Summary

The Second Amendment states that “[a] well-regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear arms, shall not be infringed.” Before the Supreme Court’s 2008 opinion in District of Columbia v. Heller, the Second Amendment had received little Supreme Court attention and had been largely interpreted, at least by the lower federal courts, to be intertwined with military or militia use. Still, there had been ample debate in the lower federal courts and political discussion over whether the Second Amendment provides an individual right to keep and bear arms, versus a collective right belonging to the states to maintain militias. Pre-Heller, the vast majority of lower federal courts had embraced the collective right theory.

In Heller, though, the Supreme Court adopted the individual right theory, holding that the Second Amendment protects an individual right for law-abiding citizens to keep and bear arms for lawful purposes including, most notably, self-defense in the home. Two years later in McDonald v. City of Chicago, the Court held that the Second Amendment applies to the states via selective incorporation through the Fourteenth Amendment.

After Heller and McDonald, numerous challenges were brought on Second Amendment grounds to various federal, state, and local firearm laws and regulations. Because Heller neither purported to define the full scope of the Second Amendment, nor suggested a standard of review for evaluating Second Amendment claims, the lower federal courts have been tasked with doing so in the Second Amendment challenges brought before them. These challenges include allegations that provisions of the Gun Control Act of 1968, as amended, as well as various state and local firearm laws (e.g., “assault weapon” bans, concealed carry regulations, firearm licensing schemes) are unconstitutional. The analyses in these cases may provide useful guideposts for Congress should it seek to enact further firearm regulations.

Generally, the courts have adopted a two-step framework for evaluating Second Amendment challenges. First, courts ask whether the regulated person, firearm, or place comes within the scope of the Second Amendment’s protections. If not, the law does not implicate the Second Amendment. But if so, the court next employs the appropriate level of judicial scrutiny—rational basis, intermediate, or strict scrutiny—to assess whether the law passes constitutional muster. In deciding what level of scrutiny is warranted, courts generally ask whether the challenged law burdens core Second Amendment conduct, like the ability to use a firearm for self-defense in the home. If a law substantially burdens core Second Amendment activity, courts typically will apply strict scrutiny. Otherwise, courts generally will apply intermediate scrutiny. Most challenged laws have been reviewed for intermediate scrutiny, where a court asks whether a law is substantially related to an important governmental interest. And typically, the viability of a firearm restriction will depend on what evidence the government puts forth to justify the law. Yet sometimes courts take a different or modified approach from that described above and ask whether a challenged regulation falls within a category deemed “presumptively lawful” by Heller. If the law falls within such a category, a court does not need to apply a particular level of scrutiny in reviewing the restriction because the law does not facially violate the Second Amendment.

In early 2019, the Supreme Court granted certiorari in New York State Rifle & Pistol Association, Inc. v. City of New York. The Court is set to review a portion of New York City’s firearm licensing scheme that the U.S. Court of Appeals for the Second Circuit upheld as valid. In doing so, the Court may clarify the scope of the right protected in the Second Amendment. Importantly, to make this substantive ruling, the Court likely will have to answer a question that it has eluded since Heller: Under what framework should Second Amendment challenges be evaluated?
# Contents

District of Columbia v. Heller .............................................................................................................. 2

*Parker v. District of Columbia: Heller* in the District Court............................................................. 3

*Parker v. District of Columbia: Heller* in the D.C. Circuit Court of Appeals ............................... 4

*District of Columbia v. Heller: Supreme Court’s Ruling* .............................................................. 5
- Majority Opinion .......................................................................................................................... 5
- Dissent: Justice Stevens .............................................................................................................. 8
- Dissent: Justice Breyer ............................................................................................................... 9

Second Amendment Incorporation .................................................................................................. 9

*McDonald v. City of Chicago* ....................................................................................................... 10

Federal Circuit Courts’ *Post-Heller* Approach to Second Amendment Analysis .......................... 12
- Step One: Scope of Second Amendment Protection ................................................................. 13
- Step Two: Applicable Standard of Review ............................................................................... 15

*Post-Heller* Rulings on the Constitutionality of Federal and State Firearm Regulations .......... 17
- What Categories of Persons May Be Subject to Firearm Regulations? .................................... 17
- What Categories of Firearms May Be Subject to Government Regulation? .......................... 26
- Where May Firearms Be Subject to Governmental Regulation? ............................................. 30
- How May the Government Regulate Firearms Sales? .............................................................. 37
- How May the Government Regulate Firearm Ownership Through Registration and Licensing Schemes? ......................................................................................................................... 41

Conclusion ....................................................................................................................................... 45

# Contacts

Author Information ............................................................................................................................ 47
The Second Amendment states that “[a] well-regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear arms, shall not be infringed.”¹ Before the Supreme Court’s 2008 opinion in District of Columbia v. Heller, the right generally had been understood by federal courts to be intertwined with military or militia use.² That understanding was formed with little Supreme Court guidance: Before Heller, the Supreme Court had barely opined on the scope of the Second Amendment, making its last substantive remarks on the right in its 1939 ruling in United States v. Miller.³ In Miller, the Supreme Court evaluated a criminal law banning possession of a certain type of firearm, asking whether it bore a “reasonable relationship to the preservation or efficiency of a well regulated militia” such that it garnered Second Amendment protection.⁴ This passage spawned a longstanding debate over whether the Second Amendment provides an individual right to keep and bear arms versus a collective right belonging to the states to maintain militias, with the vast majority of the courts embracing the collective right theory.⁵ Indeed, before the Heller litigation began only one circuit court—the Fifth Circuit⁶ in United States v. Emerson—had concluded that the Second Amendment protects an individual’s right to keep and bear arms.⁷

The Supreme Court’s landmark 5-4 decision in Heller upturned the earlier majority view with its holding that the Second Amendment guarantees an individual right to possess firearms for historically lawful purposes, such as self-defense in the home.⁸ But in Heller the Court did not

¹ U.S. Const., amend II.
³ See United States v. Miller, 307 U.S. 174, 178-79 (1939); see also Sandra S. Froman & Kenneth A. Klukowski, A Round in the Chamber: District of Columbia v. Heller & the Future of the Second Amendment, 9 ENGAGE: J. FEDERALIST SOC’Y PRAC. GRPS. 16 (2008); Brian L. Frye, The Peculiar Story of United States v. Miller, 3 N.Y.U. J. L. & LIBERTY 48 (2008). Before Miller, the Second Amendment was discussed by the Supreme Court in United States v. Cruikshank, 92 U.S. 542 (1876), Presser v. Illinois, 116 U.S. 252 (1886), and Miller v. Texas, 153 U.S. 535 (1894). But the Court did not offer any meaningful substantive guidance on the nature of the right protected by the Second Amendment in those cases, holding only that the Second Amendment imposes restrictions on the federal government, not the states. See Miller, 153 U.S. at 538; Presser, 116 U.S. at 265; Cruikshank, 92 U.S. at 592; see also United States v. Emerson, 270 F.3d 203, 221 n.13 (5th Cir. 2001).
⁴ Miller, 307 U.S. at 178-79; see also Lewis v. United States, 445 U.S. 55, 65 n.8 (1980).
⁵ See Richard A. Allen, What Arms? A Textualist View of the Second Amendment, 18 GEO. MASON U. CIV. RTS. L.J. 191, 191-93 (2008) (explaining the views taken by courts and scholars since Miller); Frye, supra note 3, at 49 & n.4 (collecting cases on both sides of the debate); Allison L. Mollenhauer, Note, Shot Down!: The D.C. Circuit Disarms Gun Control Laws in Parker v. District of Columbia, 53 VILL. L. REV. 353, 356 (2008) (noting that since Miller, “there has been disagreement among the federal circuits and legal analysts regarding whether the Second Amendment protects an individual’s right to keep and bear arms or protects only the right of members of the militia to keep and bear arms”); Joseph Bradley Adams, Note, Dispensing with the Second Amendment, 12 TRINITY L. REV. 75 (2004) (explaining the two views “sparked” by Miller).
⁶ This report references a significant number of decisions by federal appellate courts of various regional circuits. For purposes of brevity, references to a particular circuit in the body of this report (e.g., the Fifth Circuit) refer to the U.S. Court of Appeals for that particular circuit.
⁷ 270 F.3d 203 (5th Cir. 2001); see Amanda C. Dupree, Comment, A Shot Heard ’Round the District: The District of Columbia Circuit Puts a Bullet in the Collective Right Theory of the Second Amendment, 16 AM. U. J. GENDER SOC. POL. & L. 413, 417-18 (2008); but see, e.g., Silveira v. Lockyer, 312 F.3d 1052, 1086-87 (9th Cir. 2003) (adopting collective right theory); Gillespie v. City of Indianapolis, 185 F.3d 693, 710 (7th Cir. 1999) (same); United States v. Warin, 530 F.2d 103, 102 (6th Cir. 1976) (same); Frye, supra note 3, at 49 & n.4 (collecting circuit court cases that employed a collective right theory).
define the full scope of that right, leaving lower courts to fill in the gaps. Indeed, the Court has said little on the matter, most notably by holding that the Second Amendment right is incorporated through the Fourteenth Amendment to apply to the states in *McDonald v. City of Chicago.* Beyond *McDonald,* the Court has largely declined to grant certiorari to the numerous Second Amendment cases percolating in the lower federal courts with one exception: In *Caetano v. Massachusetts,* the Supreme Court—in a single, two page ruling—granted a petition for certiorari and issued an unsigned, per curiam opinion vacating the decision of the Massachusetts Supreme Court that had upheld a state law prohibiting the possession of stun guns. But the Court’s opinion did little to clarify Second Amendment jurisprudence, principally noting that the state court opinion directly conflicted with *Heller* without discussing the matter in further detail.

During the October 2019 term, however, the Supreme Court will review a Second Amendment challenge to a New York City firearm licensing provision in *New York State Rifle & Pistol Association, Inc. v. City of New York,* giving the Court another opportunity to elaborate on the scope of the individual right to keep and bear arms.

Accordingly, this report evaluates how the lower federal courts have interpreted *Heller* and the Second Amendment through challenges to various federal, state, and local firearm laws. In particular, this report focuses on federal appellate decisions, including what categories of persons, firearms, and places may be subject to government firearm regulation, and how federal, state, and local governments may regulate those categories. These appellate decisions include challenges to provisions of the Gun Control Act—the primary federal law regulating the transfer and possession of firearms in interstate commerce—as well as state and local laws that provide further restrictions on the possession and sale of firearms, including assault weapon bans, concealed carry restrictions, and firearm licensing schemes, among others. This report is not intended to provide a comprehensive analysis of every Second Amendment issue brought in federal court since *Heller,* but highlights notable challenges to firearm laws that may be of interest to Congress.

**District of Columbia v. Heller**

Before *Heller,* the District of Columbia had a web of regulations governing the ownership and use of firearms that, taken together, amounted to a near-total ban on handguns in the District. One law generally barred the registration of most handguns. Another law required persons with registered firearms to keep them “unloaded and either disassembled or secured by a trigger lock,

---

12 See *Caetano,* 136 S. Ct. at 1027-28.
15 See Parker v. District of Columbia (*Parker II*), 478 F.3d 370, 373 (D.C. Cir. 2007).
And a third law prohibited persons within the District of Columbia from carrying (openly or concealed, in the home or elsewhere) an unlicensed firearm.\(^{18}\) In 2003, six D.C. residents challenged those three measures as unconstitutional under the Second Amendment, arguing that the Constitution provides an individual right to bear arms.\(^{19}\) In particular, the residents contended that the Second Amendment provides individuals a right to possess “functional firearms” that are “readily accessible to be used . . . for self-defense in the home.”\(^{20}\)

**Parker v. District of Columbia: Heller in the District Court**

In *Parker v. District of Columbia*,\(^{21}\) the district court was tasked with gleaning the meaning of the right provided by the Second Amendment. The last word from the Supreme Court on this right was in its 1939 ruling, *United States v. Miller;*\(^{22}\) *Miller* involved a challenge to a federal indictment for unlawfully transporting in interstate commerce an unregistered double barrel 12-gauge shotgun with a barrel less than 18 inches in length,\(^{23}\) as had been prohibited by the National Firearms Act of 1934.\(^{24}\) A district court had dismissed the indictment after concluding that the challenged criminal provision infringed the defendant’s Second Amendment rights.\(^{25}\) The Supreme Court, on direct appeal, reversed that ruling:

> In the absence of any evidence tending to show that possession or use of a ‘shotgun having a barrel of less than eighteen inches in length’ at this time has some reasonable relationship to the preservation or efficiency of a well regulated militia, we cannot say that the Second Amendment guarantees the right to keep and bear such an instrument.\(^{26}\)

In reaching that conclusion, the Court emphasized that the Second Amendment must be interpreted in the context in which it was enacted: “[w]ith [the] obvious purpose to assure the continuation and render possible the effectiveness of” Congress’s power to “provide for organizing, arming, and disciplining, the Militia.”\(^{27}\)

Relying on the Supreme Court’s guidance in *Miller*, the district court in *Parker* rejected the plaintiffs’ contention that the Second Amendment provides an individual right to bear arms unrelated to militia use.\(^{28}\) The court additionally noted that this conclusion matched those of every other federal circuit court to have considered the issue except for one recent Fifth Circuit decision.\(^{29}\) Accordingly, the district court dismissed the lawsuit for failing to state a claim for

\(^{17}\) See id.

\(^{18}\) See id.


\(^{20}\) Parker II, 478 F.3d at 374.

\(^{21}\) Initially, the case name for *Heller* was styled as Parker v. District of Columbia.

\(^{22}\) 307 U.S. 174 (1939).

\(^{23}\) Id. at 175.


\(^{25}\) Miller, 307 U.S. at 176-77.

\(^{26}\) Id. at 178-79.

\(^{27}\) Id. at 178 (citing U.S. CONST. art. I, § 8).


\(^{29}\) Id. at 106-07 (citing United States v. Bayles, 310 F.3d 1302, 1307 (10th Cir. 2002), United States v. Napier, 233 F.3d 394, 403 (6th Cir. 2000), Gillespie v. City of Indianapolis, 185 F.3d 693, 710 (7th Cir. 1999), United States v. Wright, 117 F.3d 1265, 1273 (11th Cir. 1997), Love v. Pepersack, 47 F.3d 120, 122 (4th Cir. 1995), United States v. Nelsen, 850 F.2d 1318, 1320 (8th Cir. 1988), Thomas v. Members of City Council of Portland, 730 F.2d 41, 42 (1st Cir. 1984),
relief under the Second Amendment, reasoning that it “would be in error to overlook sixty-five years of unchanged Supreme Court precedent and the deluge of circuit case law rejecting an individual right to bear arms not in conjunction with service in the Militia.”

**Parker v. District of Columbia: Heller in the D.C. Circuit Court of Appeals**

The D.C.-resident plaintiffs appealed to the D.C. Circuit, and a divided 3-judge panel reversed the district court’s ruling. The crux of the debate at the circuit court centered on whether the court should adopt the “collective right” versus “individual right” theory of the Second Amendment. Framed this way, the D.C. Circuit, unlike the district court, perceived the issue before it as one of first impression, opining that *Miller* actually addressed the kinds of “arms” that the Second Amendment protects.

Under the collective right theory advanced by the District of Columbia (District), the Second Amendment protects only the right of states to maintain and arm their militias. Accordingly, the District argued that the Second Amendment’s prefatory clause—“[a] well regulated Militia, being necessary to the security of a free State”—announces the Amendment’s sole purpose: to protect state militias from federal intrusion, and limiting the right to keep and bear arms to military uses. Under the individual right theory, advanced by the plaintiffs, the Second Amendment guarantees individuals a right to keep and bear arms for personal use. Pointing to a different part of the Amendment’s text, the plaintiffs argued that its operative clause—“the right of the people to keep and bear Arms shall not be infringed”—signals an individual right.

The D.C. Circuit rejected the collective right theory advanced by the District, reasoning that Supreme Court precedent interpreting the meaning of “the people,” as used in the Bill of Rights, required the court to conclude that “the people,” as used in the Second Amendment, refers to individual persons, and thus the Amendment protects an individual right. The court additionally noted that, because founding era-like militias no longer exist, the argument put forth by the

---

and United States v. Graves, 554 F.2d 65, 66 n.2 (3d Cir. 1977)). In *United States v. Emerson*, the Fifth Circuit concluded, after surveying the history and purpose underlying the Second Amendment, that it “protects the right of individuals . . . to privately possess and bear their own firearms . . . that are suitable as personal, individual weapons” regardless of the individual’s relationship to militia or military service, and that *Miller* does not preclude that interpretation. 270 F.3d 203, 260 (5th Cir. 2001).

