Frequently Asked Questions About Prescription Drug Pricing and Policy

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Summary

Prescription drugs play an important role in the U.S. health care system. Innovative, breakthrough drugs are providing cures for diseases such as hepatitis C and helping individuals with chronic conditions lead fuller lives. Studies show that prescription drug therapy can produce health care savings by reducing the number of hospitalizations and other costly medical procedures.

Congress has attempted to ensure that Americans have access to pharmaceuticals by enacting the Medicare Part D prescription drug benefit as part of the Medicare Modernization and Prescription Drug Act of 2003 (MMA; P.L. 108-173) and expanding drug coverage under the 2010 Patient Protection and Affordable Care Act (ACA; P.L. 111-148, as amended). Congress also has enacted laws to encourage manufacturing of lower-cost generic drugs, as well as cutting-edge biologics and biosimilars.

Americans are using more prescription drugs, and for longer periods of time, than in past decades. Still, access to prescription drugs remains a real issue for a number of consumers, particularly those without insurance; those prescribed expensive specialty drugs for treating serious or rare diseases; or those enrolled in private insurance or public health plans with high cost-sharing requirements, such as drug deductibles and coinsurance.

Prescription drug affordability has gained renewed attention during the past few years as retail drug spending has risen at the fastest pace in more than a decade—growing 12.4% in 2014 and 9% in 2015 before slowing to an estimated 5% increase in 2016. There are several reasons for the increase in drug spending. Manufacturers have been introducing new drugs at a record rate, while raising prices for many existing brand-name products. At the same time, fewer brand-name drugs have lost patent protection than in previous years, paving the way for lower-cost generic substitutes. The Centers for Medicare & Medicaid Services (CMS) forecasts that retail drug spending could average 6.3% annual growth from 2016 to 2025. Although that growth rate would be a reduction from recent more rapid levels, CMS expects retail drug spending to increase faster than many other areas of medical spending in this 10-year period.

This report will address frequently asked questions about government and private-sector policies that affect drug prices and availability. Among the prescription drug topics covered are federally funded research and development, regulation of direct-to-consumer advertising, legal restrictions on reimportation, and federal price negotiation. The report provides a broad overview of the issues as well as references to more in-depth CRS products. The appendixes provide references to relevant congressional hearings and documents (see Appendix A) and a directory of CRS prescription drug experts (see Appendix B).
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Introduction

Prescription drug affordability has gained renewed attention in the past few years as retail drug spending has risen at the fastest pace in more than a decade. There are several reasons for the increase in drug spending. Manufacturers have been introducing new drugs at a record rate while raising prices for existing brand-name products. (See “What Is Behind the Recent Jump in Retail Drug Spending?,” below.) At the same time, fewer brand-name drugs have lost patent protection than in previous years, paving the way for lower-cost generic substitutes. The Centers for Medicare & Medicaid Services (CMS) forecasts that retail drug spending could average 6.3% annual growth from 2016 to 2025.1 Although that growth rate would be a reduction from recent, more rapid levels, CMS expects retail drug spending to increase faster than many other areas of medical spending in this 10-year period.

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### Table 1. Commonly Used Prescription Drug Terms

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biologic</td>
<td>Pharmaceuticals derived from a living organism that can be many times the size of a conventional (small-molecule) drug and have a more complex structure.0</td>
</tr>
<tr>
<td>Biosimilar</td>
<td>A follow-on to a biologic that is “highly similar,” notwithstanding minor differences in clinically inactive components. There are no clinically meaningful differences between a biosimilar and the reference biologic product in terms of safety, purity, and potency of the product. The Patient Protection and Affordable Care Act (ACA; P.L. 111-148, as amended) provided a period of exclusivity for manufacturers of certain biologic brand-name drugs and biosimilar products.</td>
</tr>
<tr>
<td>Brand-Name Drug</td>
<td>A drug marketed under a proprietary, trademark-protected name.</td>
</tr>
<tr>
<td>Coinsurance</td>
<td>The percentage share that an enrollee in a health insurance plan pays for a product or service covered by the plan. For example, an insurer may charge 10% coinsurance for a $100 prescription drug, meaning the consumer’s out-of-pocket cost is $10.</td>
</tr>
<tr>
<td>Co-payment</td>
<td>A fixed dollar amount that an enrollee in a health insurance plan pays for a product or service covered by the plan. For example, an insurer may charge a $20 co-payment for a physician visit or a $5 co-payment for a prescription drug.</td>
</tr>
<tr>
<td>Deductible</td>
<td>The amount an enrollee is required to pay for health care services or products before his or her insurance plan begins to provide coverage. An enrollee in an insurance plan with a $500 deductible would be responsible for paying for the first $500 in health care services. In some insurance plans, the deductible does not apply to certain services, such as preventive care. Insurance plans vary regarding whether beneficiaries must meet a deductible for prescription drug coverage.</td>
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<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
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<tbody>
<tr>
<td>Generic Drug</td>
<td>A drug that is identical to a traditional (small molecule) brand-name drug in dosage, safety, strength, route of administration, quality, performance characteristics, and intended use. Generic drugs generally cost significantly less than their brand-name counterparts.</td>
</tr>
<tr>
<td>Formulary</td>
<td>A list of prescription drugs covered by an insurance plan. In an effort to control costs, insurers are imposing partially closed formularies, which include a more limited number of drugs than open formularies. Insurers use tiered cost sharing for formulary drugs, meaning patients are charged lower co-payments or coinsurance for less expensive generic drugs and certain brand-name drugs that are designated by the plan as preferred drugs, based on the price the plan has negotiated with the manufacturer and the effectiveness of the product. At the same time, patients are charged higher co-payments or coinsurance for more expensive drugs or drugs that the plan deems to be less effective.</td>
</tr>
<tr>
<td>Orphan Drug</td>
<td>A traditional drug or biologic for the treatment of rare diseases and disorders that affect fewer than 200,000 people in the United States or that affect more than 200,000 people but where manufacturers are not expected to recover the costs of developing and marketing a treatment drug. Manufacturers of orphan drugs are eligible for federal tax, marketing, and other incentives.</td>
</tr>
<tr>
<td>Out-of-Pocket Costs</td>
<td>The total amount an insured consumer pays each year for covered health care services that are not reimbursed by an insurance plan. Out-of-pocket costs can include deductibles, co-payments, and coinsurance.</td>
</tr>
<tr>
<td>Out-of-Pocket Maximum</td>
<td>The maximum amount an enrollee must pay before his or her health insurance plan covers 100% of health benefits. Certain costs, such as premiums, generally are not counted toward an out-of-pocket maximum, or cap.</td>
</tr>
<tr>
<td>Pharmacy Benefit Managers (PBMs)</td>
<td>Intermediaries between health plans and pharmacies, drug wholesalers, and manufacturers. PBMs perform functions such as designing drug formularies, negotiating prices, and administering prescription drug payment systems.</td>
</tr>
<tr>
<td>Pharmacy Network</td>
<td>A group of retail, mail-order, and specialty pharmacies that contract with PBMs and health insurers to dispense covered drugs at set prices. Network pharmacies also may provide other services under contract, such as monitoring patient adherence to drugs.</td>
</tr>
<tr>
<td>Premium</td>
<td>The amount an enrollee pays for health insurance coverage. Many plans charge monthly premiums, but premiums also can be assessed on a quarterly or annual basis.</td>
</tr>
<tr>
<td>Specialty Drug</td>
<td>There is no one set definition of specialty drugs, although insurers and other health care payers often characterize them as prescription products requiring extra handling or administration that are used to treat complex diseases, such as cancer. High cost can trigger a specialty drug designation. Biologics are often deemed to be specialty drugs.</td>
</tr>
<tr>
<td>Underinsured</td>
<td>Refers to people who have insurance but still have financial difficulty paying for prescription drugs or medical treatments.</td>
</tr>
</tbody>
</table>

Source: CRS.

