, a civil society group opposed to the government’s restrictions on artistic expression, spurred a protest by several hundred Cubans, many young artists, and galvanized international attention on human rights in Cuba.

Trump Administration Sanctions. President Trump issued a national security presidential memorandum in June 2017 that introduced new sanctions, including restrictions on transactions with companies controlled by the Cuban military. The State Department issued a list of “restricted entities” in 2017, which was updated several times, most recently January 8, 2021. The “Cuba restricted list” includes 231 entities and subentities (ministries, holding companies, hotels, stores, and a wide variety of companies). The Administration imposed a series of sanctions and other actions, discussed below, and initiated a campaign highlighting allegations of coercive labor practices in Cuba’s foreign medical missions.

- Efforts to Stop Venezuelan Oil Exports to Cuba.

Since April 2019, the Treasury Department has imposed sanctions on several shipping companies and vessels that transported Venezuelan oil to Cuba. In July 2019, it sanctioned Cuba’s state-run oil import/export company.

- Lawsuits Related to Confiscated Property. Effective May 2, 2019, the Administration allowed the right to file lawsuits against those trafficking in confiscated property in Cuba pursuant to Title III of the Cuban Liberty and Democratic Solidarity (LIBERTAD) Act of 1996 (P.L. 1996-163).
104-114). Lawsuits can be brought by any U.S. national, including those who were not U.S. nationals at the time of the confiscation. Previous Administrations had suspended, at six-month intervals, the right to file such lawsuits. To date, 32 lawsuits have been filed against U.S. and foreign companies, including cruise ship operators, airlines, travel booking companies, and hotels; several lawsuits have been dismissed.

- **Restrictions on Travel and Remittances.** In June 2019, the Treasury Department eliminated people-to-people educational travel and the Commerce Department generally prohibited cruise ships, private and corporate aircraft, sailboats, and fishing boats from going to Cuba. The Transportation Department suspended commercial flights to cities other than Havana in December 2019; charter flights to cities other than Havana in January 2020; and private charter flights to Havana in October 2020. In September 2020, Treasury prohibited U.S. travelers from staying at over 400 hotels and privately owned residences identified by the State Department as owned or controlled by the Cuban government or by a prohibited government official or PCC Party member (or close relative).

On remittances, in September 2019, Treasury capped family remittances to $1,000 per quarter per Cuban national and eliminated the category of donative remittances. In June and September 2020, the State Department added to its “Cuba restricted list” two Cuban companies that facilitate the processing of remittances. In November 2020, Treasury prohibited the processing of remittances through entities on the “Cuba restricted list.” This resulted in Western Union—the major financial services company used for transmitting remittances to Cuba—ceasing its operations in Cuba until a solution can be found to keep its services open.

- **Other Trade and Financial Sanctions.** In September 2019, Treasury ended the use of U-turn transactions that had allowed banking institutions to process funds transfers originating and terminating outside the United States. In October 2019, the Commerce Department restricted Cuba’s access to leased commercial aircraft; reimposed a 10% de minimis rule (from 25%) requiring a third country-based company exporting goods to Cuba with more than 10% U.S.-origin content to apply for a license; and imposed licensing requirements for exporting certain donated items to organizations controlled by the Cuban government or PCC and items for telecommunications infrastructure.


- **Terrorism Designations.** In May 2020, the Secretary of State (pursuant to Section 40A of the Arms Export Control Act) added Cuba to the annual list of countries certified as not cooperating fully with U.S. antiterrorism efforts, the first time since 2015. On January 11, 2021, the Secretary designated the Cuban government a state sponsor of international terrorism (the previous such designation was rescinded in 2015). He cited Cuba’s harboring of several U.S. fugitives since the 1970s and of 10 leaders of Colombia’s National Liberation Army (a U.S.-designated foreign terrorist organization), who had traveled to Cuba in 2017 to engage in peace talks with the Colombian government. The new determinations likely will have little effect, inasmuch as the economic sanctions required by each decision are, in large part, redundant to other U.S. sanctions already in effect. A terrorism designation, however, requires the Commerce Department to place Cuba on its most restrictive export licensing list, which could impede transactions related to technology. Some sectors, seeking to avoid any perception of sanctions violations, may become more risk averse in transactions with Cuba.

**Injuries of U.S. Embassy Personnel.** Between late 2016 and May 2018, 26 U.S. Embassy Havana community members suffered a series of unexplained injuries, including hearing loss and cognitive issues. The State Department maintains the investigation into the health injuries has not reached a conclusion regarding the cause or source. On December 5, 2020, the National Academies of Sciences, Engineering, and Medicine publicly released a report concluding the most plausible mechanism for the source of the health symptoms was directed pulsed radio frequency energy. Some analysts and observers have raised the possibility of Russia’s involvement.


In other action, P.L. 116-94 (Division J) included benefits for State Department employees and dependents injured while stationed in Cuba. The FY2021 National Defense Authorization Act (P.L. 116-283, §1110) extended such benefits to personnel of other federal agencies. The Senate approved S.Res. 454 in June 2020, calling for the unconditional release of a Cuban democracy activist.


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Mark P. Sullivan, Specialist in Latin American Affairs
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