31 *Parker II*, 478 F.3d 370 (D.C. Cir. 2007).
32 *Id.* at 378-401.
33 *Id.* at 380-81, 391, 392-94.
34 *Id.* at 379.
35 *Parker II*, 478 F.3d at 378.
36 *Id.* at 379.
37 *Id.* at 381 (emphasis added).
38 *Id.* at 381-82. The court had relied on *United States v. Verdugo-Urrubide*, 494 U.S. 259 (1990), in which the Supreme Court had declared that the phrase “the people,” as used in the First, Second, and Fourth Amendments, “refers to a class of persons who are part of a national community or who have otherwise developed sufficient connection with this country to be considered part of that community.” *Id.* at 265. The Court had made this declaration in its analysis of the Fourth Amendment to determine the question presented in *Verdugo-Urrubide*: “[W]hether the Fourth Amendment applies to the search and seizure by United States agents of property that is owned by a nonresident alien and located in a foreign country.” See *id.* at 261, 265 The Court concluded that it does not. *Id.* at 261.
District would render the Second Amendment a “dead letter.” \footnote{39} Having established that the Second Amendment protects an individual right to keep and bear arms, the court next addressed the scope of that right by examining the lawful, private purposes for which founding-era persons owned and used firearms. \footnote{40} The court concluded that the right encompasses firearm uses pre-existing the Constitution, such as hunting and self-defense against private misconduct or a tyrannical government. \footnote{41} And though the right could be subject to “reasonable restrictions,” the court noted that the Constitution would not tolerate laws, like the District’s, that amount to a “virtual prohibition” on handgun possession. \footnote{42}

One judge dissented on the ground that the District is not a state within the meaning of its use in the Second Amendment, and thus its protections—whatever they may be—do not reach it. \footnote{43}

\section*{District of Columbia v. Heller: Supreme Court’s Ruling}

The challenge made its way to the Supreme Court, which, in a 5-4 decision authored by Justice Scalia, affirmed the D.C. Circuit’s conclusion that the Second Amendment provides an individual right to keep and bear arms for lawful purposes. \footnote{44} The majority arrived at this conclusion after undertaking an extensive analysis of the founding-era meaning of the words in the Second Amendment’s prefatory and operative clauses. Applying that interpretation to the challenged D.C. firearm laws, the Court concluded that the District’s functional ban on handgun possession in the home and the requirement that lawful firearms in the home be rendered inoperable were unconstitutional. \footnote{45}

\section*{Majority Opinion}

\section*{Textual Analysis}

The majority analyzed the Second Amendment’s two clauses and concluded that the prefatory clause, indeed, announces the Amendment’s purpose. \footnote{46} And though there must be some link between the stated purpose and the command in the operative clause, the Court concluded that “the prefatory clause does not limit . . . the scope of the operative clause.” \footnote{47} Accordingly, the Court assessed the meaning of the Second Amendment’s two clauses.

\footnotesize

\begin{itemize}
\item \footnote{39} \textit{Parker II}, 478 F.3d at 378.
\item \footnote{40} \textit{Id}. at 382.
\item \footnote{41} \textit{Id}. at 395.
\item \footnote{42} \textit{Id}. at 397-99.
\item \footnote{43} \textit{Id}., at 401-09 (Henderson, J., dissenting).
\item \footnote{44} District of Columbia v. Heller, 554 U.S. 570 (2008); McDonald v. City of Chicago, 561 U.S. 742, 780 (2010) (“Our central holding in \textit{Heller} is that the Second Amendment protects a personal right to keep and bear arms for lawful purposes, most notably for self-defense within the home.”).
\item \footnote{45} The Court did not evaluate the challenged licensing law on that ground that the District had asserted that, “if the handgun ban is struck down and respondent registers a handgun, he could obtain a license, assuming he is not otherwise disqualified,” which the Court interpreted to mean that “he is not a felon and is not insane.” \textit{See Heller}, 554 U.S. at 630-31.
\item \footnote{46} \textit{Id}. at 577.
\item \footnote{47} \textit{Id}. at 577-78.
\end{itemize}
Prefatory Clause
“A well regulated Militia, being necessary to the security of a free State . . .”

Operative Clause
“. . . the right of the people to keep and bear Arms, shall not be infringed.”

Beginning with the operative clause, the Supreme Court first concluded that the phrase the “right of the people,” as used in the Bill of Rights, universally communicates an individual right, and thus the Second Amendment protects a right that is “exercised individually and belongs to all Americans.”48 Next, the Court turned to the meaning of “to keep and bear arms.”49 “Arms,” the Court said, has the same meaning now as it did during the eighteenth century: “any thing that a man wears for his defence, or takes into his hands, or use[s] in wrath to cast at or strike another,” including weapons not specifically designed for military use.50 The Court then turned to the full phrase “keep and bear arms.” To “keep arms,” as understood during the founding period, the Court said, was a “common way of referring to possessing arms, for militiamen and everyone else.”51 And “bearing arms,” during the founding period as well as currently, the Court said, means to carry weapons for the purpose of confrontation; but even so, the Court added, the phrase does not “connote[] participation in a structured military organization.”52 Taken together, the Court concluded that the Second Amendment “guarantees[] the individual right to possess and carry weapons in case of confrontation.”53 The Court added that its textual analysis was supported by the Amendment’s historical background, which was relevant to its analysis because, the Court reasoned, the Second Amendment was “widely understood” to have codified a pre-existing individual right to keep and bear arms.54

Turning back to the prefatory clause, the Supreme Court majority concluded that the term “well-regulated militia” does not refer to state or congressionally regulated military forces as described in the Constitution’s Militia Clause;55 rather, the Second Amendment’s usage refers to all “able-bodied men” who are “capable of acting in concert for the common defense.”56 And the security of a free “state,” the Court opined, does not refer to the security of each of the several states, but rather the security of the country as a whole.57

Coming full circle to the Court’s initial declaration that the two clauses must “fit” together, the majority concluded that the two clauses fit “perfectly” in light of the historical context showing that “tyrants had eliminated a militia consisting of all the able-bodied men . . . by taking away the people’s arms.”58 Thus, the Court announced, the reason for the Second Amendment’s

48 Id. at 579-81.
49 Id. at 581-91.
50 Id. at 581.
51 Id. at 582-83 (emphasis in original).
52 Id. at 584.
53 Id. at 592.
54 Heller, 554 U.S. at 592-95.
55 U.S. CONST. art I, § 8, cl. 15 (“The Congress shall have Power . . . to provide for calling forth the Militia to execute the Laws of the Union, suppress Insurrections and repel Invasions.”).
56 Heller, 554 U.S. at 595-96.
57 Id. at 597.
58 Id. at 598
codification was “to prevent elimination of the militia,” which “might be necessary to oppose an oppressive military force if the constitutional order broke down.” But the reason for codification, the Court clarified, does not define the entire scope of the right the Second Amendment guarantees. This is so because, the Court explained, the Second Amendment codified a pre-existing right that included using firearms for self-defense and hunting, and thus the pre-existing right also informs the meaning of the Second Amendment.

**Squaring Heller with Miller**

The Supreme Court majority added that its conclusion was not foreclosed by its earlier ruling in *Miller*, which, as discussed above, had largely been viewed by the lower federal courts as advancing the collective right theory. Like the D.C. Circuit, the Supreme Court concluded that *Miller* addressed only the type of weapons eligible for Second Amendment protection. Furthermore, in the Court’s view, the fact that *Miller* assessed a type of unlawfully possessed weapon supported its conclusion that the Second Amendment protects an individual right, noting that “it would have been odd to examine the character of the weapon rather than simply note that the two crooks were not militiamen.” Nor, the Court added, did *Miller* “purport to be a thorough examination of the Second Amendment,” and thus, the Court reasoned, it cannot be read to mean more than “say[ing] only that the Second Amendment does not protect those weapons not typically possessed by law-abiding citizens for lawful purposes, such as short-barreled shotguns.”

**Scope of the Right**

After announcing that the Second Amendment protects an individual’s right to possess firearms, the Supreme Court explained that, “[l]ike most rights, the right secured by the Second Amendment is not unlimited.” Nevertheless, the Court left for another day an analysis of the full scope of the right. The Court did clarify, however, that “nothing in our opinion should be taken to cast doubt on longstanding prohibitions on the possession of firearms by felons and the mentally ill, or laws forbidding the carrying of firearms in sensitive places such as schools and government buildings, or laws imposing conditions and qualifications on the commercial sale of firearms,” among other “presumptively lawful” regulations. And as for the kind of weapons that may obtain Second Amendment protection, the Court noted that *Miller* limits Second Amendment coverage to weapons “in common use at the time” that the reviewing court is examining a particular firearm, which, the Court added, “is fairly supported by the historical tradition of prohibiting the carrying of dangerous and unusual weapons.”

---

59 Id. at 599.
60 Id.
61 Id. at 599-600.
62 Id. at 621-22.
63 Id. at 622.
64 Id. at 623-25.
65 Id. at 626.
66 Id.
67 Id. at 626-27 & n.26.
68 Id. at 627 (internal quotation marks and citations omitted) (“Some have made the argument, bordering on the frivolous, that only those arms in existence in the 18th century are protected by the Second Amendment. We do not interpret constitutional rights that way. Just as the First Amendment protects modern forms of communication...the
Second Amendment Analysis of D.C.’s Firearms Regulations

Finally, the Supreme Court applied the Second Amendment, as newly interpreted, to the contested D.C. firearm regulations—which amounted to a near-total handgun ban—and concluded that they were unconstitutional.69 First, the Court declared that possessing weapons for self-defense is “central to the Second Amendment right,” yet the District’s handgun ban prohibits “an entire class of ‘arms’ that is overwhelmingly chosen by American society for that lawful purpose.”70 Moreover, the handgun prohibition extended into the home, where, the Court added, “the need for defense of self, family, and property is most acute.”71 Additionally, the requirement that firearms in the home be kept inoperable is unconstitutional because, the Court concluded, that requirement “makes it impossible for citizens to use them for the core lawful purpose of self-defense.”72 Thus, the Court ruled, the District’s handgun ban could not survive under any level of scrutiny that a court typically would apply to a constitutional challenge of an enumerated right.73

Dissent: Justice Stevens

Justice Stevens, joined by Justices Souter, Ginsburg, and Breyer, dissented.74 Justice Stevens did not directly quarrel with the majority’s conclusion that the Second Amendment provides an individual right, asserting that it “protects a right that can be enforced by individuals.”75 But he disagreed with the majority’s interpretation of the scope of the right, contending that neither the text nor history of the Amendment supports “limiting any legislature’s authority to regulate private civilian uses of firearms” or “that the Framers of the Amendment intended to enshrine the common-law right of self-defense in the Constitution.”76 Additionally, he characterized the majority’s interpretation of Miller as a “dramatic upheaval in the law.”77 In his view, Miller interpreted the Second Amendment as “protect[ing] the right to keep and bear arms for certain military purposes” and not “curtail[ing] the Legislature’s power to regulate the nonmilitary use and ownership of weapons.” This interpretation, Justice Stevens added, “is both the most natural reading of the Amendment’s text and the interpretation most faithful to the history of its adaptation.”78

---

69 *Heller*, 554 U.S. at 628-36.
70 *Id.* at 628.
71 *Id.* at 628-29.
72 *Id.* at 630.
73 *Id.* at 628-29.
74 *Id.* at 636-80 (Stevens, J., dissenting).
75 *Id.* at 636.
76 *Id.* at 636-37.
77 *Id.* at 639.
78 *Id.* at 637-38.
Dissent: Justice Breyer

Justice Breyer, joined by Justices Stevens, Souter, and Ginsburg, authored another dissent. Although agreeing with Justice Stevens that the Second Amendment protects only militia-related firearm uses, in his dissent he argued that the District’s laws were constitutional even under the majority’s conclusion that the Second Amendment protects firearm possession in the home for self-defense. He began by assessing the appropriate level of scrutiny under which Second Amendment challenges should be analyzed. Justice Breyer suggested an interest-balancing inquiry in which a court would evaluate “the interests protected by the Second Amendment on one side and the governmental public-safety concerns on the other, the only question being whether the regulation at issue impermissibly burdens the former in the course of advancing the latter.” In making that evaluation, Justice Breyer would ask “how the statute seeks to further the governmental interests that it serves, how the statute burdens the interests that the Second Amendment seeks to protect, and whether there are practical less burdensome ways of furthering those interests.” Applying those questions to the challenged D.C. laws, Justice Breyer concluded that (1) the laws sought to further compelling public-safety interests; (2) the D.C. restrictions minimally burdened the Second Amendment’s purpose to preserve a “well regulated Militia” and burdened “to some degree” an interest in self-defense; and (3) there were no reasonable but less restrictive alternatives to reducing the number of handguns in the District. Thus, in Justice Breyer’s view, the District’s gun laws were constitutional. He also anticipated that the majority’s decision would “encourage legal challenges to gun regulation throughout the Nation.” Indeed, after Heller a series of challenges to federal and state firearms laws occurred.

Second Amendment Incorporation

Because Heller involved a challenged to a D.C. law, and because the District is generally not viewed as a state for purposes of constitutional law, a question beyond the scope of Heller was whether the Second Amendment applies to the states. Initially, the Bill of Rights was thought solely to restrict the power of the federal government. Only after the Fourteenth Amendment’s

---

79 Id. at 681-723 (Breyer, J., dissenting).
80 Id. at 681-82.
81 Id. at 687-91.
82 Id. at 689-90. The majority explicitly rejected Justice Breyer’s suggested approach. Id. at 634 (majority opinion) (“We know of no other enumerated constitutional right whose core protection has been subjected to a freestanding ‘interest-balancing’ approach. The very enumeration of the right takes out of the hands of government—even the Third Branch of Government—the power to decide on a case-by-case basis whether the right is really worth insisting upon.”).
83 Id. at 693 (Breyer, J., dissenting).
84 Id. at 691-719.
85 Id. at 718.
86 Id. at 635 (majority opinion).
89 See Barron v. City of Baltimore, 32 U.S. (Pet.) 243 (1833); Livingston v. Moore, 32 U.S. (Pet.) 469, 551-52 (1833); see also McDonald v. City of Chicago, 561 U.S. 742, 754 (2010); Heller, 554 U.S. at 625; Klukowski, supra note 87.
adoption did the Supreme Court contemplate whether the Bill of Rights applies to the states.90 Section One of the Fourteenth Amendment declares that “[n]o state shall make or enforce any law which shall abridge the privileges or immunities of the United States; nor shall any state deprive any person of life, liberty, or property, without due process of law.”91 During the nineteenth and twentieth centuries, several theories were advanced, with varying results, concerning whether the Fourteenth Amendment requires states to comply with the Bill of Rights.92 The theory that eventually achieved the greatest success was selective incorporation through the Fourteenth Amendment’s Due Process Clause.

Under the doctrine of selective incorporation, courts address whether the Due Process Clause of the Fourteenth Amendment fully incorporates a particular provision (and not an amendment as a whole) in the Bill of Rights and thus applies to the states.93 To do so, courts evaluate whether the particular provision is “fundamental to our scheme of ordered liberty” as well as “deeply rooted in this Nation’s history and tradition.”94 Most provisions of the Bill of Rights have been incorporated under this theory.95 And most recently in McDonald v. City of Chicago, the Supreme Court addressed whether the Second Amendment applies to the states.96

**McDonald v. City of Chicago**

After Heller several firearms associations, along with residents of the City of Chicago and its neighboring suburb of Oak Park, Illinois, brought Second Amendment challenges to ordinances banning handgun possession in those municipalities.97 The lawsuits were dismissed in the federal district court on the ground that the Supreme Court had yet to apply the Second Amendment to

---

90 See McDonald, 561 U.S. at 754.
91 U.S. CONST. amend XIV, § 1.
92 The Supreme Court initially was tasked with determining whether the Fourteenth Amendment’s Privileges or Immunities Clause requires states to comply with the Bill of Rights in the Slaughter-House Cases, 83 U.S. (Wall) 36 (1873). According to the Court, it did not. Id. By the late nineteenth century, the Court began examining whether the Due Process Clause of the Fourteenth Amendment requires states to comply with the Bill of Rights; under that early inquiry, one of the Bill of Rights could be applied against the states, but without providing “the people” the same protections as against federal intrusions of those rights. See McDonald, 561 U.S. at 759-61; Suja A. Thomas, Nonincorporation: The Bill of Rights after McDonald v. Chicago, 88 NOTRE DAME L. REV. 159, 163 (2012); Richard J. Hunter, A Nomination of a Supreme Court Justice: The Incorporation Doctrine Revisited, 35 OKLA. CITY U. L. REV. 365, 375-77 (2010); Kurt T. Lash, Beyond Incorporation, 18 J. CONTEMP. LEGAL ISSUES 447, 450-51 (2009); Klukowski, supra note 87, at 210-12. However, in the twentieth century, a minority of the Court, led by Justice Black, advanced the theory that the Due Process Clause of the Fourteenth Amendment fully incorporates the Bill Rights, making them applicable to the states. See Adamson v. California, 332 U.S. 46, 68-92 (1947) (Black, J., dissenting); The Honorable Joseph R. Weisberger, The Selective Incorporation Process & Judicial Activism, 59 APR R.I. B.J. 13, 14-15 (2011); Michael Anthony Lawrence, Second Amendment Incorporation Through the Fourteenth Amendment Privileges or Immunities & Due Process Clauses, 72 MO. L. REV. 1, 42 (2007).
93 Peter J. Rubin, Square Pegs & Round Holes: Substantive Due Process, Procedural Due Process, & The Bill of Rights, 103 COLUM. L. REV. 833, 842 (2003); Thomas, supra note 91, at 163.
94 See McDonald, 561 U.S. at 767 (emphasis omitted); see also Duncan v. Louisiana, 391 U.S. 145, 149 (1968) (asking whether a demand for a jury trial is a “right among those fundamental principles of liberty and justice which lie at the base of all our civil and political institutions”) (internal quotation marks and citation omitted); Sen. Sheldon Whitehouse, Restoring the Civil Jury’s Role in the Structure of Our Government, 55 WM. & MARY L. REV. 1241, 1273 (2014).
95 Compare McDonald, 561 U.S. at 764 n.12 (listing incorporated rights), with id. at 764 n.13 (listing unincorporated rights).
96 561 U.S. 742 (2010).
97 Nat’l Rifle Ass’n of Am., Inc. v. City of Chicago, Ill., 567 F.3d 856, 857 (7th Cir. 2009).
The Seventh Circuit affirmed, reasoning that century-old Supreme Court precedent had long ago announced that the Second Amendment does not apply to the states. The Supreme Court reversed in a 4-1-4 ruling authored by Justice Alito, concluding that “the Framers and ratifiers of the Fourteenth Amendment counted the right to keep and bear arms among those fundamental rights necessary to our system of ordered liberty.” Thus, the Court held that the Second Amendment is applicable to the states through the Due Process Clause of the Fourteenth Amendment. The plurality first noted that Heller makes “unmistakable[e]” that the basic right to self-defense is a “central component” of the Second Amendment and “deeply rooted in this Nation’s history and tradition.” The Court reiterated much of the information recited in Heller about the founders’ relationship to arms, including the fear many held—based on King George III’s attempts to disarm the colonists—that the newly created federal government, too, would disarm the people to impose its will. And even though the initial perceived threat of disarmament had dissipated by the 1850s, the plurality asserted that, still, “the right to keep and bear arms was highly valued for purposes of self-defense.” The Court also pointed to congressional debate in 1868 of the Fourteenth Amendment, during which Senators had referred to the right to keep and bear arms as a “fundamental right deserving of protection.”