- See CRS Report R44620, Biologics and Biosimilars: Background and Key Issues, by Judith A. Johnson.
- U.S. Food and Drug Administration (FDA), “Understanding Generic Drugs,” at http://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingGenericDrugs/. In 1984, Congress enacted the Hatch-Waxman Act (P.L. 98-417), which provided manufacturers of innovative prescription drugs with patent protection and a period of marketing exclusivity; created a generic drug approval process to help companies bring products to market more quickly once the patent for an original brand-name drug expired; and established procedures for resolving patent disputes arising from applications to market generic drugs. Generic drugs make up about 89% of filled prescriptions and 27% of total drug spending, according to the Generic Pharmaceutical Association. See Generic Pharmaceutical Association, 2016 Generic Drug Savings & Access in the United States Report, at http://www.gphaonline.org/media/generic-drug-savings-2016/index.html.
- See CRS Report R44132, Specialty Drugs: Background and Policy Concerns, by Suzanne M. Kirchhoff.
U.S. Prescription Drug Spending

How Much Does the United States Spend on Prescription Drugs?

The most commonly cited data on prescription drug spending come from the National Health Expenditures (NHE) accounts compiled by CMS. The NHE accounts track annual spending by all payers for prescription drugs purchased in retail settings, such as pharmacies, mail-order outlets, grocery stores, warehouse clubs, and similar businesses. The NHE data do not include drugs dispensed in institutions including hospitals, long-term care facilities, and clinics, nor do they include over-the-counter products such as aspirin purchased without a prescription.

According to the most recent NHE data, the United States spent an estimated $341 billion on retail prescription drugs in 2016, which was 10% of total national health care spending of $3.4 trillion. Prescription drug spending is forecast to rise to about 11% of national health care spending by 2025 (see Figure 1). Retail drug spending has ranged from about 5% to 10% of total health care expenditures since 1960, when the NHE accounts began compiling prescription spending data. (See “How Does 2015 Drug Spending Compare to Other Years?,” below.)

Because the NHE data provide information only about retail drug sales, a number of analysts say the data do not offer a complete picture of U.S. drug spending. The Department of Health and

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3 Although spending for drugs in institutional settings is not included in the NHE retail prescription drug category, it is included in other categories of spending and in overall national health care spending. For example, drugs dispensed in hospitals are included in the NHE hospital spending category.

4 Many over-the-counter products originally were prescription products, such as some antihistamines. See U.S. Food and Drug Administration (FDA), “Now Available Without a Prescription,” at http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm143547.htm.


6 According to the NHE, retail prescription drug spending was 10% of national health expenditures in 1960. Retail drug spending declined to less than 5% of national health expenditures from 1960 to 1982. During this period, other areas of medical spending were increasing more quickly than drug spending due to the creation of government health programs such as Medicare and Medicaid and the expansion of private health insurance. Retail drug spending began to increase as a share of national health spending in the mid-1980s, due to price inflation and growing consumption. By the early 2000s, retail drug spending had once again reached about 10% of national health care expenditures. See Cynthia Smith, “Retail Prescription Drug Spending in the National Health Accounts,” Health Affairs, vol. 233, no. 1 (January/February 2004), pp. 160-167, at http://content.healthaffairs.org/content/23/1/160.full.pdf+html.
Human Services (HHS) in April 2016 issued a study that attempted to estimate total U.S. prescription drug spending—retail plus institutional use in hospitals and other health facilities.\footnote{Department of Health and Human Services (HHS), Office of the Assistant Secretary for Planning and Evaluation, “Observations on Trends in Prescription Drug Spending,” March 8, 2016, at https://aspe.hhs.gov/sites/default/files/pdf/187586/Drugspending.pdf. The HHS estimate is based on NHE retail prescription drug data and an outside analysis by the Altarum Institute, a nonprofit health systems research and consulting organization. According to Altarum, non-retail, or institutional, drug spending accounts for 28% of prescription drug spending and retail drugs account for 72%.

The HHS study provided estimates of total prescription drug spending as a share of U.S. personal health expenditures. Personal health expenditures are a subset of the NHE accounts that measure the amount spent each year to treat people with specific medical conditions. Personal health expenditures do not include some areas of spending included in the broader definition of national health expenditures, such as industry investment and public health activity. According to HHS, total prescription drug spending was projected to account for nearly 17% of personal health expenditures in 2016. The comparable measure for retail prescription drugs was 12%.}

**Figure 1. National Retail Prescription Drug Spending**

(annual spending for retail drugs and annual drug spending as a percentage of total health spending)

Source: Centers for Medicare & Medicaid Services (CMS), National Health Expenditure (NHE) data.
In addition to the NHE data, private consultants and academics publish their own forecasts of U.S. prescription drug spending. National estimates vary for a number of reasons, including assumptions about the dollar value of rebates that pharmaceutical manufacturers provide to health payers, as well as the value of coupons offered to consumers, and whether the forecasts include both retail and institutional use. However, the different studies show a trend toward higher spending.

How Does 2015 Drug Spending Compare to Other Years?

The pace of U.S. retail prescription drug spending has varied through the decades. For much of the 1980s through the early 2000s, retail drug spending grew at a double-digit annual pace. From 2003 through 2013, drug spending slowed to a historically low average annual growth rate of 5%. (See Figure 2.) Drug spending growth moderated for a number of reasons, including a deep economic recession from 2007 to 2010, a reduction in the number of expensive new drugs coming to the market compared to earlier years, and a continued expansion in the use of lower-cost generic drugs. (See Table 1.)

![Figure 2. Annual Percentage Change in Retail Prescription Drug Spending](image)

**Source:** CMS, NHE data, “Historical and Forecast 2016-2025.”

**Notes:** Figures through 2015 are annual, others are forecasts.

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10 Ibid., p. 23.
However, in 2014, spending for retail prescription drugs accelerated. U.S. retail drug spending jumped by 12.4% in 2014—the largest annual increase in more than a decade. Drug spending rose by 9% in 2015 before slowing to a forecast 5% increase in 2016.11 (See “What Is Behind the Recent Jump in Retail Drug Spending?,” below.) According to the NHE data, drug spending rose faster than spending for other health care products and services in 2014 and 2015.12 The 114th Congress held a series of hearings on prescription drugs, in response to the accelerating spending and sharp increases in prices for specific drugs. (See list of hearings in Appendix A.)

Retail drug spending is projected to grow by about 6.3% a year on average through 2025, according to the NHE. Although that growth rate would be a reduction from the recent pace, drugs would be expected to grow faster than many other areas of health care spending. For example, the NHE accounts project that total health spending will grow 5.6% a year on average through 2025, whereas hospital spending is pegged at 5.5% average annual growth over the same time period.13

What Is Behind the Recent Jump in Retail Drug Spending?

Retail prescription drug spending can be affected by (1) changes in the mix of available drugs, (2) changes in the price of drugs, and (3) changes in the volume of drugs used. The increase in retail drug spending in 2014 and 2015 was driven largely by the introduction of new high-cost drugs, price increases for existing drugs, and the diminishing impact of generic substitution, as fewer brand-name drugs lost patent protection than in previous years. Implementation of the Patient Protection and Affordable Care Act (ACA; P.L. 111-148, as amended) also helped to propel drug demand.14

Changes in Drug Mix

Drug mix refers to the cost of new drugs versus the cost of older drugs being used. New, innovator brand-name drugs often are more expensive than older drugs and do not have lower-cost equivalents. Likewise, newly introduced generic drugs, which are less expensive than brand-name products, can reduce the cost of certain therapies.

During the past several years, the U.S. Food and Drug Administration (FDA) has approved a large number of novel new drugs,15 including expensive specialty drugs for treating hepatitis C,

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12 CMS, “National Health Expenditure Data: Historical,” Table 2, at https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/NationalHealthExpendData/NationalHealthAccountsHistorical.html. For example, spending for hospital care grew by 4.6% in 2014 and 5.6% in 2015, and spending for physician services rose 4.8% in 2014 and 6.3% in 2015.