In his concurring opinion, Justice Thomas said that he would have construed the Second Amendment to be applicable to the states via the Privileges or Immunities Clause of the Fourteenth Amendment because, in his view, “the right to keep and bear arms is guaranteed by the Fourteenth Amendment as a privilege of American citizenship.” But his opinion, nevertheless, provided the crucial fifth vote to hold that the Second Amendment applies to the states.

**Dissenting Opinions**

Justice Breyer dissented (joined by Justices Ginsburg and Sotomayor), contending that “nothing in the Second Amendment’s text, history, or underlying rationale . . . warrant[s] characterizing it as ‘fundamental’ insofar as it seeks to protect the keeping and bearing of arms for private self-defense purposes.” Additionally, he asserted that the Constitution provides no authority for

---

98 Id. at 857.
99 Id. at 857-58 (citing United States v. Cruikshank, 92 U.S. 542 (1876), Presser v. Illinois, 116 U.S. 252 (1886), and Miller v. Texas, 153 U.S. 535 (1894)).
100 McDonald v. City of Chicago, 561 U.S. 742, 778 (2010).
101 Id. at 791. Although Justice Thomas was part of the five-Justice majority of the McDonald Court who agreed that the Second Amendment was applicable to the states via the Fourteenth Amendment, he disagreed with his colleagues’ view that the Due Process Clause served as the proper basis for this incorporation. Id. at 805-58 (Thomas, J., concurring). In Justice Thomas’s view, the Fourteenth Amendment’s Privileges or Immunities Clause provided the source for incorporation, rejecting the Slaughter-House Cases “insofar as it precludes any overlap between the privileges and immunities of state and federal citizenship.” Id. at 805-06, 855.
102 Id. at 767-68 (internal emphasis, quotation marks, and citations omitted) (plurality).
103 Id. at 768.
104 Id. at 770.
105 Id. at 775-76 (internal quotation marks and citations omitted).
106 Id. at 778 (Thomas, J., concurring); but see id. at 859-60 (Stevens, J., dissenting) (agreeing with plurality’s rejection of incorporation under the Privileges or Immunities Clause).
108 McDonald, 561 U.S. at 913 (Breyer, J., dissenting).
“transferring ultimate regulatory authority over the private uses of firearms from democratically elected legislators to courts or from the States to the Federal Government.”

Justice Stevens authored another dissenting opinion, arguing that the question before the Court was not whether the Second Amendment, as a whole, applies to the states, but rather whether the Fourteenth Amendment requires that the liberty interest asserted—"the right to possess a functional, personal firearm, including a handgun, within the home"—be enforceable against the states. In his view, the Second Amendment is not enforceable against the states, particularly because the Amendment is a “federalism provision” that is “directed at preserving the autonomy of the sovereign States, and its logic therefore resists incorporation by a federal court against the states.”

Federal Circuit Courts’ Post-Heller Approach to Second Amendment Analysis

After Heller and McDonald, lawsuits were brought nationwide challenging on Second Amendment grounds various federal, state, and local firearms regulations. Heller did not define the full scope of the right protected by the Second Amendment, but the main take away may be summed up as follows: The Second Amendment protects the right of law-abiding citizens to possess weapons for lawful purposes, notably, self-defense in the home. With this minimal guidance from the Supreme Court, the circuit courts largely have been applying a two-step inquiry, drawn from the discussion in Heller, to determine whether a particular law is constitutional. First, courts ask whether the challenged law burdens conduct protected by the Second Amendment. If it does not, the inquiry ends, as the law does not implicate the Second Amendment. But if the challenged law does burden conduct protected by the Second Amendment

109 Id.
110 McDonald, 561 U.S. at 858, 884, 890 (Stevens, J., dissenting).
111 Id. at 897 (Stevens, J., dissenting) (internal quotation marks and citations omitted). Justice Stevens added that “[t]he idea that States may place substantial restrictions on the right to keep and bear arms short of complete disarmament is, in fact, far more entrenched than the notion that the Federal Constitution protects any such right,” noting that “[f]ederalism is a far older and more deeply rooted tradition than is a right to carry or to own any particular kind of weapon.” See id. at 899 (internal quotation marks and citation omitted).
112 See, e.g., McDonald, 561 U.S. at 767 (“[I]n Heller, we held that individual self-defense is ‘the central component’ of the Second Amendment right.”); United States v. Masciandaro, 638 F.3d 458, 467 (4th Cir. 2011) (“The upshot of [Heller and McDonald] is that there now exists a clearly-defined fundamental right to possess firearms for self-defense within the home. But a considerable degree of uncertainty remains as to the scope of that right beyond the home and the standards for determining whether and how the right can be burdened by governmental regulation.”); see also Pratheepan Gulasekaram, “The People” of the Second Amendment: Citizenship & The Right to Bear Arms, 85 N.Y.U. L. Rev. 1521, 1522-23 (2010).
113 See, e.g., Powell v. Tompkins, 783 F.3d 332, 347 n.9 (1st Cir. 2015) (collecting cases); N.Y. State Rifle & Pistol Ass’n v. Cuomo, 804 F.3d 242, 254 & n.49 (2d Cir. 2015) (collecting cases); see also Ezell v. City of Chicago, 651 F.3d 684, 701 (7th Cir. 2011) (“The [Supreme] Court resolved the Second Amendment challenge in Heller without specifying any doctrinal ‘test’ for resolving future claims.”).
114 See, e.g., United States v. Jimenez, 895 F.3d 228, 232 (2d Cir. 2018); Silvester v. Harris, 843 F.3d 816, 820-21 (9th Cir. 2016).
115 See, e.g., United States v. Jimenez, 895 F.3d 228, 232 (2d Cir. 2018); Silvester v. Harris, 843 F.3d 816, 820-21 (9th Cir. 2016).
Amendment, courts next ask whether, under some type of means-end scrutiny (described in more detail below), the law is constitutional under that standard of review.\footnote{116}{See id.}

The Seventh Circuit stands out among the circuit courts of appeal for, at times, taking a somewhat different approach in the two-step analysis. In recent cases the court has declined, at step two, to dig “deeply into the ‘levels of scrutiny’ quagmire.”\footnote{117}{Ezell, 651 F.3d at 703.} Instead, the court evaluates “the strength of the government’s justification for restricting or regulating the exercise of Second Amendment rights.”\footnote{118}{See id. at 708. For a description of strict scrutiny, see infra section “Step Two: Applicable Standard of Review.”} When the firearm restriction implicates core Second Amendment rights, the Seventh Circuit has suggested that the government must make a “rigorous showing” that may resemble something close to strict scrutiny.\footnote{119}{Skoien, 614 F.3d at 641-42; see also Ezell, 651 F.3d at 708 (“In Skoien we required a ‘form of strong showing’—a/k/a ‘intermediate scrutiny’— in a Second Amendment challenge.”); Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185, 194 (5th Cir. 2012) (commenting that Skoien “eschew[ed] the two-step framework . . . but appl[ied] intermediate scrutiny to a categorical restriction); United States v. Reese, 627 F.3d 792, 801 (10th Cir. 2010) (noting that the Seventh Circuit’s test in Skoien resembles intermediate scrutiny). For a description of intermediate scrutiny, see infra section “Step Two: Applicable Standard of Review.”} For less severe burdens, the court requires the government to make a “strong showing” that a firearm regulation bears a “substantial relation” to an important governmental objective—a standard that resembles the intermediate scrutiny standard of review.\footnote{120}{Skvoien, 614 F.3d at 641-42; see also Ezell, 651 F.3d at 708 (“In Skoien we required a ‘form of strong showing’—a/k/a ‘intermediate scrutiny’— in a Second Amendment challenge.”); Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185, 194 (5th Cir. 2012) (commenting that Skoien “eschew[ed] the two-step framework . . . but appl[ied] intermediate scrutiny to a categorical restriction); United States v. Reese, 627 F.3d 792, 801 (10th Cir. 2010) (noting that the Seventh Circuit’s test in Skoien resembles intermediate scrutiny). For a description of intermediate scrutiny, see infra section “Step Two: Applicable Standard of Review.”}

It is also worth noting that, although the D.C. Circuit has applied the two-step approach when evaluating firearm legislation,\footnote{121}{Heller v. District of Columbia (Heller II), 670 F.3d 1244, 1252 (D.C. Cir. 2011) (“We accordingly adopt, as have other circuits, a two-step approach to determining the constitutionality of the District’s gun laws.”). But see Wrenn v. District of Columbia, 864 F.3d 650, 664-67 (declining to review under any tier of scrutiny a D.C. firearm law that the court viewed as a “total ban” on exercising “core” Second Amendment activity).} the newest member of the Supreme Court bench—Justice Kavanaugh—advocated for a different approach while serving as a judge on the D.C. Circuit, arguing that: “In my view,” he stated, “Heller and McDonald leave little doubt that courts are to assess gun bans and regulations based on text, history, and tradition, not by a balancing test such as strict or intermediate scrutiny.”\footnote{122}{Heller II, 670 F.3d at 1271 (Kavanaugh, J., dissenting).}

\section*{Step One: Scope of Second Amendment Protection}

The first question in the two-part framework asks whether the challenged law targets conduct within the scope of the Second Amendment’s protections. In making this determination, the reviewing courts typically engage in a textual and historical inquiry into the original meaning of the right, as the Supreme Court majority did in \textit{Heller}.\footnote{123}{See, e.g., Ezell, 651 F.3d at 701-02; Woollard v. Gallagher, 712 F.3d 865, 875 (4th Cir. 2013); United States v. Greeno, 679 F.3d 510, 518 (6th Cir. 2012); Nat’l Rifle Ass’n of Am., 700 F.3d at 194.} Yet, even after concluding that the challenged regulation does not burden protected activity, courts, at times, have applied step two out of an “abundance of caution,” given the lack of guidance from the Supreme Court as to how courts should analyze Second Amendment claims.\footnote{124}{See, e.g., Nat’l Rifle Ass’n of Am., 700 F.3d at 204; see also Woollard, 712 F.3d at 875 (“We are not obliged to impart a definitive ruling at the first step . . . . And indeed, we and other courts of appeals have sometimes deemed it prudent to instead resolve post-\textit{Heller} challenges to firearm prohibitions at the second step.”).}
“Longstanding” and “Presumptively Lawful” Regulations

For certain types of firearms regulations, some courts ask under step one whether the challenged regulation is “longstanding” and “presumptively lawful” and, if the answer is in the affirmative, the inquiry ends. This analysis derives from the passage in *Heller* in which the Supreme Court announced that “nothing in our opinion should be taken to cast doubt on longstanding prohibitions” that the Court considered to be “presumptively lawful,” on the possession of weapons by certain categories of persons and in certain “sensitive places,” as well as restrictions on possessing and selling certain types of weapons. In particular, the Court mentioned that such laws include those prohibiting felons and the mentally ill from possessing weapons; forbidding firearms from being carried in schools and government buildings; and imposing conditions on the commercial sale of firearms. This list was not meant to be exhaustive, and the Court did not elaborate further. Some scholars have dubbed this passage *Heller*’s “safe harbor,” intimating that restrictions similar to those listed in *Heller* would be found constitutional. Dissimilarly, at least one circuit court has said that if a firearms regulation is “longstanding,” it is not automatically constitutional but, rather, “enjoy[s] more deferential treatment” at step two.

Whether at step one or two, the federal courts have grappled with what makes a particular firearm restriction “longstanding” and “presumptively lawful.” Laws aligning neatly with those specifically recited by the *Heller* majority have been upheld, in some courts, as falling into *Heller*’s safe harbor. For laws falling outside those specified in *Heller*, the courts have generally found that a regulation can be longstanding even without a “precise founding-era analogue.” This is so because laws that the Supreme Court cited as “longstanding” in *Heller*—like laws barring felons and the mentally ill from possessing firearms, were not statutorily prohibited until the mid-twentieth century. Conversely, other courts have observed the “relative futility of ‘pars[ing] these passages of *Heller* as if they contain an answer’” to whether certain gun prohibitions are valid. Additionally, one circuit court has criticized placing regulations into

---

125 See Jordan E. Pratt, *A First Amendment-Inspired Approach to Heller’s “Schools” and Government Buildings,* 92 Neb. L. Rev. 537, 562 (2014) (“While most of the federal circuits have settled on a bifurcated scope-scrutiny framework for dealing with Second Amendment challenges, they disagree on where to place Heller’s ‘presumptively lawful regulatory measures’ on that framework. Some circuits treat them as categorical exceptions that either presumptively or conclusively burden conduct that falls completely outside the scope of the Second Amendment.”).

126 See District of Columbia v. Heller, 554 U.S. 570, 626-27 & n.26 (2008). Courts have pondered the weight to give that passage in response to assertions that it is dicta that need not be followed, but courts have generally given it great weight, noting, for example, that “it was in fact an important emphasis upon the narrowness of the holding itself and it directly informs the holding in that case.” See, e.g., Bonidy v. U.S. Postal Serv., 790 F.3d 1121, 1124 (10th Cir. 2015).


128 Id. at 626-27 & n.26.


130 See Teixeira v. County of Alameda, 882 F.3d 1047, 1056 (9th Cir. 2016).

131 See Kiehl, supra note 126, at 1142-44; see also United States v. Phillips, 827 F.3d 1171, 1174 (9th Cir. 2016) (concluding that § 922(g)(1) falls into *Heller*’s safe harbor); United States v. Humphrey, 753 F.3d 813, 818 (8th Cir. 2014) (same); but see United States v. Williams, 616 F.3d 685, 692-94 (applying intermediate scrutiny to analysis of constitutionality of felon-in-possession statute).

132 Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185, 196 (5th Cir. 2012); see also United States v. Skoien, 614 F.3d 638, 641 (7th Cir. 2010) (en banc) (“We do take from *Heller* the message that exclusions need not mirror limits that were on the books in 1791.”).

133 Nat’l Rifle Ass’n of Am., 700 F.3d at 196.

134 See United States v. Booker, 644 F.3d 12, 23 (1st Cir. 2011) (quoting *Skoien*, 614 F.3d at 640).
the so-called “safe harbor” because, in its view, that approach is too similar to rational-basis review, which 
Heller rejected. 135

Additionally, the circuit courts have been attempting to decipher why the Supreme Court designated certain firearms restrictions as presumptively lawful. 136 Some courts have interpreted 
Heller’s discussion of presumptively lawful “longstanding prohibitions” on certain firearms to mean that such firearms are outside the scope of the Second Amendment. 137 Others presume, 
subject to rebuttal, that a longstanding regulation is unprotected by the Second Amendment and 
thus lawful. 138 Yet another interpretation that has been offered is that longstanding regulations are 
lawful not because they are outside the scope of the Second Amendment, but because, despite 
burdening protected activity, they would survive analysis under any standard of scrutiny. 139 So 
unlike the first two interpretations, which inquire into whether a regulation is presumptively 
lawful, under this latter view, the inquiry would take place during step two.

Step Two: Applicable Standard of Review

At step two, most courts analyze the challenged regulation under a particular level of scrutiny. 
Typically, constitutional claims are evaluated under rational basis, intermediate, or strict 
scrutiny. 140 Rational basis review is the most deferential to legislatures, with courts asking 
whether a statute is rationally related to a legitimate government purpose. 141 Under strict 
scrutiny—the most exacting standard of review—the government must show that the regulation 
furthers a compelling governmental interest and is narrowly tailored to serve that interest. 142 In 
between those two is intermediate scrutiny, in which a court asks whether (1) the regulation 
furthers a substantial or important governmental interest; (2) there is a reasonable or substantial 
fit between the asserted interest and the challenged law; and (3) the restriction is no greater than 
necessary to further that interest. 143 Under this method, “the fit needs to be reasonable,” but “a 
perfect fit is not required.” 144

135 See United States v. Greeno, 679 F.3d 510, 517-18 (6th Cir. 2012). For a description of rational basis review, 
see infra “Step Two: Applicable Standard of Review.”

136 See, e.g., United States v. Chester, 628 F.3d 673, 679 (4th Cir. 2010); see also Jeff Golimowski, Note, Pulling the 
(“Lower courts are struggling to determine how to address existing gun laws because Heller did not explain why 
some laws seem to restrict the Second Amendment right are presumptively lawful.”).