13 Ibid.


cancer, diabetes, and heart disease.\(^{16}\) In 2015, more than half of the growth in U.S. prescription drug spending was from drugs that had been available for less than two years.\(^{17}\) Hepatitis C drugs played a large role, making up nearly 40% of the net growth in total U.S. drug spending in 2014 and two-thirds of increased brand-name prescription drug spending by employer-sponsored health plans that year.\(^{18}\)

At the same time these expensive new drugs were coming to the market, new generic substitution was playing a smaller role in reducing total drug spending. Since 2009, patents for a number of best-selling brand-name drugs have expired, paving the way for manufacturers to produce new generic versions.\(^{19}\) In 2012, at the peak of the so-called patent cliff, spending for brand-name drugs subject to generic competition fell by $32.6 billion. However, savings from brands with new generic substitutes declined to a smaller $14 billion in 2015.\(^{20}\)

Changes in drug mix will continue to play an important role in spending going forward. Many drugs now in the development pipeline are biologics,\(^{21}\) which often have a high introductory price and initially may not have many lower-cost alternatives. Although FDA has begun to approve biosimilar substitutes for biologics that have lost patent and marketing protection, so far these biosimilars are not significantly lower priced than the original biologics.\(^{22}\)

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17 IMS, *Medicines Use and Spending in the U.S.: A Review of 2015 and Outlook to 2020*, p. 7, April 2016. Among the specialty medicines driving growth were new products for hepatitis C, multiple sclerosis, HIV, cancer, and autoimmune conditions. The figures are on an invoice basis and do not include discounts and rebates.
19 Among the drugs losing patent protection was Pfizer’s blockbuster Lipitor.
21 CRS Report RL34045, *FDA Regulation of Follow-On Biologics*, by Judith A. Johnson, and CRS Report R42890, *The Role of Patents and Regulatory Exclusivities in Pharmaceutical Innovation*, by John R. Thomas. Congress has provided 12 years of marketing exclusivity for certain biologic drugs, which limits manufacturers’ initial market competition and increases their pricing power. Lawmakers also have attempted to spur development of lower-cost biosimilar products, similar to earlier efforts to stimulate development of generic products. Congress enacted the Biologics Price Competition and Innovation Act of 2009 (BPCIA) as Title VII of the Patient Protection and Affordable Care Act (ACA; P.L. 111-148, as amended). The ACA/BPCIA gives the FDA authority to license products shown to be biosimilar to or interchangeable with an FDA-licensed biological product.
Changes in Drug Prices

Prescription drug prices have risen faster than prices for overall U.S. goods and services during the past three years according to the Department of Labor’s Consumer Price Index (CPI), which measures retail inflation.23 (See Figure 3.)

**Figure 3. U.S. Retail Prescription Drug Price Inflation**

(annual CPI-U change in retail prescription drug prices compared to all retail inflation)

![Graph showing annual CPI-U change in retail prescription drug prices compared to all retail inflation from 2010 to 2016.]

**Source:** U.S. Department of Labor, Bureau of Labor Statistics, Consumer Price Index, All Urban Consumers (CPI-U).

**Notes:** Non-seasonally adjusted data are for 12 months ending in December. The data do not include drugs dispensed through Medicaid or workers’ compensation programs. The CPI-U prescription drug index is based on a survey of filled prescriptions in U.S. drug stores. It captures price reductions associated with use of generic drugs, with a lag, as well as prices of new drugs.

U.S. retail drug inflation, as measured by the CPI-U,24 was 6.5% in 2014, compared to general consumer inflation of 0.8%. Drug prices rose 2.5% in 2015, compared to a 0.7% consumer inflation rate, and 6.3% in 2016, compared to 2.1% consumer inflation. Drug inflation has been driven mainly by price increases for existing brand-name drugs and adoption of expensive new innovator brand-name drugs.25 (See “Changes in Drug Mix,” above)

Manufacturers also have raised prices for a number of existing generic drugs in the past several years. However, a 2016 HHS study found that generic price increases were not a major contributor to inflation.26 Likewise, pharmacy benefits manager (PBM) Express Scripts, in an

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23 Retail inflation is a measure of the average change over time in prices for a set list of consumer goods and services. The Consumer Price Index (CPI) is based on a market basket of goods and services. For prescription drugs, Department of Labor analysts survey a sample of drug stores and a list of the last 20 drugs dispensed. See http://www.bls.gov/cpi/cpifact4.htm.

24 The CPI-U is the CPI value for urban consumers. It excludes rural populations and represents approximately 80% of the population.


analysis of prescription drug claims data, found that the average price of commonly used brand-name drugs rose 16% from 2014 to 2015, and average prices for generic drugs declined by 20% over the same time period.27 Within the brand-name drug category, biologics and specialty drugs drove much of the price inflation.28

Drug Price Transparency

It can be difficult to determine the final price of a prescription drug due to a lack of transparency in the marketplace. Drug companies price discriminate, meaning they sell the same drug to different buyers (wholesalers, health plans, pharmacies, hospitals, government purchasers, and other providers) at different prices. The final price of a drug may include rebates and discounts to health plans and pharmacy benefit managers that are not publicly disclosed. Market participants, such as wholesalers, add their own markups and fees. Complicating the picture even more, pharmaceutical manufacturers offer direct consumer discounts, such as prescription drug coupons that can be redeemed when filling a prescription at a pharmacy. Drug companies also offer charitable aid through patient assistance programs for individuals who cannot afford their prescriptions.

The most commonly published drug prices do not include these discounts and rebates, which appear to be growing in size and importance. According to IMS Health, the gap between the wholesale list price and the final discounted price for brand-name drugs has increased significantly in the past several years. Wholesale prices for brand-name drugs rose by 14.3% in 2014 and 12.4% in 2015. After rebates and other price concessions were factored in, prices rose by a smaller 5.1% in 2014 and 2.8% in 2015, IMS estimated.


Drug Utilization

During the past few years, the ACA has expanded prescription drug coverage, helping to boost demand for prescription drugs. Beginning in 2014, the ACA provided tax credits for the purchase of ACA exchange-based health plans and required many private insurance plans to cover prescription drugs as part of a package of essential health benefits.29 Studies of health insurance plans sold through ACA exchanges show a nearly 15% annual increase in drug spending for those insured consumers from 2014 to 2015, driven mainly by higher utilization.30

Medicaid coverage also expanded under the ACA, including drug coverage for non-elderly, low-income individuals.31 In 2014, the ACA changes to Medicaid contributed to an 8% jump in Medicaid prescription drug claims and a 20% rise in gross Medicaid prescription drug spending.32

27 Express Scripts, 2015 Drug Trend Report, March 2016, p. 59. The Express Scripts drug price index is based on fixed baskets of commonly used brand-name and generic drugs, which are based on the top 80% of utilized drugs.
28 Ibid. Other data from pharmacy benefit managers (PBMs) and retailers show slightly different trends. For example, CVS Health said that price inflation for high-volume, non-specialty brand-name drugs was the leading factor in higher spending in 2015. See “CVS Insights,” February 2016, at https://cvsh.com/sites/default/files/how-we-cut-trend.pdf. There is wide variation in estimates of specialty drug spending depending on how the specialty drug category is defined. For example, see HHS, Office of the Assistant Secretary for Planning and Evaluation, “Observations on Trends in Prescription Drug Spending,” March 8, 2016, at https://aspe.hhs.gov/sites/default/files/pdf/187586/Drugspending.pdf.
29 The essential health benefits are 10 categories of services required by private plans offered in the non-group and small-group markets. The requirement to offer the essential health benefits does not apply to large-group plans, self-insured plans, or grandfathered plans. See CRS Report R44163, The Patient Protection and Affordable Care Act’s Essential Health Benefits (EHB), by Namrata K. Ubenoi.
31 The ACA raised the income threshold used to qualify individuals for the Medicaid program, thereby expanding (continued...)
The ACA impact was somewhat offset by other factors, such as less demand by individuals enrolled in other commercial insurance plans.\(^{33}\)

**Are U.S. Consumer Out-of-Pocket Drug Costs Rising?**

As recently as 1990, consumer out-of-pocket spending—cash payments, health plan deductibles, co-insurance, and co-payments—for filled prescriptions made up 57% of U.S. retail drug spending, whereas commercial payers and taxpayer-financed health programs accounted for about 43%, according to NHE data. However, in the ensuing years, commercial payers and taxpayer-financed health programs have covered a growing share of the nation’s retail prescription drug bill. By 2015, out-of-pocket spending had declined to 14% of drug spending, versus about 86% for these other payers.\(^{34}\) (See Figure 4.)

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Although consumer cost sharing represents a smaller share of overall prescription drug spending than in the past, consumers may still face high out-of-pocket expenses depending on the specific drugs they are prescribed (generic versus brand name), whether they have insurance, the policies of their health plans, and their eligibility for manufacturer drug discount coupons or charitable assistance programs.

During the past several years, health plans have been imposing higher cost sharing for prescription drugs in an effort to control spending and costs. From 2012 to 2015, the share of commercial health plans with a prescription drug deductible rose to 46% from 23%, according to an IMS analysis.\(^{35}\) Drug deductibles are especially prevalent in health plans sold on ACA state exchanges.\(^ {36}\) There has been a continued increase in the use of formulary tiered pricing and in the practice of imposing coinsurance, as opposed to flat co-payments, for more expensive drugs. In tiered pricing, a consumer may pay a $10 co-payment for a generic drug on a formulary low-cost price tier; the same consumer may be charged 30% coinsurance for an expensive specialty drug on a high-priced tier. The differential between health plan price tiers has been widening, imposing a greater financial burden on consumers who use higher-priced drugs.\(^ {37}\) For example, in 2016, ...

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\(^{36}\) Jon Gabel et al., Commonwealth Fund, “Changes in Consumer Cost-Sharing for Health Plans Sold in the ACA’s Insurance Marketplaces, 2015 to 2016,” Exhibit 6, May 20, 2016, at http://www.commonwealthfund.org/-/media/files/publications/issue-brief/2016/may/1875_gabel_changes_cost_sharing_marketplaces_rb_v2.pdf. In 2016, 26% of exchange-based platinum plans, 44% of gold plans, 54% of silver plans, and 82% of bronze plans required enrollees to meet a deductible before prescription drug coverage began. Plans are listed in order from most comprehensive (platinum) to least comprehensive (bronze).

\(^{37}\) Kaiser Family Foundation, Employer Health Benefits: 2016 Annual Survey, Chapter 9, at http://files.kff.org/attachment/Report-Employer-Health-Benefits-2016-Annual-Survey. The Kaiser data indicate that the differential has (continued...
enrollees in employer-sponsored health plans had an average co-payment of $102 for a high-priced tier-four drug, compared to an $11 co-payment for a tier-one generic drug.

The cost-sharing increases appear to have been partially moderated by other developments. The ACA capped total annual out-of-pocket spending in many commercial health plans, eliminated cost sharing for contraceptives, and reduced cost sharing for Part D enrollees. Pharmaceutical manufacturers have expanded patient assistance via discount coupons, which cover a portion of required health plan cost sharing, and patient assistance programs, which provide aid based on health condition and annual income. Generic drug-use rates, for which cost sharing is low, have continued to increase.

According to some recent studies of insured consumers, average out-of-pocket spending for retail drugs has declined in the past several years. However, the number of consumers with high out-of-pocket costs—such as those with serious conditions or those prescribed specialty drugs—has increased.

### Caps on Annual Out-of-Pocket Spending

Many private health insurance plans place an annual cap, or maximum, on enrollee out-of-pocket spending, after which the payer covers the cost of health care services. For 2017, the Patient Protection and Affordable Care Act (ACA; P.L. 111-148, as amended) caps out-of-pocket spending at $7,150 for self-only coverage and $14,300 for family coverage. The spending limit includes out-of-pocket payments for prescription drugs. Medicare Part D does not have an absolute out-of-pocket cap. For 2017, Medicare Part D enrollees who incur $4,950 in annual out-of-pocket spending enter the catastrophic portion of the benefit, in which they pay the greater of 5% coinsurance or a nominal, set co-payment.

**Source:** CRS Report R42069, *Private Health Insurance Market Reforms in the Patient Protection and Affordable Care Act (ACA),* by Annie L. Mach and Bernadette Fernandez

**Notes:** Only certain grandfathered private plans do not have to comply with the out-of-pocket cap.

A 2016 study of enrollees in large employer-sponsored health plans found that average out-of-pocket spending declined to $144 in 2014 from a recent high of $167 in 2009. But nearly 3% of enrollees had exceptionally high out-of-pocket costs (more than $1,000) in 2014, accounting for a third of drug spending and a third of all out-of-pocket spending. The share of people with high drug costs has tripled since 2004.

A separate study of drug claims in commercial health plans found that median out-of-pocket spending for outpatient specialty drugs (those costing $600 or more per month) rose from $24 per month in 2003 to $35 per month in 2014, a 46% increase. During the same period, median out-of-pocket spending for non-specialty drugs declined 57%, from $14 to $6 per month.\(^\text{41}\)

(...) continued

increased, but 2016 is not directly comparable to some previous years due to a change in methodology.


\(^{41}\) Stacie B. Dusetzina, “Share Of Specialty Drugs In Commercial Plans Nearly Quadrupled, 2003–14,” *Health Affairs,* (continued...)
Looking forward, the NHE expects out-of-pocket spending to rise about 4% a year from 2016 through 2025.\(^{42}\) Per person spending is expected to grow from about $142 in 2015 to $190 in 2025. (See Figure 5.) Because out-of-pocket spending is expected to rise more slowly than overall U.S. retail drug spending, out-of-pocket spending is forecast to continue to decline as a share of retail drug expenditures, reaching about 11% by 2025 from 14% in 2015.

**Figure 5. Per Capita Out-of-Pocket Spending for Retail Prescription Drugs**

(Projected increases in per person out-of-pocket spending)

Source: CMS, NHE data.

Note: Per capita out-of-pocket spending declined from $160 in 1990 to $138 in 2013, before rising to an estimated $141 in 2016. It is forecast to reach $190 in 2025.

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### Government Role in Prescription Drug Spending

#### How Much of the U.S. Drug Bill Is Paid by Government Programs?

Congress has expanded subsidized drug coverage to tens of millions of consumers during the past decade by implementing Medicare Part D and expanding eligibility for Medicaid as part of the ACA.\(^ {43}\) As a result, the government share of U.S. retail prescription drug spending (federal, state and local) rose from about 25% in 2005—the year before Part D took full effect—to about 43% in 2015. (See Figure 6.)

The government share of drug spending is forecast to rise to 48% by 2025.\(^ {44}\)

\((...)\)
How Does the Federal Government Pay For Prescription Drugs?

Unlike many other industrialized nations, the United States does not operate a single, centralized system for administering government-sponsored drug benefits, procuring pharmaceuticals, or setting drug prices. Instead, the various departments and agencies that oversee federal health programs operate a range of congressionally mandated drug discount and contracting systems, including market-based negotiations in Medicare Part D, direct procurement in the Veterans Health Administration, and a combination of mandatory rebates and negotiations in Medicaid. Separately, FDA regulates the safety and effectiveness of prescription drugs.

Congress has not given FDA authority to set drug prices or to consider prices as part of its drug approval process.

Federal agencies can secure substantial discounts for prescription drugs under this decentralized system. However, price discounts vary widely among federal programs. For example, according

(continued)

Source: CMS, NHE data.

Notes: The other programs category includes the State Children’s Health Insurance Program, the Department of Defense, and the Department of Veterans Affairs. The other payers category includes worksite health care, other private revenues, Indian Health Service, workers’ compensation, general assistance, maternal and child health, vocational rehabilitation, other federal programs, Substance Abuse and Mental Health Services Administration, other state and local programs, and school health. Note that Medicaid spending declined in 2006, when certain Medicaid recipients were shifted to the new Medicare Part D prescription drug program.
to a 2015 HHS Office of Inspector General report, Medicaid rebates were equal to 47% of Medicaid spending in 2012, while rebates made up a smaller 15% of Part D spending that same year. Medicaid rebates for some drugs were more than 10 times larger than Part D rebates for the same products. Members of Congress have introduced legislation to give the HHS Secretary more power to negotiate Medicare Part D drug prices. (See “Can the HHS Secretary Negotiate Medicare Part D Drug Prices?,” below.)

Following is a table that outlines prescription purchasing systems for four federal health care programs: Medicare Part D, Medicare Part B, Medicaid, and the Veterans Health Administration health system. (See Table 2) These four programs were chosen because they are among the largest federal health programs. The table is not intended as a comprehensive list of federal programs that pay for prescription drugs.