137 See United States v. Huet, 665 F.3d 588, 600 (3d Cir. 2012) (“The longstanding limitations mentioned by the 
Court in Heller are exceptions to the right to bear arms.”); Nat’l Rifle Ass’n of Am., 700 F.3d at 196; United States v. 
Bena, 664 F.3d 1180, 1183 (8th Cir. 2011); United States v. Marzzarella, 614 F.3d 85, 91 (3d Cir. 2010).

138 Tyler v. Hillsdale Cty. Sheriffs Dep’t, 837 F.3d 678, 686, 690 (6th Cir. 2016) (en banc); Heller II, 670 F.3d 1244, 
1253 (D.C. Cir. 2011); United States v. Williams, 616 F.3d 685, 692 (7th Cir. 2010).

139 Nat’l Rifle Ass’n of Am., 700 F.3d at 196; Marzzarella, 614 F.3d at 91.

140 See Mario Barnes & Erwin Chemerinsky, The Once & Future Equal Protection Doctrine?, 43 CONN. L. REV. 1059, 
1076-90 (2011); Ashutosh Bhagwat, Hard Cases and the (De)volution of Constitutional Doctrine, 30 CONN. L. REV. 

141 See, e.g., U.S. R.R. Retirement Bd. v. Fritz, 449 U.S. 166, 184 (1980); Bowman v. United States, 563 F.3d 765, 
775-76 (6th Cir. 2008).

142 See, e.g., Reed v. Town of Gilbert, Ariz., 135 S. Ct. 2218, 2231 (2015); Republican Party of Minn. v. White, 416 
F.3d 738, 749 (8th Cir. 2005).

143 See, e.g., Milavetz, Gallop & Milavetz, P.A. v. United States, 559 U.S. 229, 249 (2010); Drake v. Filko, 724 F.3d 
426, 436 & n.14 (3d Cir. 2013).

144 United States v. Staten, 666 F.3d 154, 162 (4th Cir. 2011); see also N.Y State Rifle & Pistol Ass’n v. Cuomo, 804 
F.3d 242, 261 (2d Cir. 2015) ("So long as the defendants produce evidence that ‘fairly support[s]’ their rationale, the
Heller provided little guidance on how courts ought to review Second Amendment claims. The Supreme Court majority seemed to reject rational basis, as well as Justice Breyer’s proposed interest-balancing inquiry, as adequate analytical tools. In the majority opinion, though, the Court made numerous comparisons between the rights secured by the First and Second Amendments. Accordingly, to determine the applicable level of scrutiny, courts have looked to First Amendment jurisprudence for guidance. The Supreme Court’s First Amendment jurisprudence applies strict scrutiny to laws that regulate the content of a message. But if a law regulates only the time, place, or manner of how a message is conveyed, that law is subject to intermediate scrutiny. As in that context, in Second Amendment challenges courts typically will “consider the nature of the conduct being regulated and the degree to which the challenged law burdens the right.” Thus, “[a] less severe regulation—a regulation that does not encroach on the core of the Second Amendment—requires a less demanding means-end showing.” In that case, courts apply a form of intermediate scrutiny to Second Amendment challenges. For instance, in United States v. Masciandaro, the Fourth Circuit drew a line between firearm possession in the home versus outside the home, concluding that strict scrutiny would apply to the former and intermediate scrutiny to the latter:

We assume that any law that would burden the “fundamental,” core right of self-defense in the home by a law-abiding citizen would be subject to strict scrutiny. But, as we move outside the home, firearm rights have always been more limited, because public safety interests often outweigh individual interests in self-defense.

laws will pass constitutional muster” under intermediate scrutiny (quoting City of Los Angeles v. Alameda Books, Inc. 535 U.S. 425, 438 (2002)).


Id. at 628 n.27, 634-35 (“If all that was required to overcome the right to keep and bear arms was a rational basis, the Second Amendment . . . would have no effect.”); see Friedman v. City of Highland Park, Ill., 784 F.3d 406, 410 (7th Cir. 2015) (“If the Second Amendment imposed only a rational basis requirement, it wouldn’t do anything.”); United States v. Chester, 628 F.3d 673, 682 (4th Cir. 2010) (“Heller left open the level of scrutiny applicable to review a law that burdens conduct protected under the Second Amendment, other than to indicate that rational-basis review would not apply in this context.”).

See Chester, 628 F.3d at 682.

See, e.g., United States v. Chovan, 735 F.3d 1127, 1138 (9th Cir. 2013); Chester, 628 F.3d at 682 (“Given Heller’s focus on ‘core’ Second Amendment conduct and the Court’s frequent references to First Amendment doctrine, we agree with those who advocate looking to the First Amendment as a guide in developing a standard of review for the Second Amendment.”); see also Lauren Paglini, Comment, How Far Will the Strictest State Push the Limits: The Constitutionalities of California’s Proposed Gun Law Under the Second Amendment, 23 Am. U. J. Gender Soc. Pol’y & L. 459, 469 (2015).


See, e.g., Kolbe v. Hogan, 813 F.3d 160, 179 (4th Cir. 2016) (internal quotation marks and citation omitted); Chovan, 735 F.3d at 1138; Nat’l Rifle Ass’n of Am. v. ATF, 700 F.3d 185, 195 (5th Cir. 2012).

See, Nat’l Rifle Ass’n of Am., 700 F.3d at 195.

See, e.g., id.

United States v. Masciandaro, 638 F.3d 458, 470-71 (4th Cir. 2011) (citing Heller); see also Gould v. Morgan, 907 F.3d 659, 672 (1st Cir. 2018) (“We hold that the core right protected by the Second Amendment is—as Heller described it—the right of law-abiding, responsible citizens to use arms in defense of hearth and home.”) (quoting District of Columbia v. Heller, 554 U.S. 570, 635 (2008)); Bondy v. U.S. Postal Serv., 790 F.3d 1121, 1126 (10th Cir. 2015) (“If Second Amendment rights apply outside the home, we believe they would be measured by the traditional test of intermediate scrutiny.”); Kachalsky v. County of Westchester, 701 F.3d 81, 89 (2d Cir. 2012) (“What we know from [Heller and McDonald] is that Second Amendment guarantees are at their zenith within the home.”).
Borrowing further from First Amendment jurisprudence, several courts have asked whether a firearm law regulates only the “time, place, and manner” in which a person may exercise Second Amendment rights.155 If so, intermediate scrutiny would be warranted.156 Finally, based on Heller, most courts have viewed rational-basis review as “off the table,” leaving strict and intermediate scrutiny—the two categories of heightened scrutiny—for the courts to choose from.157

**Post-Heller Rulings on the Constitutionality of Federal and State Firearm Regulations**

*Heller* largely left unresolved much of the “who, what, where, when, and why” of Second Amendment protections.158 The Supreme Court did make clear, however, that the Second Amendment (1) applies to law-abiding citizens who seek to use firearms for lawful purposes, particularly for self-defense in the home; and (2) does not protect dangerous and unusual weapons.159 Since *Heller* and *McDonald*, the lower courts have been attempting to apply *Heller* in various Second Amendment challenges to federal, state, and local firearm laws. This section of the report highlights cases that have examined what classes of persons, weapons, and places are protected by the Second Amendment, as well as the manner in which such categories may be permissibly regulated. Concerning federal regulations, most challenges stem from provisions of the Gun Control Act of 1968, as amended, which places limitations on the commercial sale and possession of firearms in interstate commerce.160 The challenged state laws and regulations vary; this report highlights challenges to state assault weapon bans, concealed carry restrictions, firearm licensing schemes, and the commercial sale of arms, among others.

**What Categories of Persons May Be Subject to Firearm Regulations?**

**Age Restrictions**

Federal laws imposing age restrictions on gun possession and purchasing have survived judicial challenges. For instance, it is unlawful under 18 U.S.C. § 922(x)(2)(A) for juveniles (statutorily defined as persons under 18) to possess a handgun (subject to several exceptions).161 Shortly after

---

155 See, e.g., Chovan, 735 F.3d at 1145-45; United States v. Marzzarella, 614 F.3d 85, 97 (3d Cir. 2010). When a law places a content-neutral, “time, place, and manner” restriction on public speech, only intermediate scrutiny is warranted. See, e.g., Ward v. Rock Against Racism, 491 U.S. 781 (1989).

156 See, e.g., Marzzarella, 614 F.3d at 97.

157 See, e.g., Nat’l Rifle Ass’n of Am., 700 F.3d at 197.

158 See United States v. Huitron-Guzar, 678 F.3d 1164, 1166 (10th Cir. 2012) (internal quotations omitted) (observing that the right to bear arms is qualified in numerous ways).

159 Phrased differently, “the right to bear arms, as codified in the Second Amendment, affords no protection to ‘weapons not typically possessed by law-abiding citizens for lawful purposes.’” See Marzzarella, 614 F.3d at 90-91 (quoting District of Columbia v. Heller, 554 U.S. 570, 625 (2008)).


161 See Youth Handgun Safety Act, § 110201(a) of the Violent Crime Control and Law Enforcement Act of 1994, P.L. 103-322, 108 Stat. 1796 (1994). Exceptions to § 922(x)’s ban include possession in the course of employment, farming at the juvenile’s residence, target practice, hunting, and instruction; possession with prior written consent of the juvenile’s parent or guardian; possession in connection with membership in the armed services; and use for self-defense.
Heller, a 17-year-old convicted under § 922(x) challenged his conviction in the First Circuit, arguing that the statute violated his rights under the Second Amendment. In particular, he argued that his interest in self-defense is “just as strong” as that of an adult and that the statute—enacted in 1994—cannot be viewed as “longstanding.” But the First Circuit in United States v. Rene E. disagreed, concluding that there has been a “longstanding tradition of prohibiting juveniles from both receiving and possessing handguns,” with age-based gun restrictions being in place under federal law since 1968 and restrictions on juvenile possession of guns dating back more than a century at the state level. Thus, the court concluded that the federal ban on juvenile possession of handguns fell within Heller’s safe harbor for longstanding restrictions on firearm possession.

Another provision in the Gun Control Act (and corresponding regulations) makes it unlawful for firearm dealers to sell handguns to persons under 21 years old. The law was challenged in National Rifle Association v. ATF by persons between 18 and 21 years old who argued that it unconstitutionally burdened their right to keep and bear arms under the Second Amendment. In its ruling, the Fifth Circuit commented that it was “inclined to uphold” the law and regulation under step one as a longstanding restriction outside the scope of the Second Amendment after finding historical support for similar firearm restrictions. Nevertheless, in an “abundance of caution,” the court proceeded to step two of the two-part test formed after Heller. At step two, the court applied intermediate scrutiny, concluding that the age-based restriction does not burden the Second Amendment’s core protections of law-abiding, responsible citizens, because “Congress found that persons under 21 tend to be relatively irresponsible and can be prone to violent crime, especially when they have easy access to handguns.” Nor does the restriction prevent 18- to 21-year-olds from possessing handguns for self-defense in the home because, the court added, these persons may lawfully acquire handguns from responsible parents or guardians. Ultimately, the court concluded that the laws survived intermediate scrutiny because the government showed a nexus between the firearm restriction and the government’s interest in keeping guns out of the hands of young persons. In doing so, the court gave particular attention to Congress’s findings after a multi-year investigation that there was a causal relationship between the easy availability of firearms to persons under 21 and a rise in crime.


162 United States v. Rene E., 583 F.3d 8 (1st Cir. 2009).
163 Id. at 12.
164 Id. at 12-15.
165 Id. at 15-16.
167 Nat’l Rifle Ass’n of Am., Inc. v. ATF, 700 F.3d 185 (5th Cir. 2012).
168 Id. at 200-04.
169 Id. at 204.
170 Id. at 205-06.
171 Id. at 206-07. In the dissent from the denial of rehearing en banc, six judges argued that the panel erred in applying intermediate scrutiny because, in their view, the restriction implicates the core function of the Second Amendment. See Nat’l Rifle Ass’n of Am., Inc. v. ATF, 714 F.3d 334 (5th Cir. 2013) (dissent from denial of rehr’g en banc). And even under that lower standard of scrutiny, the dissent would have held the law unconstitutional. See id.
172 Nat’l Rifle Ass’n of Am., 700 F.3d at 207-11.
173 Id. at 207.
Felons

Under 18 U.S.C. § 922(g)(1), the Gun Control Act makes it a criminal offense for a felon to possess a firearm. After Heller, the federal circuit courts have unanimously concluded that § 922(g)(1) does not violate the Second Amendment. In upholding § 922(g)(1), some courts have relied on the passage in Heller in which the Supreme Court announced that “nothing in our opinion should be taken to cast doubt on the longstanding possession of firearms by felons.” For example, in United States v. Vongxay, the Ninth Circuit rejected an argument that this proclamation in Heller was mere dicta that the court need not follow and upheld the challenged provision as constitutional. Other courts, like the D.C. Circuit, have opined that “history and tradition support the disarmament of those who were not (or could not be) virtuous members of the community,” and thus all felons are excluded from the Second Amendment. Yet some courts have opined, however, that the Supreme Court, “by describing the felon disarmament ban as ‘presumptively lawful,’” meant that even if a facial challenge were to fail, the presumption could be rebutted in an as-applied challenge. For example, the Third Circuit sitting en banc in Binderup v. Attorney General United States of America held that a person could rebut the presumption in an as-applied challenge to § 922(g)(1) if that person could sufficiently distinguish himself (and the crime of conviction) from the “traditional justifications” for excluding convicted felons from possessing firearms. The Fourth Circuit held more narrowly in Hamilton v. Pallozzi that generally, a felony conviction “removes one from the class of ‘law-abiding, responsible citizens,’ for the purposes of the Second Amendment,” unless the person receives a pardon or the

174 Under the statute, a felon is a person “who has been convicted in any court of a crime punishable by imprisonment for a term exceeding one year.” 18 U.S.C. § 922(g)(1). Some states have similar provisions. See, e.g., CAL. PENAL CODE § 29800; ME. REV. STAT. ANN. tit. 15, § 393.

175 See, e.g., Medina v. Whitaker, 913 F.3d 152, 155-56 (D.C. Cir. 2019) (collecting cases); United States v. Moore, 666 F.3d 313, 316-17 (4th Cir. 2012) (collecting cases).

176 See, e.g., Moore, 666 F.3d at 318 (“To the extent that Moore, or any similarly situated defendant, raises a facial challenge to the validity of § 922(g)(1), the clear declaration in Heller that such a felon in possession laws are a presumptively lawful regulatory measure resolves that challenge fairly quickly.”); see also United States v. Barton, 633 F.3d 168, 171-72 (3d Cir. 2011); United States v. Rozier, 598 F.3d 768, 770-71 (11th Cir. 2010); United States v. Vongxay, 594 F.3d 1111, 1115 (9th Cir. 2010).

177 Vongxay, 594 F.3d at 1115; see also Barton, 633 F.3d at 171-72 (rejecting contention that the Heller passage is “mere dicta”); Rozier, 598 F.3d at 771 n.6 (same).

178 See Medina, 913 F.3d at 159-60.

179 See Binderup v. Attorney Gen. of U.S., 836 F.3d 336, 347, 350 (3d Cir. 2016) (en banc); Kanter v. Barr, —F.3d—, No. 18-1478, 2019 WL 1219564, at *5 (7th Cir. Mar. 15, 2019) (listing circuits that “have left room for as-applied challenges” to 18 U.S.C. § 922(g)(1)); an as-applied challenge “argues that a law is unconstitutional as enforced against the plaintiffs before the court,” as opposed to a facial challenge to a law’s constitutionality, which is “an effort to invalidate the law in each of its applications, to take the law off the books completely.” See Speet v. Schuette, 726 F.3d 867, 871-72 (6th Cir. 2013) (internal quotations marks and citations omitted). For as-applied challenges to 18 U.S.C. § 922(g)(1), a defendant would have to “show facts about his conviction that distinguishes him from other convicted felons encompassed by the § 922(g)(1) prohibition.” Medina, 913 F.3d at 160; see also United States v. Adams, 914 F.3d 602, 605 (8th Cir. 2019) (“At a minimum, to succeed on an as-applied challenge, [the litigant] must establish (1) that the Second Amendment protects his particular conduct, and (2) that his prior felony conviction is insufficient to justify the challenged regulation of Second Amendment rights.”).

180 836 F.3d 336, 347 (3d Cir. 2016) (en banc), cert. denied, 137 S. Ct. 2323 (2017). Although a majority of the en banc court agreed on that basic framework for evaluating an as-applied challenge, there was no majority agreement as to what the traditional justifications were for denying felons Second Amendment rights, and how one could distinguish himself from those justifications. Compare id. at 348-50 (Ambro, J.) (concluding that felons were traditionally barred from accessing firearms because the Second Amendment protects a “virtuous citizenry,” and persons who commit serious crimes cannot categorized as such), with id. at 367-75 (Hardiman, J., concurring) (concluding that felons were traditionally barred from accessing firearms because of their propensity to commit violence).
law defining the felony at issue is found unconstitutional or otherwise unlawful. Still, the court left open the possibility that the presumption could be rebutted for persons convicted of certain crimes labeled as misdemeanors but falling under the scope of § 922(g)(1) because of the potential term of imprisonment accompanying that misdemeanor. In contrast, other courts have cautioned that “the highly-individualized approach” of as-applied challenges “raises serious institutional and administrative concerns.”