<table>
<thead>
<tr>
<th>Table 2. Selected Federal Programs Providing Prescription Drug Coverage</th>
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<td>(overview of drug purchasing and payment methods by government programs)</td>
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<tr>
<td><strong>Medicare Part D</strong></td>
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<td><strong>Medicare Part B</strong></td>
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<td><strong>Medicaid</strong></td>
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<tr>
<td><strong>Veterans Health Administration</strong></td>
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</tbody>
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¹ HHS, Office of Inspector General (OIG), “Medicaid Rebates for Brand-Name Drugs Exceeded Part D Rebates by a Substantial Margin,” April 2015, at http://oig.hhs.gov/oei/reports/oei-03-13-00650.pdf. Medicare Part D rebates were a smaller 15% of drug spending in 2012, according to the HHS OIG.
² Other government health programs include those run by the Department of Defense and the Indian Health Service.
Government Purchase Card program, if the dollar value of the purchase is no more than $3,000, or have a warranted contracting officer execute the procurement using applicable procurement regulations.

Source: CRS Analysis of federal agency information, including contracts, and federal statutes.
Notes: ACA = Patient Protection and Affordable Care Act (P.L. 111-148, as amended); CMS = Centers for Medicare & Medicaid Services; HHS = Department of Health and Human Services.
b. See CRS Report R40425, Medicare Primer, coordinated by Patricia A. Davis.
c. See CRS Report R43778, Medicaid Prescription Drug Pricing and Policy, by Cliff Binder.
d. Ibid. Under the 340B program, manufacturers agree to provide outpatient drugs to covered entities, including qualifying hospitals, at significantly reduced prices.

Can the HHS Secretary Negotiate Medicare Part D Drug Prices?

Congress designed Medicare Part D as a market-oriented program in which commercial health payers compete for enrollees based on the price and scope of their drug coverage.\textsuperscript{49} Part D plan sponsors, which include health plans, unions, employers, and PBMs, negotiate drug rebates and discounts with manufacturers and contract with retail pharmacies to dispense drugs to Part D enrollees at set reimbursement rates.\textsuperscript{50}

To bolster market competition, the Medicare Prescription Drug, Improvement, and Modernization Act of 2003 (MMA; P.L. 108-173), which created Medicare Part D, contains a “noninterference provision.”\textsuperscript{51} This provision prohibits the HHS Secretary (Secretary) from intervening in negotiations between Part D plan sponsors, drug manufacturers, and pharmacies or from requiring a specific Part D formulary.\textsuperscript{52}

In the years since Part D was enacted, Congress has debated whether the market-based model has been effective in controlling drug prices and enrollee costs. Proponents of the current approach point out that program spending to date has been well below initial budget projections.\textsuperscript{53} Total Part D drug rebates have risen from 8.6% of annual Part D drug spending in 2006, the first year

\textsuperscript{49} Part D plans must provide coverage that is at least equivalent to a set standard benefit, which is set and updated annually by HHS. Part D plans also may offer more generous coverage.
\textsuperscript{50} CRS Report R40611, Medicare Part D Prescription Drug Benefit, by Suzanne M. Kirchhoff.
\textsuperscript{51} §1860D-11(i) of the Social Security Act. The actual wording of the noninterference provision is that “In order to promote competition under this part and in carrying out this part, the Secretary (1) may not interfere with the negotiations between drug manufacturers and pharmacies and PDP sponsors; and (2) may not require a particular formulary or institute a price structure for the reimbursement of covered Part D drugs.” A PDP is a stand-alone Part D drug plan. Medicare beneficiaries also may obtain Part D benefits as part of a Medicare Advantage plan, or an MA-PD.
\textsuperscript{52} Although Part D does not have a central formulary, Part D plans are required to cover at least two distinct drugs in each class and category, as defined by U.S. Pharmacopeial Convention (USP), an independent scientific organization. In addition, all Part D plans must cover substantially all drugs in six protected classes: immunosuppressant, antidepressant, antipsychotic, anticonvulsant, antiretroviral, and antineoplastic. The HHS Secretary may change the six protected classes through formal rulemaking, based on scientific evidence.
\textsuperscript{53} For a more detailed discussion, see the “Program Spending and Financing” section of CRS Report R40611, Medicare Part D Prescription Drug Benefit, by Suzanne M. Kirchhoff. In general, the lower spending has been due to less robust enrollment than predicted, as well slower growth in national drug spending. Spending is forecast to accelerate in coming years. The Congressional Budget Office (CBO) has said that it is not possible to determine whether the competitive structure of Part D was more or less successful than originally expected in affecting program spending. (See footnote 54.)
the program was in effect, to a forecast 20.6% in 2016. Further, a 2014 Congressional Budget Office (CBO) study found that Part D premiums were lower in areas of the country where there was the most robust competition among Part D plans.

However, CBO also has found that Part D plans have higher average drug prices than the Medicaid program, which imposes mandatory federal drug rebates. Separate studies by the HHS Office of Inspector General and the Government Accountability Office likewise have found that Medicaid secures lower drug prices than Part D.

Some lawmakers have proposed modifying the noninterference provision to give the Secretary authority to negotiate drug prices, saying that leveraging the combined purchasing power of tens of millions of Medicare beneficiaries would allow HHS to secure larger discounts than can be obtained by individual Part D plan sponsors. In 2007, the House approved H.R. 4, the Medicare Prescription Drug Price Negotiation Act of 2007, which would have allowed the Secretary to negotiate Part D drug prices but not to craft a formulary. The measure was not approved by the Senate. A CBO analysis said that the bill would produce negligible savings unless the Secretary were given authority to create a central formulary, set prices administratively, or take other regulatory actions against firms that failed to offer price reductions. A number of patient and consumer groups have opposed proposals to give the Secretary more control of the Part D formulary, contending it could lead to reductions in drug coverage.

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58 Program data indicate that the Part D market is dominated by a small number of health payers. According to the Medicare Payment Advisory Commission (MedPAC), in 2015 the top nine insurers had 77% of Part D enrollment, up from 60% in 2007. The two largest insurers, Unitedhealth and Humana, had 40% of the market. MedPAC, Report to Congress: Medicare Payment Policy, March 2016, p. 384, at http://www.medpac.gov/docs/default-source/reports/march-2016-report-to-the-congress-medicare-payment-policy.pdf?sfvrsn=0.


During recent sessions of Congress, lawmakers introduced a variety of bills to modify the noninterference provision. The Obama Administration also recommended giving the Secretary authority to negotiate prices for Medicare Part D high-cost and biologic drugs, although the proposals were not scored as producing cost savings.

In a similar vein, lawmakers have introduced legislation to apply some of Medicaid’s mandatory Medicaid rebates to Part D drugs prescribed for low-income enrollees. CBO has said that such a policy could lower the cost of Part D brand-name drugs in the first decade after the policy was adopted. Savings could erode over time as drug manufacturers raised prices to counteract the rebates. CBO also said the change could reduce the incentive for manufacturers to invest in research and development.

### What Are U.S. States Doing to Address Drug Costs?

State governments play an active role in regulating prescription drug use and pricing. States are the main regulators of health insurance, administer and fund Medicaid jointly with the federal government, and offer health insurance plans to state employees. Some states have their own patient assistance programs that provide free prescription drugs to low-income residents.

States are using various approaches to address prescription drug spending and access, with a growing focus on limiting spending for high-priced drugs and requiring transparency in drug prices. A 2015 California statute sets a $250 cap on cost sharing for a 30-day supply of drugs for enrollees in individual and small-group plans. Similar laws have been passed in Delaware and other states. In 2016, Vermont approved a first-in-the-nation law requiring manufacturer disclosure for drugs that underwent large percentage price increases. Each year, this law requires state regulators to compile a list of 15 drugs used by Vermont residents that experience the largest annual price increases. Manufacturers will be required to justify the price increase to

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62 Legislation in the 114th Congress included H.R. 4207, H.R. 3061, S. 31, and S. 1884. In the 115th Congress, measures include S. 41. The measures vary from giving the Secretary authority to negotiate prices for all Part D drugs to allowing negotiations only for sole-source drugs to allowing the Secretary to negotiate prices and set formularies for special Part D plans that would be open to all enrollees on a national basis.

63 HHS, “FY2017 Budget in Brief, CMS, Medicare,” at http://www.hhs.gov/about/budget/fy2017/budget-in-brief/cms/medicare/index.html. As part of the negotiations, manufacturers would be required to supply HHS with cost and clinical data and any other information needed to reach a price agreement. The proposal was also part of the Administration’s FY2016 budget proposal.