One court even held that an indictment under § 922(g)(1) was constitutional even as applied to a person who was not a felon forbidden from possessing a firearm, but who was charged with aiding and abetting a felon to possess a firearm in violation of that provision. In *United States v. Huet*, the defendant was indicted under § 922(g)(1) and argued that the indictment was based solely on the government’s evidence that she possessed a rifle in her home, which she shared with a convicted felon. The district court dismissed the indictment on the ground that it would permit “the total elimination of the [Second Amendment] right of a sane, non-felonious citizen to possess a firearm, in her home, simply because her paramour is a felon.” The Third Circuit disagreed, concluding that “a properly-brought aiding and abetting charge does not burden conduct protected by the Second Amendment.” Ultimately, the Third Circuit concluded that the indictment’s dismissal was premature because the government must be allowed to further develop the evidentiary record to show that the defendant did more than merely possess a weapon in a home shared with a convicted felon, but actually aided and abetted that felon in possessing the firearm himself. If that was the case, the defendant’s conduct would be beyond the scope of the Second Amendment given *Heller*’s comment that “the Second Amendment does not afford citizens a right to carry arms for ‘any purpose.’” And aiding and abetting a convicted felon in possessing a firearm, the court concluded, is not a protected right.

**Misdemeanants of Domestic Violence**

A 1996 amendment to the Gun Control Act, commonly referred to as the Lautenberg Amendment and codified at 18 U.S.C. § 922(g)(9), prohibits persons convicted of a misdemeanor crime of domestic violence from possessing firearms. Thus far, reviewing courts have uniformly upheld

---

181 848 F.3d 614, 626 (4th Cir. 2017).
182 Id. at 626 n.11; see also Schrader v. Holder, 704 F.3d 980, 991 (D.C. Cir. 2013) (commenting, in dicta, that had the defendant raised an as-applied challenge to 18 U.S.C. § 922(g)(1), rather than arguing that it is unconstitutional as applied to all common-law misdemeanants, “we would hesitate to find [the defendant] outside the class of ‘law-abiding, responsible citizens’ whose possession of firearms is, under *Heller*, protected by the Second Amendment”).
183 Kanter, 2019 WL at *10; see also United States v. Torres-Rosario, 658 F.3d 110, 113 (1st Cir. 2011) (asserting that allowing as-applied challenges to 18 U.S.C. § 922(g)(1) “to countless variations in individual circumstances, would obviously present serious problems of administration, consistency and fair warning”).
185 Id. at 601.
186 Id. (quoting district court opinion).
187 Id. (emphasis added).
188 Id. at 601-02.
189 Id. at 602 (quoting District of Columbia v. Heller, 554 U.S. 570, 595 (2008)).
190 Id.
the provision against Second Amendment challenges.\(^{192}\) Several circuits have employed intermediate scrutiny to evaluate § 922(g)(9) and, in doing so, concluded that the firearm restriction is constitutional.\(^{193}\) For instance, in United States v. Staton, the Fourth Circuit concluded that there is a reasonable fit between § 922(g)(9) and a substantial governmental interest—reducing domestic gun violence—because the government had established that domestic violence in the United States is a serious problem with high rates of recidivism, and, additionally, the “use of firearms in connection with domestic violence is all too common.”\(^{194}\)

Another circuit court, however, concluded that § 922(g)(9) is a presumptively lawful prohibition on the possession of firearms that need not be evaluated under a particular level of scrutiny.\(^{195}\) In doing so, the Eleventh Circuit in United States v. White reasoned that § 922(g)(9) was passed, in part, because Congress had recognized that domestic violence with firearms had not been remedied by “longstanding felon-in-possession laws,” and thus the court “saw no reason to exclude § 922(g)(9) from the list of longstanding prohibitions on which Heller does not cast doubt.”\(^{196}\)

Additionally, the Seventh Circuit sitting en banc and using its unique approach\(^{197}\) upheld § 922(g)(9) as constitutional after concluding that the government made a “strong showing” that § 922(g)(9) is substantially related to an important governmental objective.\(^{198}\) In particular, the court observed that § 922(g)(9) satisfied the government’s objective of keeping firearms out of the hands of persons likely to continue to use violence (as the government had found of misdemeanants of domestic violence).\(^{199}\) In addition, studies presented showed high recidivism rates for domestic abusers and an increased risk of homicide with the presence of a firearm in the home of a convicted domestic abuser.\(^{200}\)

**Persons Subject to a Domestic Violence Protective Order**

Similarly, 18 U.S.C. § 922(g)(8), which prohibits persons subject to certain domestic violence protective orders from possessing firearms, has survived post-Heller Second Amendment challenges.\(^{201}\) For instance, in United States v. Chapman, the Fourth Circuit, applying

---


\(^{193}\) 666 F.3d 154 (4th Cir. 2011); see also United States v. Chovan, 735 F.3d 1127, 1136-42 (9th Cir. 2013) (applying strict scrutiny to uphold § 922(g)(9)); United States v. Chester, 628 F.3d 673 (4th Cir. 2010) (rejecting argument that § 922(g)(9)) is “presumptively lawful” under Heller and establishing intermediate scrutiny as the appropriate test for evaluating Second Amendment challenges to § 922(g)(9)).

\(^{194}\) United States v. Staton, 666 F.3d 154, 160-68 (4th Cir. 2011).

\(^{195}\) 593 F.3d 1199 (11th Cir. 2010).

\(^{196}\) Id. at 1205-06 (11th Cir. 2010) (internal quotation marks omitted).

\(^{197}\) See supra section “Federal Circuit Courts’ Post-Heller Approach to Second Amendment Analysis.”

\(^{198}\) United States v. Skoien, 614 F.3d 638, 641-42 (7th Cir. 2010) (en banc).

\(^{199}\) See id. at 642

\(^{200}\) Id. at 643-45.In addition to the Seventh Circuit, the First Circuit in United States v. Booker used its sister circuit’s same method of analysis to conclude that § 922(g)(9) passes constitutional muster. 644 F.3d 12, 25-26 (1st Cir. 2011).

\(^{201}\) For the protective order to come within § 922(g)(8)’s scope, it must (1) have been issued after notice and a hearing; (2) restrain the person from harassing, stalking, or threatening an intimate partner (or that partner’s child), or from engaging in conduct that would place that partner in reasonable fear of bodily injury to the partner or child; and
intermediate scrutiny, assumed without deciding that a person subject to a qualifying domestic violence restraining order fell within the Second Amendment’s protections and concluded that § 922(g)(8) does not unconstitutionally burden those protections. Intermediate scrutiny was appropriate because, the court reasoned, a person subject to a domestic violence restraining order is not entitled to the benefit of the “core right identified in Heller—the right of a law-abiding, responsible citizen to possess and carry a weapon for self-defense.” In applying intermediate scrutiny the Fourth Circuit concluded that the government established a reasonable fit between § 922(g)(8) and the government’s substantial interest in reducing domestic gun violence. In particular, the court noted that § 922(g)(8) (among other things) “by its own terms, explicitly prohibits the use, attempted use, or threatened use of physical force against [an] intimate partner or child that would reasonably be expected to cause bodily injury.” Additionally, the court observed that § 922(g)(8)’s “prohibitory sweep [is] exceedingly narrow” because the provision applies only to restraining orders currently in force.

Using a different approach, but reaching the same ultimate result, the Eighth Circuit in United States v. Bena concluded at step one of its analysis that § 922(g)(8) is constitutional on its face, reasoning that “[i]nsofar as § 922(g)(8) prohibits possession of firearms by those who are found to represent a credible threat to the physical safety of [an] intimate partner or child . . . it is consistent with a common-law tradition that the right to bear arms is limited to peaceable or virtuous citizens.”

Additionally, in an as-applied challenge, the Fourth Circuit in United States v. Mahin upheld the conviction of a person subject to a domestic violence protective order and had been found in violation of § 922(g)(8) by renting a firearm at a shooting range. The court rejected the defendant’s argument that possessing a firearm “for a limited period of time in the controlled environment of a commercial shooting range” is conduct that “must be exempted from prosecution” and is not the kind of conduct § 922(g)(8)’s seeks to criminalize. Instead, the court reasoned that the defendant, “possessed the power . . . to leave the premises and use [a firearm] against those that sought the protections of the protective order.” The court did not find it relevant that the defendant did not actually leave the shooting range with the handgun and incite violence, because the intermediate scrutiny standard of review applicable to the challenged restriction, in the court’s view, “has never been held to require a perfect end-means fit.” Accordingly, the court concluded that “[i]t is sufficient that § 922(g)(8) rests on an established

(3) include a finding that the person represents a credible threat to the physical safety of the partner or child, or prohibits the use, attempted use, or threatened use of physical force against that partner or child. 18 U.S.C. § 922(g)(8).

202 666 F.3d 220, 225 (4th Cir. 2012); see also United States v. Reese, 627 F.3d 792 (10th Cir. 2010) (upholding § 922(g)(8) under intermediate scrutiny).


204 Id. at 226-31.

205 Id. at 230.

206 Id. at 228. Additionally, the court noted that that applicable protection orders may be issued only after notice and a hearing in which the person has an opportunity to participate, thus satisfying “the fundamental requirements of procedural due process.” Id. at 228.

207 United States v. Bena, 664 F.3d 1180, 1184 (8th Cir. 2011). The court left open whether § 922(g)(8) could be unconstitutional as applied to a person subject to an order entered without a finding of dangerousness. Id. at 1185.


209 Id. at 127.

210 Id.

211 Id. at 127-28
link between domestic abuse, recidivism, and gun violence and applies to persons already individually adjudged in prior protective order to pose a future threat of abuse.”

**Unlawful Drug Users and Addicts**

18 U.S.C. § 922(g)(3), which criminalizes the possession of firearms by persons who unlawfully use or are addicted to any controlled substance, has been upheld as constitutional by several circuit courts.\(^\text{213}\) In particular, circuit courts of appeals have upheld § 922(g)(3) under the Second Amendment because the ban prohibits conduct similar to those listed in *Heller* as presumptively lawful, namely felons and the mentally ill.\(^\text{214}\) For instance, the Ninth Circuit in *United States v. Dugan* noted that habitual drug users, like felons and the mentally ill, “more likely will have difficulty exercising self-control, particularly when they are under the influence of controlled substances.”

Other circuits, however, have required the government to put forth evidence demonstrating a reasonable connection between § 922(g)(3) and an important governmental interest.\(^\text{216}\) For instance, in *United States v. Carter* the Fourth Circuit initially vacated the conviction of a person convicted under § 922(g)(3) for possessing a firearm while unlawfully using marijuana, and the court remanded the case to the district court for the parties to develop the record and make arguments as to whether the conviction withstood intermediate scrutiny.\(^\text{217}\) In evaluating the defendant’s argument, the circuit court assumed without deciding that the defendant maintains Second Amendment protection notwithstanding his drug use.\(^\text{218}\) And the court found on the record before it that the government had not demonstrated a connection between drug use and violence and thus had not shown a reasonable fit between § 922(g)(3) and its goal of keeping guns out of the hands of irresponsible and dangerous persons.\(^\text{219}\) Unlike in other cases, the government had not provided any studies, empirical data, or legislative findings to support the restriction, and instead it had argued that “the fit was a matter of common sense.”\(^\text{220}\) However, the court noted that the government’s burden on remand “should not be difficult to satisfy,” given that evidence of danger of mixing drugs and guns was, in the court’s view, “abundantly available.”\(^\text{221}\) And on remand, the government, indeed presented numerous studies showing a correlation between violent crime and drug use, which the Fourth Circuit ultimately found to substantiate the

---

\(^{212}\) Id. at 128.


\(^{214}\) See United States v. Seay, 620 F.3d 919, 925 (8th Cir. 2010) (“§ 922(g)(3) has the same historical pedigree as other portions of § 922(g) which are repeatedly upheld by numerous courts since *Heller* . . . . As such, we find that § 922(g)(3) is the type of ‘longstanding prohibition’ on the possession of firearms that *Heller* declared presumptively lawful.”); see also United States v. Dugan, 657 F.3d 998, 999-1000 (9th Cir. 2011).

\(^{215}\) See *Dugan*, 657 F.3d at 999-1000.

\(^{216}\) For example, the Seventh Circuit in *United States v. Yancey* concluded that § 922(g)(3) “is substantially related to the important government interest in preventing violent crime,” noting that “[a]mple academic research confirms the connection between drug use and violent crime.” 621 F.3d 681, 682-87 (7th Cir. 2010).

\(^{217}\) 669 F.3d 411 (4th Cir. 2012).

\(^{218}\) Id. at 416.

\(^{219}\) Id. at 417-21.

\(^{220}\) Id. at 419.

\(^{221}\) Id. at 418-19.
government’s contention that “disarming drug users reasonably serves the important governmental interest of protecting the community from gun violence.”

**Aliens**

Another provision of the Gun Control Act, 18 U.S.C. § 922(g)(5), prohibits unlawfully present aliens and most categories of nonimmigrant visa holders from possessing firearms. In determining whether the Second Amendment covers non-U.S. citizens, courts have looked to whether such persons come within the ambit of “the people” as used in the text of Second Amendment. This inquiry has produced a circuit split. Some courts that have considered the issue have concluded that “the people” does not encompass unlawfully present aliens. For instance, the Fifth Circuit in United States v. Portillo-Munoz recounted that the Supreme Court in Heller noted that “the people” include “law-abiding, responsible citizens” and “all members of the political community.” Because unlawfully present aliens fit neither description, the court concluded that they are granted no rights by the Second Amendment. Moreover, to bolster its conclusion that the restriction in § 922(g)(5) is constitutional, the court added that “Congress has the authority to make laws governing the conduct of aliens that would be unconstitutional if made to apply to citizens.”

However, a number of circuit courts, while ultimately holding § 922(g)(5) to be constitutional, have opined that “the people,” as used in the Second Amendment, could include some unlawfully present aliens. For example, in United States v. Meza-Rodriguez, the Seventh Circuit analyzed § 922(g)(5) as applied to an alien who was brought the United States as a young child. In determining whether the defendant was protected by the Second Amendment, the court analyzed

---

222 United States v. Carter, 750 F.3d 462, 465-70 (4th Cir. 2014). The Ninth Circuit recently rejected a challenge to § 922(g)(3) as unconstitutional as applied to a holder of a Nevada medical marijuana card. See Wilson v. Lynch, 835 F.3d 1083 (9th Cir. 2016). Current federal law prohibits possession and distribution of marijuana for both recreational and medicinal purposes, but a number of states have established medical marijuana regulatory regimes. See CRS Report R43435, Marijuana: Medical and Retail—An Abbreviated View of Selected Legal Issues, by Todd Garvey, Charles Doyle, and David H. Carpenter; CRS Report R43437, Marijuana: Medical and Retail—Selected Legal Issues, by Todd Garvey, Charles Doyle, and David H. Carpenter. And Congress, most recently through a FY2017 appropriations act, has prohibited the Department of Justice from using funds to “prevent” states that have already legalized medical marijuana from “implementing their own state laws that authorize the use, distribution, possession, or cultivation of medical marijuana.” Consolidated Appropriations Act, 2017, P.L. 115-31, § 537(2017) (extended into part of FY2018 by the Continuing Appropriations Act, 2018 and Supplemental Appropriations for Disaster Relief Requirements Act, 2017, P.L. 115-56). In Wilson v. Lynch, the Ninth Circuit accepted the challenger’s contention that she is not a user of marijuana and holds a state card that would permit her to use marijuana without violating state law only for political reasons. Wilson, 835 F.3d at 1091. Nevertheless, the Ninth Circuit found a reasonable fit between the law and the government’s objective in preventing gun violence, resulting in the challenged restriction surviving intermediate scrutiny analysis. Id. at 1091-95. The court added that “it is eminently reasonable for federal regulators to assume that a registry cardholder is much more likely to be a marijuana user than an individual who does not hold a registry card.” Id. at 1094.


224 See Putillo-Munoz, 643 F.3d at 439-40; United States v. Flores, 663 F.3d 1022 (8th Cir. 2011).

225 Id. at 440 (quoting District of Columbia v. Heller, 554 U.S. 570 (2008)).

226 Id.; see also United States v. Carpio-Leon, 701 F.3d 974, 978-79 (4th Cir. 2012) (declining to decide whether “the people” includes unlawfully present aliens but concluding that because such persons are not law-abiding, responsible citizens, they are beyond the scope of the Second Amendment).

227 Putillo-Munoz, 643 F.3d at 441.

228 See United States v. Torres, 911 F.3d 1253, 1261 (9th Cir. 2019); United States v. Meza-Rodriguez, 798 F.3d 664 (7th Cir. 2015); United States v. Huitron-Guizar, 678 F.3d 1164, 1169 (10th Cir. 2012).