64 For example, see S. 252, the Medicare Drug Savings Act of 2017.


67 CA AB 339 was signed by Governor Jerry Brown on October 8, 2015. For the text of the bill, see https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201520160AB339.


69 Ed Silverman, “Vermont Becomes First State to Require Drug Makers to Justify Price Hikes,” Pharmalot/STAT, June 6, 2016, at https://www.statnews.com/pharmalot/2016/06/06/vermont-drug-prices-transparency/. See also http://legislature.vermont.gov/bill/status/2016/S.216. The law directs the state to identify up to 15 prescription drugs annually on which the state spends significant health care dollars and for which the wholesale acquisition cost has increased by 50% or more over the previous five years or by 15% or more over the previous 12 months.
the state attorney general. The idea behind the Vermont act, and similar bills, is to force drug companies to justify prices, based on costs.\textsuperscript{70}

Maine in 2013 enacted a law allowing its citizens to import prescription drugs from Canada, New Zealand, Australia, and the United Kingdom. A federal district court ruled the law unconstitutional in 2015.\textsuperscript{71} (See “May U.S. Consumers Import Drugs from Abroad?,” below.)

Is U.S. Prescription Drug Spending Higher Than in Other Nations?

The United States spends more for prescription drugs than other industrialized nations, as measured by both total spending and spending per person. The U.S. share of global drug spending was estimated at about 34\% in 2013 and is projected to rise to 41\% in 2020, according to IMS Health.\textsuperscript{72} By comparison, the top five European nations combined are projected to account for 13\% of global drug spending by 2020.\textsuperscript{73}

Similarly, a study by the Organization for Economic Cooperation and Development (OECD) found that U.S. per capita spending for retail prescription drugs, at $1,026 in 2013, was higher than spending in any of the other 28 industrialized nations examined.\textsuperscript{74} The U.S. spent more per capita on drugs than any other nation and twice the OECD per capita average.\textsuperscript{75} (See Figure 7.)

Other studies have found large differences in the price for specific drugs in the United States and other countries. In one recent study, researchers at the University of Liverpool examined a class of cancer drugs known as tyrosine kinase inhibitors and found that the U.S. price in most cases was at least double that charged in the European Union (EU).\textsuperscript{76}

Academic studies have posited a number of reasons for the higher U.S. spending and prices. These reasons include the faster adoption of breakthrough, or newly introduced, drugs in the


\textsuperscript{73} Ibid.


\textsuperscript{75} The OECD numbers include retail drug spending, including both prescribed drugs and over-the-counter products. According to the OECD, over-the-counter sales account for about 20\% of retail drug spending. Including drugs dispensed in hospitals and other institutions could add another 10\%-20\% in spending, based on the specific country.

\textsuperscript{76} University of Liverpool, “Americans Overpaying for Drugs Say Researchers,” September 24, 2015, at https://news.liverpool.ac.uk/2015/09/24/americans-overpaying-for-cancer-drugs-say-researchers/. Andrew Hill et al., “Target Prices for Mass Production of Tyrosine Kinase Inhibitors for Global Cancer Treatment,” \textit{BMJ Open}, 2016, at http://bmjopen.bmj.com/content/6/1/e009586.full. Tyrosine kinase inhibitors are used to treat cancer by blocking a specific enzyme.
United States and patent and other protections that give U.S. manufacturers market exclusivity during the early years a product is on the market.77

Another difference is that OECD countries may operate government-run health care systems that are the main purchasers of drugs and that set price limits for the products they buy. Many EU nations use external reference pricing, defined by the European Commission as using the price of a medicine in one or several countries to derive a benchmark, or reference price, for setting or negotiating the price of that medicine in another country. Reference pricing is used in 28 EU countries, as well as Iceland, Norway, Switzerland, and Turkey.78

**Figure 7. Per Capita Spending on Retail Drugs in U.S. and Other Countries**

(2013 or nearest year of available data)


Notes: Data include retail prescription drugs and over-the-counter medications. Data are based on purchasing power parity, which accounts for different currency exchange rates among countries. OECD 29 is average across OECD all nations.

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77 Panos Kanavos et al., “Higher U.S. Branded Drug Prices and Spending Compared to Other Countries May Stem Partly from Quick Uptake of New Drugs,” *Health Affairs*, vol. 32, no. 4 (April 2013), pp. 753-761.

National health programs may use value-based pricing, which bases payment for a drug on evidence of its effectiveness or therapeutic value. In Canada, the Common Drug Review assesses the clinical and economic effectiveness of new drugs and of existing drugs approved for new uses. The assessments are passed on to federal, territorial, and provincial drug plans in setting reimbursement.

U.S. government and commercial payers are experimenting with alternative forms of pricing. For example, Harvard Pilgrim Health Care, a private health insurer, in June 2016 announced a deal with drugmakers Novartis and Eli Lilly under which the insurer will receive discounts if certain drugs do not meet specified goals for improving health or reducing hospitalizations. CMS has encouraged state Medicaid programs to move toward value-based purchasing and has offered guidance on addressing some associated technical issues.

The Institute for Clinical and Economic Review (ICER), a private research organization, is producing public reports on the comparative effectiveness, cost-effectiveness, and potential budget impact of drugs that are newly approved by FDA. The effort raised concerns in the pharmaceutical industry, with manufacturing trade group PhRMA saying that some of the research is designed to limit reimbursement and, as a result, would limit patients’ access to treatments. ICER has reached out to different segments of the health care industry as it has refined its methodology for valuing prescription drugs.

### Pharmaceutical Development and Marketing

**How Much Does Publicly Funded Research Contribute to Drug Development?**

In general, the federal government tends to focus on basic or preclinical research—such as the work conducted or supported by the National Institutes of Health—and the pharmaceutical industry tends to concentrate more of its research funding on clinical trials rather than on discovery activity. When trying to assign credit for specific therapeutic advancements, drawing a line between basic and applied research can be challenging. For example, without a major

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underlying basic advance, such as recombinant DNA, the development of whole new classes of drugs would not exist.

Various studies have attempted to quantify the contribution of publicly funded research to the discovery of new drugs. A study published in 2003 found that of the 284 new drugs approved by FDA from 1990 through 1999, only 6.7% originated from sources other than private industry. A 1993 study found that 7.6% of new drugs approved from 1981 through 1990 originated from nonindustry sources. However, rather than focusing on all drug approvals—including many “me-too” drugs (see Table 1, above)—another way to answer this question is to look at the origin of truly innovative new drugs, what FDA calls new molecular entities (NMEs). NMEs are drugs that have not been approved by FDA previously and frequently provide important new therapies for patients. A 2010 study found that of the NMEs and new biologics that received FDA approval between 1998 and 2007, 24.1% originated from work that was publicly funded.

A study by Ashley J. Stevens et al. published in 2011 claims to take a more comprehensive look at the contribution of publicly funded research to the discovery of new drugs than these earlier investigations. The Stevens study found that of the 1,541 drugs approved by FDA from 1990 through 2007, 143, or 9.3%, resulted from work conducted in publicly funded labs. Of the total 1,541 drug applications, FDA granted priority review to 348 applications, and 66 of these (19%) resulted from publicly funded research. The authors stated that “viewed from another perspective, 46.2% of the new-drug applications from PSRIs [public-sector research institutions] received priority reviews, as compared with 20.0% of applications that were based purely on private-sector research, an increase by a factor of 2.3.” An FDA designation of priority review is for “the evaluation of applications for drugs that, if approved, would be significant improvements in the safety or effectiveness of the treatment, diagnosis, or prevention of serious conditions when compared to standard applications.” According to the authors, their data “suggest that PSRIs tend to discover drugs that are expected to have a disproportionately important clinical effect.”

The 2011 Stevens study considered a PSRI “to have participated in the applied phase of research that led to discovery of a drug if it, solely or jointly, created intellectual property specific to the drug that was subsequently transferred to a company through a commercial license.” The methodology used by the Stevens study “excluded the role of PSRIs in the development of platform technologies that have contributed to the development of whole new classes of drugs.”

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87 Recombinant DNA is the joining of DNA molecules from different species in a host organism to produce a new genetic combination.


93 Ibid, p. 539.

94 FDA, “Priority Review” at http://www.fda.gov/ForPatients/Approvals/Fast/ucm405405.htm. A priority review designation means FDA’s goal is to take action on an application within 6 months (compared to 10 months under standard review).

These platform technologies enabled the development of many of the products approved by FDA during the period evaluated in the study. The platform technologies were excluded “because the PSRI scientists who developed the platforms generally did not use them to develop specific drug candidates.”\textsuperscript{96} For example, the following platform technologies were all developed with public funds and were excluded from the study:

- recombinant DNA technology (Cohen-Boyer patents);
- bacterial production methods for recombinant DNA (Riggs-Itakura patents);
- production and chimerization methods for antibodies (Cabilly patents);
- methods to produce glycosylated recombinant proteins in mammalian cells (Axel patents); and,
- methods of gene silencing with the use of small interfering RNAs (Mello-Fire patents).

Many new drugs were developed using these platform technologies; if these technologies did not exist, the result may have been a vastly different economic outlook for the pharmaceutical industry.

**How Much Does It Cost to Develop New Drugs?**

Publicly traded pharmaceutical manufacturers release information about aggregate corporate research and development spending, but detailed information about the cost of developing specific drugs generally is not available. Over the years, academic researchers have attempted to estimate average spending for drug development.

The most often-cited academic study, by the Tufts Center for the Study of Drug Development, is based on information voluntarily provided by 10 large drug manufacturers. The study uses the manufacturers’ data to estimate average spending for clinical research on new drugs (including experimental drugs that fail) and the time costs of development, meaning the expected returns that investors do not realize during the years a drug is moving toward approval. According to a 2014 Tufts estimate, the pretax cost of developing an FDA-approved prescription drug was $2.6 billion,\textsuperscript{97} which included $1.4 billion in clinical spending and $1.2 billion in time costs.\textsuperscript{98} The 2014 figure is an update of other Tufts studies, including a 2002 analysis that put the cost at $802 million.\textsuperscript{99}

Academic and government research has challenged the Tufts study.\textsuperscript{100} Specifically, there are questions about the study’s assumption that drug companies must pay an effective 10.5% rate of

\textsuperscript{96} Ibid., p. 537.
\textsuperscript{98} Tufts Center for the Study of Drug Development, “Tufts CSDD Assessment of Cost to Develop and Win Marketing Approval for a New Drug Now Published,” March 10, 2016, at http://csdd.tufts.edu/news/complete_story/tufts_csdd_rd_cost_study_now_published. The figure rises to $2.9 billion when FDA-mandated post-approval costs (such as additional testing and monitoring) are added, according to Tufts. The study was based on data provided by 10 pharmaceutical companies on 106 randomly selected drugs that were first tested in human subjects anywhere in the world from 1995 to 2007.
\textsuperscript{100} Tufts Center for the Study of Drug Development, “Tufts CSDD R&D Cost Study Includes Link to Questions and (continued...
return to attract capital during the years that drugs are in development, the mix of drugs sampled, and whether the report captures the positive impact of federal tax breaks for research and development spending. A 2016 HHS study noted that estimates for new drug development range from $1.2 billion to $2.6 billion and are highly sensitive to such factors as assumptions about development time; cost of capital; and whether the study includes orphan drugs, which are likely to have smaller trial sizes and higher success rates and which receive special federal tax breaks.\textsuperscript{101}

Consumer groups and health insurers are lobbying for legislation that would require pharmaceutical firms to disclose more information about drug costs. So-called transparency legislation in Congress and a number of state legislatures would compel drugmakers to provide data about research, marketing, and other costs for drugs that have a high price or have experienced a large price increase.\textsuperscript{102} (See “What Are U.S. States Doing to Address Drug Costs?”)

Price transparency legislation assumes that research and development costs are, or should be, a main factor used by drugmakers in setting prices. Several studies of specific drugs indicate that research cost was not a primary factor in pricing. A 2015 Senate Finance Committee investigation of Gilead Pharmaceutical’s hepatitis C drugs Sovaldi and Harvoni found that Gilead’s research and development costs, and its expected return for buying Pharmasset, Inc., which originally developed the products, “were not key considerations in determining the pricing of these drugs.” Gilead’s “own documents and correspondence show its pricing strategy was focused on maximizing revenue—even as the company’s analysis showed a lower price would allow more patients to be treated.”\textsuperscript{103} Similarly, an examination of the Pfizer breast cancer drug Ibrance found the main factors used by Pfizer to set the drug’s list price were the price of existing drugs in the same therapeutic category, likely reimbursement from insurance companies and federal programs and feedback from prescribers.\textsuperscript{104}

\textbf{Does Congress Regulate Prescription Drug Ads?}

The United States is one of two nations (along with New Zealand) that allow direct-to-consumer (DTC) advertising of prescription drugs.\textsuperscript{105} Congress has given FDA the authority to regulate DTC ads to ensure they are not false or misleading, fairly balance the benefits and risks of the specific drugs, and contain facts relevant to a drug’s intended uses.\textsuperscript{106} Under current law,

\begin{itemize}
  \item \textsuperscript{102}For example, in Congress see S. 3335, which would require drug manufacturers to notify HHS and provide cost data before increasing the price of certain drugs by more than 10%. In states, see National Conference of State Legislatures, “2015-2016 State Legislation to Require Prescription Drug Cost and Price Transparency,” at http://www.ncsl.org/documents/health/2015-16_Legislation_Cost_Transparency_Prescription_Drugs-Nov.pdf.
  \item \textsuperscript{105}The Federal Food, Drug, and Cosmetic Act (21 U.S.C. §301) is the main source of the FDA authority to regulate drug ads. The 1962 Kefauver-Harris amendments (PL 87-871) gave FDA rather than the Federal Trade Commission main regulatory authority.
  \item \textsuperscript{106}FDA has issued regulations over the years that have broadened drugmakers’ ability to advertise on television and in print, including regulations that permit so-called “DTC advertising of prescription drugs.”
\end{itemize}
businesses, including pharmaceutical companies, may take a federal tax deduction for advertising expenses. Advertising expenditures generally are treated as ordinary and necessary business expenses in the tax code and can be fully deducted in the year they are incurred.

DTC advertising is just one facet of industry-promotion efforts. Pharmaceutical firms also market to physicians and other health care providers via conferences, marketing calls, and samples. 107

Pharmaceutical advertising has evolved since 1962, when Congress gave FDA (rather than the Federal Trade Commission) authority over prescription drug advertising, within limits. In 1969, when FDA issued regulations requiring manufacturers to provide true and balanced information in drug promotions, most ads were in print journals directed at physicians. 108 During the 1980s, pharma firms began advertising to consumers. In 1999, FDA issued guidance on broadcast ads. 109 Since that time, FDA has published updated guidance on relevant issues, including Internet advertising. 110

DTC prescription drug advertising expanded steadily over the decades, reaching more than $5 billion in 2006. 111 Advertising dipped during the 2007 recession and did not rebound to the 2006 peak until about 2014. Recent data indicate that DTC advertising has been increasing at a more rapid pace during the past several years. (See Figure 8.) According to Kantar Media, a market research and marketing firm, pharmaceutical advertising rose 56% to more than $6 billion from 2012 to 2015, 112 as companies increased the number of drugs with large dedicated advertising budgets and directed more money toward advertising newly introduced drugs. 113

(...continued)

other media. 21 C.F.R. §202.1. For a list of laws and regulations, see FDA, OPDP Regulatory Information, at http://www.fda.gov/AboutFDA/CentersOffices/OfficeofMedicalProductsandTobacco/CDER/ucm109905.htm.


110 Ibid.


113 Ibid. According to Kantar, the number of brand-name drugs with at least $500,000 of annual advertising rose from 147 in 2012 to 215 in 2015.
Television and newspaper advertisements account for the majority of spending on pharmaceutical DTC advertising. However, Internet-based drug ads—which are less expensive than television, magazine, or newspaper ads—appear to be the fastest-growing area of DTC promotion.

Federal regulations require that at the same time a drug company disseminates a prescription drug ad, it also submits the ad to FDA, which assesses whether it is fair, balanced, and meets other regulatory standards. According to an FDA analysis of materials submitted for review from 2001 to 2014, the number of Internet prescription drug promotions is increasing, whereas television promotions are flat. ¹¹⁴ (The data tell how often ads are submitted to the FDA but not how often the ads actually appear in different media outlets.) (See Figure 9.)