229 Meza-Rodriguez, 798 F.3d at 666-67.
the meaning of “the people.” Like the Fifth Circuit, the Seventh Circuit found that *Heller* links Second Amendment rights to law-abiding citizens, which, as someone who entered the country illegally, Meza-Rodriguez technically is not. But the court also concluded that the Supreme Court was not defining “the people” when making that connection in *Heller*. Accordingly, the Seventh Circuit relied on the Supreme Court’s earlier opinion in *United States v. Verdugo-Urquidez*, which opined that “the people,” for the purposes of protection under the First, Second, and Fourth Amendments, “refers to a class of persons who are part of a national community or who have otherwise developed sufficient connection with this country to be considered part of that community.” The defendant in *Meza-Rodriguez* met that standard because, the Seventh Circuit concluded, he had “extensive ties” with the United States, including his 20-year residency beginning as a child, attendance at U.S. public schools, and close family relationships with persons in the United States. Nevertheless, the court held that § 922(g)(5) is constitutional, reasoning that the government made a strong showing that its interest in “prohibiting persons who are difficult to track and have an interest in eluding law enforcement” supports the firearm ban. Additionally, the Tenth Circuit in *United States v. Huitron-Guizar* assumed that unlawfully present aliens, like the defendant—who also had been in the United States for decades and was brought to the country as a young child—could assert a Second Amendment right, noting that “we hesitate to infer from *Heller* a rule that the right to bear arms is categorically inapplicable to non-citizens.” Applying intermediate scrutiny to § 922(g)(5), the court concluded that the law is constitutional, deferring to Congress’s “constitutional power to distinguish between citizens and non-citizens, or between lawful and unlawful aliens, and to ensure safety and order.” Ultimately, the court found a substantial fit between the government’s interests in crime control and public safety, and its desire to keep firearms out of the hands of those it deems as “irresponsible or dangerous.”

---

230 Id. at 669.
231 Id.
232 Id.
233 Id. at 670-71 (quoting *United States v. Verdugo-Urquidez*, 494 U.S. 259, 265 (1990)).
234 Id. at 670-72.
235 Id. at 672-73.
236 United States v. Huitron-Guizar, 678 F.3d 1164, 1168-69 (10th Cir. 2012). The Tenth Circuit also examined *Verdugo-Urquidez* but declined to draw any conclusions as to how that case would inform the circuit court’s interpretation of *Heller*’s mandates. See id. at 1167-69.
237 Id. at 1170.
238 Id. at 1169-70. Additionally, the Ninth Circuit—after assuming without deciding that certain unlawfully present aliens could garner Second Amendment protection—upheld under intermediate scrutiny 18 U.S.C. § 922(g)(5). *United States v. Torres*, 911 F.3d 1253, 1261-65 (9th Cir. 2019).
What Categories of Firearms May Be Subject to Government Regulation?

Assault Weapons and High-Capacity Magazines

Several state “assault weapon” bans have been upheld in federal court, including those in the District of Columbia, New York, Connecticut, and Maryland. The Second and D.C. Circuits, in reviewing those laws, applied intermediate scrutiny and based their decisions on the specific evidence presented to tie the bans to the asserted state interests. And most recently, the Fourth Circuit, sitting en banc, concluded that the types of assault weapons banned in Maryland do not garner Second Amendment protection.

After Heller, the District of Columbia revised its gun laws by enacting the Firearms Registration Amendment Act of 2008 (FRA). The FRA, among other things, banned assault weapons (including, as relevant here, semi-automatic rifles) and large-capacity magazines capable of holding more than 10 rounds of ammunition. In evaluating the ban’s constitutionality, the D.C. Circuit assumed that semi-automatic rifles and high-capacity magazines garner Second

---

239 The term “assault weapon ban” was generally used to describe the Public Safety and Recreational Firearms Act (part of the Violent Crime Control and Law Enforcement Act of 1994), which established a 10-year prohibition on the manufacture, transfer, and possession of certain “semiautomatic assault weapons,” as defined in the act, and large capacity ammunition feeding devices. See P.L. 103-322, 108 Stat. 1796 (1994); Christopher S. Koper, Jerry Lee Ctr. of Criminology, Univ. of Pa., Updated Assessment of the Federal Assault Weapons Ban: Impacts of Gun Markets & Gun Violence, 1994-2003, Report to the National Institute of Justice, United States Department of Justice 4 (2004), http://tinyurl.com/y2cmuqele. The 1994 law listed numerous weapons that qualified as “semiautomatic assault weapons.” P.L. 103-322, 108 Stat. 1796 (1994). Additionally, the term “semiautomatic assault weapons” also applied to: (1) “a semiautomatic rifle that has an ability to accept a detachable magazine and has at least 2 of—(i) a folding or telescoping stock; (ii) a pistol grip that protrudes conspicuously beneath the action of the weapon; (iii) a bayonet mount; (iv) a flash suppressor or threaded barrel designed to accommodate a flash suppressor; and (v) a grenade launcher”; (2) “a semiautomatic pistol that has an ability to accept a detachable magazine and has at least 2 of—(i) an ammunition magazine that attaches to the pistol outside of the pistol grip; (ii) a threaded barrel capable of accepting a barrel extender, flash suppressor, forward handgrip, or silencer; (iii) a shroud that is attached to, or partially or completely encircles, the barrel and that permits the shooter to hold the firearm with the nontrigger hand without being burned; (iv) a manufactured weight of 50 ounces or more when the pistol is unloaded; and (v) a semiautomatic version of an automatic firearm”; and (3) “a semiautomatic shotgun that has at least 2 of—(i) a folding or telescoping stock; (ii) a pistol grip that protrudes conspicuously beneath the action of the weapon; (iii) a fixed magazine capacity in excess of 5 rounds; and (iv) an ability to accept a detachable magazine.” Id. Because the current state and local laws bear similarities to the former federal law and because of the common use of the term “assault weapons bans,” in reference to these laws, for the purposes of this report, state laws, too, will be referred to as “assault weapons bans.”

240 These laws supplement firearms restrictions found in federal law, which outlaws automatic weapons, like machine guns. See 18 U.S.C. § 922(o). The circuit courts that have engaged in a post-Heller evaluation of the federal bar on machine guns have uniformly held that there is no Second Amendment right to possess such weaponry. See, e.g., United States v. Henry, 688 F.3d 637, 640 & n.3 (9th Cir. 2012) (collecting cases). For example, in United States v. Henry, the Ninth Circuit pointed to Heller’s announcement that the country’s history of banning “dangerous and unusual weapons” limits the Second Amendment right to keep and bear arms and concluded that machine guns are such weapons and thus not protected by the Second Amendment. 688 F.3d 637, 640 (9th Cir. 2012). The Third Circuit held the same. United States v. One Palmetto State Armory PA-15 Machinegun, 822 F.3d 136 (3d Cir. 2016). The Fifth Circuit also concluded that machine guns are outside the scope of the Second Amendment, but only after conducting an independent inquiry into whether machine guns are “dangerous and unusual” weapons and contending that the Heller passage is dicta. See Hollis v. Lynch, 827 F.3d 436 (5th Cir. 2016).


Amendment protection but, after applying intermediate scrutiny, concluded that the provision was constitutional. The court chose intermediate scrutiny because the law, in the court’s view, did not substantially burden the Second Amendment because it did not completely ban handgun possession—described in *Heller* as the “quintessential self-defense weapon.” Nor, the court added, did the District’s law prevent a person from having a different, “suitable and commonly used weapon” (e.g., handguns, non-automatic long guns) for self-defense in the home or hunting. Next, the D.C. Circuit concluded that the ban survived intermediate scrutiny because the record evidence substantiated the District’s assertion that the ban was substantially related to protecting police officers and crime control. For example, evidence submitted “suggest[ed that] assault weapons are preferred by criminals and place law enforcement ‘at particular risk . . . because of their high firepower.” And “the risk ‘posed by military-style assault weapons,” according to the circuit court, is “increased significantly if they can be equipped with high-capacity ammunition magazines” because, “by permitting a shooter to fire more than ten rounds without reloading, they greatly increase the firepower of mass shooters.”

The Second Circuit took a similar approach when analyzing assault weapon bans in New York and Connecticut, enacted after the shooting at Sandy Hook Elementary School in Newtown, Connecticut. In *New York State Rifle & Pistol Association v. Cuomo*, the Second Circuit, applying intermediate scrutiny, upheld provisions banning assault weapons—defined as semi-automatic weapons with certain enumerated features—and large-capacity magazines capable of holding more than 10 rounds of ammunition, declaring that the dangers posed by such weapons “are manifest and incontrovertible.” However, the court struck down one provision in each state’s law. New York’s law also had a “load limit” that banned the possession of a firearm loaded with more than seven rounds of ammunition. The court struck it down on the grounds that the ban “is entirely untethered from the stated rationale of reducing the number of assault weapons and large capacity magazines,” and New York “failed to present evidence that the mere existence of this load limit will convince any would-be malefactors to load magazines capable of holding ten rounds with only the permissible seven.” And Connecticut’s law specifically banned one non-semiautomatic weapon; the court concluded that it did not pass constitutional muster under

243 Id. at 1261. Similarly, the Ninth Circuit denied a request to enjoin a ban on high-capacity magazines in Sunnyvale, California (enacted after voters passed a ballot measure establishing the ban), concluding, among other things, that the government met its burden of showing that the ban was likely to survive intermediate scrutiny. *See Fyock v. Sunnyvale*, 779 F.3d 992 (9th Cir. 2015). Based on Sunnyvale’s evidence that large-capacity magazines increase the lethality in gunshot injuries by allowing more gunshots to be fired, the appellate court concluded the district court did not abuse its discretion in finding that the ban fit the government’s substantial interest in reducing the danger of gun violence, especially mass shootings and crimes against law enforcement. *Id.* at 1000-01.

244 *Heller II*, 670 F.3d at 1261-62 (quoting District of Columbia v. *Heller*, 554 U.S. 570, 629 (2008)).

245 Id. at 1262.

246 Id. at 1262-63

247 Id.

248 Id. at 1263.

249 N.Y State Rifle & Pistol Ass’n v. Cuomo, 804 F.3d 242 (2d Cir. 2015). Somewhat similar to *Heller II*, the Second Circuit chose intermediate scrutiny because the burden imposed by the challenged laws, though substantial, was not, in the court’s view, severe. *Id.* at 260. The court reasoned that the laws banned only a limited subset of semiautomatic firearms—those containing one or more specified military-style features—and magazines, leaving numerous alternatives for people to exercise core Second Amendment rights. *See id.*

250 Id. at 247-51.

251 Id. at 249, 264.

252 Id. at 264.
intermediate scrutiny given the state’s failure to argue how the ban related to a substantial government interest.\textsuperscript{253}

Taking a different approach, the Seventh Circuit in \textit{Friedman v. City of Highland Park} evaluated the constitutionality of a Chicago suburb’s assault weapon ban without applying a particular level of scrutiny to assess the ban’s constitutionality, but rather, by asking “whether [the] regulation bans weapons that were common at the time of ratification or those that have ‘some reasonable relationship to the preservation of a well regulated militia,’ and whether law-abiding citizens retain adequate means of self-defense.”\textsuperscript{254} The court noted that features of the banned firearms were not available at ratification but are now commonly used for military and police purposes and, thus, “bear a relation to the preservation and effectiveness of state militias.”\textsuperscript{255} Still, because states are in charge of militias, the court reasoned, state governments (and other units of local government) ought to have the authority to decide when civilians may have military-grade firearms in order to have them ready for when the militia is called to duty.\textsuperscript{256} The court also noted that other firearms, including long guns, pistols, and revolvers, were still available for self-defense.\textsuperscript{257} Accordingly, the Seventh Circuit concluded that the assault weapons ban fell within the limits established by \textit{Heller} and thus was constitutional.\textsuperscript{258} In 2015, the Supreme Court denied granting a petition for a writ of certiorari over the dissent of Justices Thomas and Scalia.\textsuperscript{259} In his dissent, Justice Thomas argued that the Seventh Circuit (and other circuits holding similarly) “upheld categorical bans on firearms that millions of Americans own for lawful purposes” and suggested that those bans ran afoul of \textit{Heller} and \textit{McDonald}.\textsuperscript{260}

Lower courts have continued to review the constitutionality of assault weapon bans. Recently, the Fourth Circuit, sitting en banc in \textit{Kolbe v. Hogan}, held that the Second Amendment does not protect the assault weapons and large-capacity magazines that Maryland had made unlawful.\textsuperscript{261} In so holding, the court relied on a passage in \textit{Heller} stating that “‘weapons that are most useful in military service—M-16 rifles and the like—may be banned’ without infringement upon the Second Amendment.”\textsuperscript{262} The court viewed \textit{Heller} as drawing a line “between weapons that are most useful in military service,” which garner no Second Amendment protection, and “those that

\textsuperscript{253} \textit{Id.} at 269. However, the court added that “[w]e do not foreclose the possibility that States could in the future present evidence to support such a prohibition. \textit{Id.}


\textsuperscript{255} \textit{Id.} at 410.

\textsuperscript{256} \textit{Id.}.

\textsuperscript{257} \textit{Id.} at 411.

\textsuperscript{258} \textit{Id.} at 412. In dissent, Judge Manion asserted that “[b]y prohibiting a class of weapons commonly used throughout the country, Highland Park’s ordinance infringes upon the rights of its citizens to keep weapons in their homes for the purpose of defending themselves, their families, and their property” and are “directly at odds with the central holdings of \textit{Heller} and \textit{McDonald}.” \textit{See id.} at 412-13 (Manion, J., dissenting). He also disagreed with the approach taken, contending that the common two-part test should have been applied. \textit{Id.} at 414-15.


\textsuperscript{260} \textit{Id.} at 447.

\textsuperscript{261} Kolbe v. Hogan, 849 F.3d 114, 121 (4th Cir. 2017) (en banc). The en banc court overturned a 3-judge panel ruling that held that Maryland’s ban on assault weapons and large-capacity magazines must be reviewed under strict scrutiny. Kolbe v. Hogan, 813 F.3d 160, 168 (4th Cir. 2016). The dissent contended, like the original 3-judge panel, that the ban should have been evaluated under strict scrutiny. \textit{Id.} at 152 (Traxler, J., dissenting).

are not.”263 And “[b]ecause the banned assault weapons and large-capacity magazines are ‘like’ ‘M-16 rifles’—‘weapons that are most useful in military service,’” the court continued, “they are among those arms that the Second Amendment does not shield.”264 For instance, the court reasoned that, although the M-16 is a fully automatic weapon, whereas the firearms banned by the challenge state law—the AR-15 and similar rifles—are semi-automatic, the two types of firearms have nearly identical rates of fire and thus share “the military features . . . that make the M16 a devastating and lethal weapon of war.”265 The court similarly concluded that large-capacity magazines, by “enable[ing] a shooter to hit multiple human targets very rapidly [and] contribut[ing] to the unique function of any assault weapon to deliver extraordinary firepower” are likewise “most useful in military service.”266 Additionally, the court held in the alternative that if the banned weapons garner any Second Amendment protection, the ban should be reviewed under intermediate scrutiny and, under that standard, the ban is lawful.267

Ammunition

At least one circuit court has found that ammunition, although not explicitly mentioned in the Second Amendment, is constitutionally protected because “the right to possess firearms for protection implies a corresponding right to obtain the bullets necessary to use them.”268 In the Ninth Circuit’s view, “without bullets, the right to bear arms would be meaningless.”269 Even with that understanding, though, the Ninth Circuit in Jackson v. City & County of San Francisco upheld a San Francisco ordinance banning the sale of ammunition with no sporting purpose that is designed to expand or fragment upon impact.270 The court concluded that banning a certain type of ammunition does not substantially burden the Second Amendment right to use firearms for self-defense because the restriction burdens only the manner in which that right is exercised, and thus ought to be reviewed under intermediate scrutiny.271 The court ultimately concluded the ordinance substantially fit San Francisco’s important interest in reducing the likelihood that shooting victims in the city will die from their injuries, noting that the city legislature, in enacting the legislation, had relied on evidence showing that hollow-point bullets are more lethal than regular bullets.272

The Third Circuit, in Association of New Jersey & Pistol Clubs, Inc. v. Attorney General of New Jersey, went a step further to hold that firearm magazines, which attach to certain firearms to feed the ammunition, are “arms” within the meaning of the Second Amendment.273 “Because

---

263 Kolbe, 849 F.3d at 137.
264 Id. at 135-36 (quoting Heller, 554 U.S. at 627).
265 Id. at 136.
266 Id. at 137.
267 Kolbe, 849 F. 3d at 138.
268 Jackson v. City & County of San Francisco, 746 F.3d 953, 967 (9th Cir. 2014) (internal quotation marks and citation omitted). The District of Columbia Court of Appeals held similarly, concluding that “from the Court’s reasoning [in Heller and McDonald], it logically follows that the right to keep and bear arms extends to the possession of handgun ammunition in the home; for if such possession could be banned (and not simply regulated), that would make it ‘impossible for citizens to use [their handguns] for the core lawful purpose of self-defense.’” See Herrington v. United States, 6 A.3d 1237, 1243 (D.C. 2010) (quoting District of Columbia v. Heller, 554 U.S. 570 (2008)).
269 Jackson, 746 F.3d at 967.
270 Id. at 967-70 (evaluating S.F. CAL. POLICE CODE § 613.10(g)).
271 Id. at 968.
272 Id. at 969.
magazines feed ammunition into certain guns, and ammunition is necessary for such a gun to function as intended,” the court concluded, “magazines are ‘arms’ within the meaning of the Second Amendment.”

After assuming without deciding that magazines are covered by the Second Amendment, the court applied intermediate scrutiny to New Jersey’s ban of large-capacity magazines capable of holding more than 10 rounds of ammunition. The Third Circuit upheld that ban, concluding that it “reasonably fits” New Jersey’s interest in promoting public safety. Further, the court opined that the New Jersey law does not burden more conduct than reasonably necessary given that the law does not disarm individuals or limit the number of firearms, magazines, or ammunition a person may lawfully possess.

Where May Firearms Be Subject to Governmental Regulation?