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Supporters of pharmaceutical advertising say it contributes to more informed consumers who then visit their doctors and become more involved in their own treatment, leading to better and earlier diagnosis of undertreated illnesses. Critics say the industry’s presentation of the balance of drug benefit and risk information may encourage inappropriate prescribing of advertised products and ultimately may lead to higher drug spending. Advertising for new brand-name drugs with higher prices may lead consumers to seek brand-name products rather than cheaper generics or to begin a course of treatment where previously no drug had been used. It is not clear, in some cases, that the new drugs are more effective or safer than other drugs or that they confer enough additional benefits compared to existing treatments to justify paying their higher prices.

Recent studies suggest a link between drug advertising and increased use of prescription drugs. A 2015 study suggested that a 10% rise in drug advertising views leads to a 5.4% increase in filled prescriptions for the advertised drugs. A 2006 Government Accountability Office report found that advertising may have direct benefits but also may encourage use of advertised drugs even if alternatives may be more appropriate. A recent government survey found that 46% of the public did not think the DTC advertisements included enough information about the benefits of the drugs and 52% thought they did not include enough information about the risks.

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Congress has debated restricting DTC drug advertising in the past. The issue has received new attention with two distinct goals: protecting the public’s health from unsafe or ineffective drugs and protecting the public’s pocketbook from unnecessary higher spending. In November 2015, the American Medical Association voted to recommend a ban on DTC drug ads. In January 2016, the American Society of Health-System Pharmacists followed suit. A ban could raise constitutional issues, given that courts in the past have ruled that product advertisements are “commercial speech” protected by the First Amendment.

Legislation introduced in the 114th Congress would have imposed a moratorium on advertising for new drugs. The Kantar data indicating that manufacturers are focusing ad dollars on newly introduced products underscores a long-standing concern that new drugs are being promoted to consumers before long-term evidence about their safety and effectiveness has been collected. In 2006, the Institute of Medicine recommended that the FDA restrict DTC advertising of new drugs for two years after introduction. Over the years, Congress has debated, but has not approved, a moratorium on advertising for new drugs.

Likewise, lawmakers during the 114th Congress introduced legislation to disallow federal tax deductions for pharmaceutical DTC advertising as a means to reduce drug spending. Congress also has debated the issue in the context of broader tax reform.

(...continued)


120 The Supreme Court has held that the Constitution affords less protection to commercial speech than other constitutionally safeguarded forms of expression. Commercial speech is “speech that proposes a commercial transaction.” The Court has further noted that the combination of speech in an advertising format, which references a specific product and for which the speaker has an underlying economic motivation is “strong support” for characterizing such speech as commercial speech.


122 FDA reviews clinical evidence before approving drugs, but other indications and concerns can arise after drugs have been on the market. A 2016 study found that prescription drug television advertising increased online searches and clicks on information for advertised drugs, but many of the searches lead consumers to websites that are promotional in nature. See Matthew Chesnes and Ginger Zhe Jin, “Direct to Consumer Advertising and Online Search,” Bureau of Economics, Federal Trade Commission, August 2016, at https://www.ftc.gov/system/files/documents/reports/direct-consumer-advertising-online-search/working_paper_331.pdf.


125 S. 2623, the Protecting Americans from Drug Marketing Act.

126 CRS In Focus IF10201, The Tax Reform Act of 2014, by Molly F. Sherlock.
May U.S. Consumers Import Drugs from Abroad?

FDA, under the authority of the Federal Food, Drug, and Cosmetic Act, regulates the sale of pharmaceuticals in the United States. Without an approved marketing application (either a new drug application or a biologics license application), a manufacturer may not sell a drug in the U.S. market. An approved marketing application has included the required clinical data on safety and effectiveness, manufacturing procedures (supported by an inspection) and reporting processes, and labeling, including packaging. Because the requirements are so detailed and explicit, no drug that a consumer might import would technically fulfill all the approval elements. (For example, a drug must include labeling that FDA has approved for U.S. sales; the labeling of a physically identical drug packaged for foreign sale would not have the U.S.-relevant packaging codes.) The Prescription Drug Marketing Act of 1987 (PDMA; P.L. 100-293) clarified that, even for a drug that FDA had approved for U.S. sales that had been sold or transferred to a foreign country, only the manufacturer of that FDA-approved prescription drug may legally bring the drug back into the United States.

In 2000, during a period of high prescription drug inflation, the 106th Congress enacted the Medicine Equity and Drug Safety Act (MEDS Act; P.L. 106-387) to allow pharmacists and wholesalers to import FDA-approved prescription drugs. Despite outlining procedures to do so, the act, in practice, has not allowed such importation. The MEDS Act required that, before publishing implementing regulations to put the import provisions into effect, the HHS Secretary must first certify to Congress “that the implementation of this section will (1) pose no additional risk to the public’s health and safety; and (2) result in a significant reduction in the cost of covered products to the American consumer.” Congress included a similar provision in the Medicare Modernization and Prescription Drug Act of 2003 (MMA; P.L. 108-173), which also created Medicare Part D. Because no HHS Secretary has ever made the necessary certifications, the importation provision has never been carried out and consumers, pharmacists, and wholesalers are prohibited from importing prescription drugs from abroad.

The PDMA, MEDS Act, and MMA legislation addressed importation by entities other than the manufacturer that held the approved marketing application. Therefore, a company could produce and package a drug outside the United States according to manufacturing processes, facility inspections, and U.S.-audience designed labeling as outlined in the FDA approval and then bring the drug into the United States for sale.

Lawmakers have tried several times to use the annual agriculture appropriations bill (which funds FDA) to get around administrative roadblocks to prescription drug importation by individuals, pharmacies, and wholesalers. For example, the House has passed versions of the agriculture spending bill that would prohibit FDA from using funds to prevent individuals, pharmacists, or

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127 See, in particular, FFDCA §§505 (new drugs), 501 (adulteration), and 502 (misbranding). For an easier-to-read description, see CRS Report R41983, How FDA Approves Drugs and Regulates Their Safety and Effectiveness, by Susan Thaul.

128 FDA approves drugs under the authority of the FFDCA; it licenses biologics under the authority of the PHSA. Most of FDA’s regulations consider drugs and biologics together and refer to the group as drugs.

129 The law was enacted to reduce the risk of adulterated or subpotent drugs entering the United States after concern about the resale of manufacturer drug samples and other situations.

130 FFDCA §804(i).

131 Imported pharmaceuticals that do not meet U.S. standards are considered “unapproved” drugs and cannot be imported legally.
wholesalers from importing prescription drugs that comply with the core requirements of the FDA drug approval system.\textsuperscript{132}

FDA has chosen to be lenient in its enforcement of importation restrictions and has allowed individuals to bring into the United States a small amount (i.e., a 90-day supply) of non-FDA-approved drugs for personal use. FDA requires that individuals affirm in writing that the drugs are for their own use and provide the name and address of their treating physician. When FDA’s personal-use import policy began, it was not envisioned as a way for consumers to bring lower-priced prescription drugs into the United States. According to FDA’s policy statement on importing drugs for personal use,

> the intent of the personal use importation guidance is to save FDA resources and to generally permit, through the exercise of enforcement discretion, medical treatments sought by individuals that are not otherwise available in the United States (where such treatments are not promoted/commercialized in the United States). Thus foreign-made chemical versions of drugs available in the United States are not intended to be covered by the policy.\textsuperscript{133}

But where the policy once compassionately let a few people import—for personal use—cancer or AIDS drugs that were not available for sale in the United States, today that policy is used by consumers seeking lower foreign prices for FDA-approved drugs available in the United States.\textsuperscript{134} Some states have attempted to enact their own laws allowing prescription drug importation. (See “What Are U.S. States Doing to Address Drug Costs?”)

\textsuperscript{132} §749, H.R. 5384, in the 109th Congress.


Appendix A. Congressional Drug Hearings in the 114th and 115th Congresses

Senate Committee on Appropriations


Senate Special Committee on Aging


Senate Committee on Finance


Senate Committee on Health, Education, Labor, and Pensions


House Energy and Commerce Committee


House Judiciary Committee


House Committee on Oversight and Government Reform


Appendix B. CRS Prescription Drug Experts

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