Firearms Outside the Home

Post-Heller, courts have disagreed about the extent to which the Second Amendment protects the right to carry firearms outside the home. For instance, the Ninth Circuit has opined that the Second Amendment “guarantee[s] some right to self-defense in public,” and that right includes openly carrying a firearm in public but not carrying a concealed firearm. First, in Peruta v. County of San Diego, the en banc Ninth Circuit concluded that the Second Amendment “does not extend to the carrying of concealed firearms in public by members of the general public.” In reaching this conclusion, the court engaged in a historical analysis to determine whether the Second Amendment codified a pre-existing right to carry a concealed weapon in public, including examining jurisprudence following the ratification of the Second and Fourteenth Amendments. Based on the Supreme Court’s ruling a few decades after the Fourteenth Amendment’s ratification, in which the Court announced that “the right of the people to keep and bear arms . . . is not infringed by laws prohibiting the carrying of concealed weapons,” plus state court rulings in the years following the Fourteenth Amendment’s ratification concluding similarly, the Ninth Circuit held that the Second Amendment “does not include, in any degree, the right of a member of the general public to carry concealed firearms.”

---

274 Id.
275 Id. at 116-18.
276 Id. at 119-24.
277 Id. at 122.
278 Young v. Hawaii, 896 F.3d 1044, 1068 (9th Cir. 2018) (referencing Peruta v. Cty. of San Diego, 824 F.3d 919 (9th Cir. 2016) (en banc), cert. denied, 137 S. Ct. 1995 (2017), which held that the Second Amendment does not include a right to carry a concealed firearm in public).
279 Peruta, 824 F.3d at 927. The Tenth Circuit, in Peterson v. Martinez, additionally concluded that the Second Amendment does not provide a right to carry a concealed firearm. 707 F.3d 1197, 1209 (10th Cir. 2013). In Peterson, the Tenth Circuit evaluated a Colorado law that barred non-Colorado residents from carrying concealed firearms in most locations, but contained exceptions for certain places, like in one’s home or place of business. Id. In upholding the law, the court observed that bans on the concealed carrying of firearms have long been on the books and have been upheld by courts going back to the nineteenth century. Id. at 1210-11. Thus, the law, in the court’s view, fell into Heller’s safe harbor. Id. at 1209-12.
280 Peruta, 824 F.3d at 929-39.
282 Peruta, 824 F.3d at 937-39 (citing Walburn v. Territory, 59 P. 972, 9 Okl. 23 (1899), State v. Workman, 14 S. E. 9, 35 W. Va. 367 (1891), and English v. State, 35 Tex. 473 (1871)).
In *Young v Hawaii*, the Ninth Circuit analyzed the question left open in *Peruta*: whether the Second Amendment encompasses the right to carry a firearm openly in public. *Young* analyzed a Hawaii statute that enabled open-carry permits to be granted, as relevant here, only to persons “engaged in the protection of life and property.” Again, the Ninth Circuit examined the text and historical understanding of the Second Amendment before concluding that “the right to bear arms must include, at the least, the right to carry a firearm openly for self-defense.” Further, the court concluded that this right is a “core” Second Amendment right, given that “*Heller* and *McDonald* describe the core purpose of the Second Amendment as self-defense,” and “much of *Heller*’s reasoning implied a core purpose of self-defense not limited to the home.” Yet, the court concluded, Hawaii’s law, which restricted open carry to persons whose work involves protecting life or property, limited open carry “to a small and insulated subset of small of law-abiding citizens.” And because the Second Amendment protects all law-abiding citizens, the court found that Hawaii’s law—which foreclosed most law-abiding Hawaiians from openly carrying a handgun in public—“amounts to a destruction” of a core Second Amendment right and cannot stand under any level of scrutiny.

Additionally, Illinois had banned persons (subject to certain exceptions) from carrying uncased, immediately accessible (i.e., ready to use) firearms outside the home, until the Seventh Circuit struck down that law in *Moore v. Madigan*, holding that it conflicted with *Heller*’s interpretation of the Second Amendment. The circuit court declined “to engage in another round of historical analysis to determine whether eighteenth-century America understood the Second Amendment to include a right to bear guns outside the home,” reasoning that “[t]he Supreme Court has decided that the amendment confers a right to bear arms for self-defense, which is as important outside the home as inside.” And the Seventh Circuit concluded that Illinois had not met its burden of showing more than a rational basis for how its “uniquely sweeping ban” justified its interest of increasing public safety.

The First Circuit similarly concluded in *Gould v. Morgan* that the Second Amendment extends to carrying firearms in public, but, in contrast to the Ninth Circuit, ruled that such activity is not core to the Second Amendment. The court so concluded when reviewing—and upholding—a Massachusetts licensing scheme for carrying firearms in public, as it had been implemented by

---

283 896 F.3d 1044 (9th Cir. 2018).
284 In *Peruta*, the en banc Ninth Circuit expressly declined to reach the question whether the Second Amendment protects the ability to carry weapons openly in public. 824 F.3d at 927.
285 HAW. REV. STAT. § 134-9; Young v. Hawaii, 896 F3d 1044, 1048-50 (9th Cir. 2018).
286 Id. at 1052-68 (emphasis added).
287 Id. at 1069-70.
288 Id. at 1071.
289 Id. (internal quotation marks omitted). The dissent would have upheld Hawaii’s law under intermediate scrutiny. Id. at 1074-83 (Clifton, J., dissenting).
290 Moore v. Madigan, 702 F.3d 933, 934, 942 (7th Cir. 2012). Four judges, including the dissenting judge in *Moore*, subsequently dissented from the denial of rehearing en banc, arguing, that “extending the right to bear arms outside the home and into the public sphere presents issues very different from those involved in the home itself, which is all the Supreme Court decided in [*Heller*].” Moore v. Madigan, 708 F.3d 901, 902 (7th Cir. 2012) (Hamilton, J., dissenting from denial of rehr’g en banc).
291 Moore, 702 F.3d at 942.
292 Id.
293 907 F.3d 659 (1st Cir. 2018).
Boston and its suburb, Brookline.\(^{294}\) Massachusetts requires a license to carry a firearm in public.\(^{295}\) Local licensing authorities “may issue” a license, as relevant here, to persons with “good reason to fear injury to the applicant or the applicant’s property or for any other reason, including the carrying of firearms for use in sport or target practice only.”\(^{296}\)

The litigants challenged Boston and Brookline’s similar, respective policies that require an applicant to identify “a need above and beyond a generalized desire to be safe” in order to establish “good reason to fear injury.”\(^{297}\) Applicants who cannot so establish may still receive one of several types of restricted licenses that allow the license holder to carry a firearm when engaged in a specified activity, such as for employment, hunting, target practice, and sport.\(^{298}\) The First Circuit first concluded that the Second Amendment protects public carrying of firearms.\(^{299}\) The court reasoned, for example, that it would have been “peculiar” for the Supreme Court to describe the Second Amendment right to be “most acute” in the home if the right was limited to the home.\(^{300}\) Still, the First Circuit opined that the right to carry firearms in public is not a core Second Amendment activity, again harking back to *Heller*’s pronouncement that “the need for defense of self, family, and property is most acute” thus “elevat[ing] above all other interests the . . . defense of hearth and home.”\(^{301}\) Because public carrying of firearms is not core Second Amendment activity, the First Circuit applied intermediate scrutiny to Boston and Brookline’s licensing schemes.\(^{302}\) The court concluded that the fit between the governments’ asserted public-safety interests and their “good reason to fear injury” requirement for an unrestricted license “is close enough to pass intermediate scrutiny.”\(^{303}\) The court reasoned that the localities, in “[s]triving to strike a balance” between protecting Second Amendment rights and advancing public safety, did not burden more conduct than reasonably necessary. For instance, the court recounted that the localities offer and grant various restricted licenses, and thus did not completely ban the right to carry firearms in public.\(^{304}\) In this vein, the First Circuit distinguished Boston and Brookline’s licensing regimes from those struck down by the Ninth Circuit in *Young* and the Seventh Circuit in *Moore*.\(^{305}\)

**“Good Cause” Requirements for Concealed Carry Licenses**

Some states and localities have enacted measures requiring a person seeking a concealed carry license to demonstrate “good cause” for needing one. The courts that have reviewed such measures have produced divergent rulings on the extent to which the ability to carry a concealed

\(^{294}\) *Gould*, 907 F.3d at 674, 676.


\(^{297}\) *Gould*, 907 F.3d at 664.

\(^{298}\) *Id.* The individual litigants (as opposed to the organizational plaintiff) received licenses restricted to those activities. *Id.* at 665.

\(^{299}\) *Id.* at 670.

\(^{300}\) *Id.* (quoting District of Columbia v. *Heller*, 554 U.S. 570, 628 (2008)).

\(^{301}\) *Id.* at 671 (quoting *Heller*, 554 U.S. at 628).

\(^{302}\) *Id.* at 673-77.

\(^{303}\) *Id.* at 674.

\(^{304}\) *Id.*

\(^{305}\) *Id.*
firearm is protected by the Second Amendment and what level of scrutiny should be applied to such laws.  

For instance, in *Kachalsky v. County of Westchester*, the Second Circuit considered a challenge by persons who were denied an unrestricted concealed carry license under New York law. According to the state’s concealed carry requirements, an applicant must demonstrate “proper cause” to obtain a concealed carry license—a restriction that had been construed by the New York state courts to require an applicant seeking an unrestricted concealed carry license for self-defense purposes to “demonstrate a special need for self-protection distinguishable from that of the general community or of persons engaged in the same profession.” The plaintiffs in *Kachalsky* argued that the concealed carry law is unconstitutional by preventing them from “carry[ing] weapons in public to defend themselves from dangerous confrontation.” But the Second Circuit rejected that contention. Assuming that the Second Amendment applied and employing intermediate scrutiny on account of the gun restriction affecting activities outside the home, *Kachalsky* held that the New York statute was substantially related to the government’s interests in public safety and crime prevention. And requiring persons to show an objective threat to personal safety before obtaining a concealed carry license, the court reasoned, is consistent with the right to bear arms for self-defense with a firearm until the objective circumstances justify the use of deadly force.

California has a somewhat similar law as that upheld in *Kachalsky*: An officer “may” issue a concealed carry licenses to applicants who have demonstrated good moral character and good cause for the license. But when two California counties’ policies for determining good cause were challenged under the Second Amendment, the Ninth Circuit, sitting en banc in *Peruta v. County of San Diego*, as mentioned above, concluded that the Second Amendment “does not extend to the carrying of concealed firearms in public by members of the general public.”

---

306 *Id.* at 86-87 (internal quotation marks and citations omitted).
307 701 F.3d 81 (2d Cir. 2012).
308 *Id.* at 86 (internal quotation marks and citations omitted).
309 *Id.* at 87-88 (2d Cir. 2012).
310 *Id.* at 93-100.
311 *Id.* at 100. Conversely, a recent district court ruling from District of Columbia applied strict scrutiny to D.C.’s “good reason” requirement for a concealed carry permit when a challenger requested that the court preliminarily enjoin the law. See *Grace v. District of Columbia*, F.Supp.3d —, No. 15-2234, 2016 WL 2908407 (D. D.C. May, 17, 2016).
312 Under the law, enacted in 2015, the Chief of the Metropolitan Police Department “may” issue a license to carry a concealed firearm upon a finding that “it appears that the applicant has good reason to fear injury to his or her person or property or has any other proper reason for carrying a pistol, and the he or she is a suitable person to be so licensed.” D.C. CODE § 22-4506(a). To show a good reason to fear in jury, the applicant must show “a special need for self-protection distinguishable from the general community as supported by evidence of specific threats or previous attacks that demonstrate a special danger to the applicant’s life.” D.C. CODE § 7-2509-11(1)(A). Other “proper reasons” include employment in a job requiring handling cash or other valuables transported on the person. D.C. CODE § 7-2509-11(1)(B). The court concluded that the right to carry weapons outside the home not only is protected by the Second Amendment, but is one of its “core” protections “given that the Second Amendment’s central purpose is self-defense and that this need arises more frequently in public, it logically follows that the right to carry arms for self-defense in public lies at the very heart of the Second Amendment.” *Id.* at *11-12. The court found the burden to be substantial, applied strict scrutiny, and concluded that the law “likely” was not narrowly tailored to promote a compelling government interest. *Id.* at *13-15. An appeal has been filed, and the case is pending in the D.C. Court of Appeals.
313 *Cal. Penal Code* § 26150(a). California’s penal code contains many other exceptions to its general ban against carrying weapons in public. See *Cal. Penal Code* §§ 25300-26405
314 *Peruta v. County of San Diego*, 824 F.3d 919, 927 (9th Cir. 2016) (en banc), *cert. denied*, 137 S. Ct. 1995 (2017). The court expressly declined to reach the question whether the Second Amendment protects the ability to carry weapons openly in public. *Id.*
Accordingly, because concealed carry is not encompassed by the Second Amendment, the Ninth Circuit held that California’s good-cause requirement withstood constitutional scrutiny.314

Breaking with the Second and Ninth Circuits, the D.C. Circuit in Wrenn v. District of Columbia held that the right of law-abiding citizens to carry a concealed firearm in public (i.e., “concealed carry”) is a core component of the Second Amendment and struck down the District’s good-cause concealed carry regime.315 The District of Columbia’s framework regulating concealed carry authorized the Chief of the Metropolitan Police Department to issue a concealed carry license to a person who, as relevant here, has “good reason to fear injury to his or her person or property” or “any other proper reason for carrying a pistol.”316 Demonstrating the requisite fear “at a minimum require[s] a showing of a special need for self-protection distinguishable from the general community as supported by evidence of specific threats or previous attacks that demonstrate a special danger to the applicant’s life.”317 Other “proper reasons” where a concealed carry license could be granted included employment requiring handling cash or other valuables to be transported by the applicant.318 In striking down the District’s law, the D.C. Circuit first held that the core right in the Second Amendment for law-abiding citizens to keep and bear arms for self-defense extends beyond the home.319 But instead of choosing a level of scrutiny under which to analyze the law, the court ruled that the District’s law effectively is a “total ban” on the exercise of that core right and thus is per se unconstitutional.320 In particular, the court reasoned that the District’s law “destroys the ordinarily situated citizen’s” self-defense needs by requiring law-abiding citizens to demonstrate a need for self-protection that is “distinguishable” from other law-abiding members of the community.321 Thus, the court concluded that it “needn’t pause to apply tiers of scrutiny, as if strong showings of public benefits could save this destruction of so many commonly situated D.C. residents’ constitutional right to bear common arms for self-defense in any fashion at all.”322 After the D.C. Circuit declined the District’s request to rehear the case en banc, the District announced that it would not seek Supreme Court review, thus leaving the circuit split intact.323

314 Id. There were two dissenting opinions. In one, Judge Silverman stated that he would have concluded that the law could not survive heightened scrutiny. Id. at 956-58 (Silverman, J., dissenting). In another, Judge Callahan contended that “the majority eviscerates the Second Amendment right of individuals to keep and bear arms as defined by Heller and reaffirmed in McDonald. Id. at 946 (Callahan, J., dissenting). Falling somewhere between the Ninth and Second Circuit decisions is the Third Circuit’s ruling in Drake v. Filko, which alternatively held that (1) New Jersey’s requirement that individuals seeking to carry a handgun in public must demonstrate “a justifiable need” is a longstanding regulation that does not burden conduct within the scope of the Second Amendment’s protections; and (2) even if the law burdened protected Second Amendment rights, the law survived intermediate scrutiny. 724 F.3d 426, 429-40 (3d Cir. 2013) (analyzing N.J. STAT. ANN. § 2C:58-4(c)). Justifiable need is defined under New Jersey law as “the urgent necessity for self-protection, as evidenced by specific threats or previous attacks which demonstrate a special danger to the applicant’s life that cannot be avoided by means other than by issuance of a permit to carry a handgun.” N.J. ADMIN. CODE § 12:54-2.3(d)(1).


316 D.C. CODE § 22-4506(a).

317 Id. § 7-2509.11(1)(A).

318 Id. § 7-2509.11(1)(B).

319 Wrenn, 864 F.3d at 657.

320 Id.

321 Id. at 666.

322 Id.

323 See Ann E. Marimow & Peter Jamison, WASH. POST, D.C. Will Not Appeal Concealed Carry Gun Ruling to Supreme Court (Oct. 5, 2017), https://www.washingtonpost.com/local/dc-politics/dc-will-not-appeal-gun-law-to-supreme-court/2017/10/05/e0e7c054-a9d0-11e7-850e-2b0d1236be5d_story.html?utm_term=.072137d1a7c7; Martin
Storage Requirements

For handguns to be kept in a residence in San Francisco, California the law requires that those handguns, when not on the person, be stored in a locked container or disabled with a trigger lock. The Ninth Circuit evaluated this requirement in Jackson v. City and County of San Francisco. The circuit court found that, although the law implicates the core of the Second Amendment right by imposing restrictions on the use of handguns in the home, unlike the former D.C. law evaluated in Heller requiring handguns to be made completely inoperable, the burden in San Francisco’s law was not substantial, and thus intermediate scrutiny was warranted. The court appeared to distinguish San Francisco’s law from D.C.’s former law by noting that firearms kept in modern gun safes may be quickly opened and retrieved for use. Moreover, the court noted that, although the law makes it more difficult for residents to use handguns for self-defense in the home by having to retrieve the firearm from a locked container or remove a trigger lock, the requirement still burdens only the manner in which persons exercise their Second Amendment right.

Thus, the court concluded that a higher level of scrutiny was unwarranted.

Under intermediate scrutiny, the Ninth Circuit concluded that there was a reasonable fit between the regulation and the city’s substantial interest in reducing the number of gun-related injuries and deaths from unlocked handguns in the home. On appeal to the Supreme Court, the Court denied certiorari in Jackson over the dissent of Justices Thomas, who was joined by Justice Scalia. Justice Thomas described Jackson as “in serious tension with Heller” by prohibiting San Francisco residents from keeping their handguns “‘operable for the purpose of immediate self-defense,’ when not carried on their person.” Justice Thomas added that such a burden on a core Second Amendment right “is significant,” stating that “nothing in our decision in Heller suggested that a law must rise to the level of the absolute prohibition at issue in that case to constitute a ‘substantial burden’ on the core of the Second Amendment right.”

Government Property

Challenges brought against firearm prohibitions on federal property raise the question of whether such prohibitions fall into Heller’s safe harbor for “sensitive places.” For instance, by regulation, firearms are prohibited on U.S. postal property. In Bonidy v. U.S. Postal Service, a Colorado resident with a concealed carry permit challenged the regulation as unconstitutional under the


324 S.F. CAL. POLICE CODE, art. 45, § 4512.
325 Jackson v. City & County of San Francisco, 746 F.3d 953 (9th Cir. 2014).
326 Id. at 964-65.
327 Id. at 964.
328 See id.
329 See id.
330 Id. at 965-66.
332 Id. at 2801 (quoting District of Columbia v. Heller, 554 U.S. 570, 630 (2008)). Justice Thomas added that San Francisco’s ordinance “burdens [its residents’] right to self-defense at the times they are most vulnerable—when they are sleeping, bathing, changing clothes, or otherwise indisposed.” Id.
333 Id.
334 30 C.F.R. § 232.1(l).
Second Amendment as applied to him because it forbade him from carrying his firearm into his local post office, as well as storing it in his car in the post office’s parking lot while picking up his mail.\footnote{Bonidy v. U.S. Postal Serv., 790 F.3d 1121, 1122-23 (10th Cir. 2015).} The Tenth Circuit rejected his claims, concluding that the restrictions did not implicate the Second Amendment because they concerned locations that were on government property.\footnote{Id. at 1124-29.} In doing so, the court relied on the passage in \textit{Heller} that carrying firearms in sensitive places like government buildings are presumptively lawful.\footnote{Id. at 1124-25.} According to the circuit court, that language applies “with the same force” to the parking lot adjacent to a government post office because “the parking lot should be considered as a single unit with the postal building.”\footnote{Id. at 1125, 1128 (noting that post office parking lots often include collection boxes, thus allowing postal transactions to take place in the parking lot).} Yet noting that the restriction’s application to the parking lot question presented a closer question than the restriction’s application to the postal building, the Tenth Circuit alternatively concluded that, even assuming that Second Amendment rights applied there, the regulation survived intermediate scrutiny.\footnote{Id. at 1125-26.} Ultimately, the Tenth Circuit concluded that the regulation was substantially related to the government’s important interest in providing a safe environment for its employees and visitors.\footnote{Id. at 1126. In a separate opinion, Judge Tymkovich disagreed with the conclusion that the regulation is lawful as applied to the parking lot. Id. at 1129-41 (Tymkovich, J., dissenting).} And despite the challenger’s contention that the regulation is over-inclusive because his post office is open to the public at all times yet “relatively unsecured,” the court concluded that the U.S. Postal Service “is not required to tailor its safety regulations to the unique circumstances of each customer, or to craft different rules for each of its more than 31,000 post offices, or to fashion one set of rules for parking lots and another for its buildings.”\footnote{Id. at 1127.}

In another case involving government property, a federal circuit court concluded that a former Department of the Interior regulation prohibiting persons from possessing a loaded weapon in vehicles on national park grounds was constitutional after applying intermediate scrutiny.\footnote{Id. (internal quotation marks omitted).} The issue was brought to the Fourth Circuit in \textit{United States v. Masciandaro} when a defendant convicted under the regulation contended that it violated his rights under the Second Amendment because he carried a handgun for self-defense when he slept in his car in national parks.\footnote{See United States v. Masciandaro, 638 F.3d 458, 460 (4th Cir. 2011) (evaluating former 36 C.F.R. § 2.4(b)). The regulation was promulgated pursuant to the Secretary of the Interior’s authority under 16 U.S.C. § 3 “to make and public such rules and regulations as he may deem necessary or proper for the use and management of the parks . . . . under the jurisdiction of the National Park Service.” Id. at 460-61. After the defendant’s arrest but before his conviction, the Secretary of the Interior revised the regulation to permit persons to possess operable firearms in a national park so long as it is legal to do so in the state in which the park was located. See 74 Fed. Reg. 74,966, 74,971-72 (Dec. 10, 2008); Masciandaro, 638 F.3d at 460-61. That provision is now codified at 36 C.F.R. § 2.4(a).} The government argued that national parks are the kind of “sensitive place[s]” envisioned by \textit{Heller}
where firearm bans would be presumptively lawful.\textsuperscript{344} The Fourth Circuit declined to evaluate that argument, concluding, instead, that regardless of a national park’s status as a “sensitive place,” the regulation survived intermediate scrutiny.\textsuperscript{345} Under that analysis, the court ruled that the government has a substantial interest in providing safety to national park visitors, and the regulation was a narrow prohibition that was “reasonably adapted” to the government’s interest. Furthermore, the court reasoned that loaded firearms concealed in vehicles are more dangerous, as they can fire accidentally or provide an opportunity for an assailant to flee.\textsuperscript{346}

\section*{How May the Government Regulate Firearms Sales?}

\textit{Interstate Acquisition of Firearms}

The Gun Control Act invokes Congress’s power to regulate interstate commerce\textsuperscript{347} as a jurisdictional hook to regulate the sale and possession of firearms and ammunition. Accordingly, the statutory scheme for who may possess and sell firearms, and how and where they may be acquired and possessed, are tethered to interstate commerce. As for firearm sales, two Gun Control Act provisions generally forbid direct handgun sales by a federally licensed firearms dealer to anyone who is not a resident in the state where the holder of the federal firearms license (FFL) is located. \textsuperscript{18}U.S.C. § 922(a)(3) bars anyone except a licensed firearms importer, manufacturer, dealer, or collector from transporting into or receiving in the state where he resides a firearm that was purchased or obtained in a different state; in other words, a non-licensed person is prohibited from transporting across state lines firearms acquired outside of his state of residence.\textsuperscript{348} Similarly, 18 U.S.C. § 922(b)(3) prohibits, subject to exception, federally licensed importers, manufacturers, dealers, or collectors from selling or delivering any firearm to a person who is not a resident of the state in which the licensee’s business is located.\textsuperscript{349} Thus, under these two provisions, for someone to acquire a handgun from another state, that person must have the firearms transferred from an FFL holder in the other state to an FFL holder in the state of residence.\textsuperscript{350}

When analyzing a facial challenge to § 922(a)(3), the Second Circuit in \textit{United States v. Decastro} concluded that § 922(a)(3) only minimally burdens the ability of acquire a firearm and is therefore permissible. Notably, in reaching this conclusion the Second Circuit did not apply heightened scrutiny.\textsuperscript{351} Instead, the court looked to First Amendment jurisprudence, which allows for content-neutral time, place, or manner regulations of free speech.\textsuperscript{352} In the court’s view, “[b]y analogy, [a] law that regulates the availability of firearms is not a substantial burden on the right to keep and bear arms if adequate alternative remain for law-abiding citizens to acquire a firearm for self-defense.”\textsuperscript{353} Accordingly, for the defendant’s facial challenge to prevail, he would have to

\begin{footnotesize}
\begin{itemize}
\item \textsuperscript{344} Id. at 471.
\item \textsuperscript{345} Id. at 473.
\item \textsuperscript{346} Id.
\item \textsuperscript{347} U.S. Const. art. I, § 8, cl. 3 (“The Congress shall have Power . . . To regulate Commerce with foreign Nations, and among the several States, and with the Indian Tribes.”)
\item \textsuperscript{348} 18 U.S.C. § 922(a)(3); see United States v. Decastro, 682 F.3d 160, 162 (2d Cir. 2012).
\item \textsuperscript{349} 18 U.S.C. § 922(b)(3); see Mance v. Sessions, 896 F.3d 699, 702 (5th Cir. 2018).
\item \textsuperscript{350} See Mance, 896 F.3d at 701-02.
\item \textsuperscript{351} Decastro, 682 F.3d at 164-67.
\item \textsuperscript{352} Id. at 167-68.
\item \textsuperscript{353} Id. at 168.
\end{itemize}
\end{footnotesize}
show that “‘no set of circumstances exist under which the [statute] would be valid, i.e., that the law is unconstitutional in all of its applications,’ or at least that it lacks a ‘plainly legitimate sweep.’”354 And the defendant could not prevail because, the court concluded, the statute has a plainly legitimate sweep by helping states enforce their own gun laws.355 Nor would the federal prohibition on the interstate transfer of firearms be rendered unconstitutional in the event that some state laws governing firearm sales were found to be unconstitutional because the federal restriction contains no provision that facially “sanctions, compels, or encourages states” to burden the Second Amendment.356

Later, the Fifth Circuit in *Mance v. Sessions* addressed a Second Amendment challenge to 18 U.S.C. § 922(b)(3) and concluded that the statute withstood strict scrutiny.357 In doing so, the court assumed without deciding that the Second Amendment protects against residency restrictions on the purchase of firearms and that strict scrutiny would be applied to any such restriction.358 The court concluded that the interstate sale restriction was narrowly tailored to prevent the circumvention of the many differing handgun laws throughout the nation.359 The court concluded that it would be unreasonable for the federal government to require licensed dealers to maintain up-to-date mastery of the handgun laws within all fifty states the District of Columbia—a necessary requirement were the government to authorize the direct interstate sale of handguns from a licensed dealer to a non-licensed person.360 Further, Section 922(b)(3) is the least restrictive means of ensuring that state handgun laws are not evaded because, the court concluded, a qualified non-licensed person may have the desired out-of-state handgun transferred to an in-state licensed dealer after only a de minimis delay.361

**Commercial Sale of Firearms**

So far one federal court of appeals—the Ninth Circuit—has engaged in an in-depth analysis of whether the Second Amendment includes a right to sell commercial firearms. Overturning a 3-judge panel of the Ninth Circuit, an 11-judge en banc panel concluded in *Teixeira v. County of Alameda* that there is no independent Second Amendment right to sell firearms.362 At issue in *Teixeira* was an ordinance in Alameda County, California, requiring businesses seeking to sell firearms to obtain a permit.363 A permit would not be granted if, as relevant here, the business would be within 500 feet of a residentially zoned district.364 After Alameda County denied a

---

355 *Id.* at 168-69.
356 *Id.* at 169.
357 *Mance v. Sessions*, 896 F.3d 699, 704 (5th Cir. 2018). The court also considered, and rejected, an as-applied challenge. *Id.* at 705-11. The court concluded that the plaintiffs were “not prohibited by the federal laws from purchasing and possessing handguns, and the requirement that a handgun purchased from [a federal firearms license holder] outside of the District be transferred to [a federal firearms license holder] in the District to consummate the purchase is the least restrictive means of assuring that the [plaintiffs] and those similarly situated are authorized under the District’s laws to purchase and possess the particular firearms that they seek to buy.” *Id.* at 711.
358 *Id.*
359 *Id.* at 707.
360 *Id.* at 707-08.
361 *Id.* at 709-10.
362 *Teixeira v. Cty. of Alameda*, 873 F.3d 670 (9th Cir. 2017) (en banc).
363 See ALAMEDA COUNTY, CA. CODE OF ORDINANCES § 17.54.131.
364 See *id.*
permit on that ground to applicants seeking to open a retail firearms store, the applicants challenged the zoning ordinance under the Second Amendment.365

The en banc Ninth Circuit concluded that “the Second Amendment does not confer a freestanding right, wholly detached from any customer’s ability to acquire firearms, upon a proprietor of a commercial establishment to sell firearms.”366 The court reasoned that regulations on firearms sales fall into Heller’s safe harbor for “presumptively lawful” regulations “imposing conditions and qualifications on the commercial sale of arms.”367 Still, the court viewed Heller’s safe harbor language as “sufficiently opaque” to warrant a full textual and historical review of the Second Amendment’s applicability to the commercial sale of arms.368 This review led the court to the same conclusion: The Second Amendment, as written, “did not encompass a freestanding right to engage in firearms commerce divorced from the citizenry’s ability to obtain and use guns.”369

But the right to acquire firearms, the Ninth Circuit clarified, is protected.370 The court reasoned that “the core Second Amendment right to keep and bear arms for self-defense wouldn’t mean much without the ability to acquire arms.”371 And though the court concluded that firearms dealers may assert that right on behalf of their potential customers, in this case, the permit applicants did not allege that the zoning permit denial interfered with the ability of Alameda County residents to acquire firearms.372 The court explained that evidence established that, without the gun store that the partners sought to open, “Alameda County residents may freely purchase firearms within the County,” given that County was already home to 10 gun stores, including one that stood 600 feet away from the proposed site of the new store.373 And, the court continued, “gun buyers have no right to have a gun store in a particular location, at least as long as their access is not meaningfully constrained.”374 Accordingly, the court declined to determine the precise scope of the right to acquire firearms and the appropriate level of review to analyze claims of a deprivation of that right.375

After Teixeira, the Ninth Circuit was tasked with evaluating under the Second Amendment a California law regulating the types of handguns that may be sold within the state.376 Several California residents challenged in Pena v. Lindley provisions of the state’s Unsafe Handgun Act (UHA), which, subject to exception, limits the commercial sale of new handgun models to those that (1) stamp microscopically the handgun’s make, model, and serial number onto each fired

365 Teixeira, 873 F.3d at 675-76.
366 Id.at 682.
367 Id. (quoting Heller, 554 U.S. 570, 626-27 & n.26 (2008)).
368 Id. at 682-83.
369 Id. at 684.
370 Id. at 678.
371 Id. (internal quotation marks and citations omitted).
372 Id.
373 Id. at 679.
374 Id. at 680.
375 Id. at 678.
376 See Pena v. Lindley, 898 F.3d 969 (9th Cir. 2018).
shell casing,377 (2) have a chamber load indicator,378 and (3) have a magazine disconnect mechanism.379

The Ninth Circuit assumed without deciding that the UHA provisions burdened protected Second Amendment conduct and applied intermediate scrutiny, reasoning that the restrictions would not burden core Second Amendment rights.380 The court explained, for instance, that there was no evidence that the new required features interfered with the functionality of any handguns and that “all of the plaintiffs admit that they are able to buy an operable handgun suitable for self-defense—just not the exact gun they want.”381 Applying intermediate scrutiny, the court concluded that the requirements for a chamber load indicator and magazine disconnect mechanism reasonably fit the state’s substantial public-safety interest in preventing accidental firearm discharges.382 Next, the court concluded that California had established a reasonable fit between the microstamping requirement, which limits the availability of untraceable bullets, and the state’s substantial governmental interest in public safety and crime prevention.383 And in doing so, the court, invoking the reasoning in Teixeira, emphasized the law’s application to the commercial sale of firearms, explaining that the ban applies only to manufacturers, importers, and dealers but does not punish individuals for possessing firearms made without the required features.384

### Waiting Periods

California has a 10-day waiting period for most firearm purchases, meaning that a firearm cannot be delivered to a prospective purchaser until 10 days have passed, even after the completion of the required background check.385 The Ninth Circuit upheld the law under the Second Amendment when it was challenged as applied to certain Californians who previously had been vetted to qualify to purchase and possess a firearm under California law (referred to by the court as “subsequent purchasers”).386 The court assumed that the California waiting-period laws fell within the Second Amendment’s ambit and applied intermediate scrutiny, explaining that the law places only a small burden on the exercise of Second Amendment rights by requiring prospective purchasers to wait the incremental period between the completion of the background check and the end of the cooling-off period before acquiring a firearm.387

---

377 **CAL. PENAL CODE** § 31910(7).
378 *Id.* § 31910(b)(5). This firearm characteristic shows when there is a cartridge in the firing chamber. *Id.* § 16380.
379 *Id.* § 31910(b)(5). This mechanism “prevents a semiautomatic pistol that has a detachable magazine from operating to strike the primer of ammunition in the firing chamber when a detachable magazine is not inserted in the semiautomatic pistol.” *Id.* § 16900.
380 *Pena*, 898 F.3d at 976-77.
381 *Id.* at 978,
382 *Id.* at 980-81.
383 *Id.* at 981-86.
384 *Id.* at 985-86. A district court in Massachusetts also upheld under the Second Amendment the constitutionality of a Massachusetts law forbidding the commercial sale of handguns without a chamber load indicator or magazine safety disconnect. Draper v. Healey, 98 F. Supp. 3d 77, 85 (D. Mass. 2015), aff’d on other grounds, Draper v. Healey, 827 F.3d 1 (1st Cir. 2016) (Souter, J., sitting by designation).
386 Silvester v. Harris, 843 F.3d 816, 819 (9th Cir. 2016).
387 *Id.* at 827.
the court concluded that there was a reasonable fit between the government’s legitimate, stated objective of promoting safety and reducing gun violence, and applying the cooling-off period to subsequent purchasers. The court pointed to studies showing that “a cooling-off period may prevent or reduce impulsive acts of gun violence or self-harm” for all purchasers, including subsequent purchasers. Accordingly, the Ninth Circuit upheld California’s waiting period as applied to subsequent purchasers.

How May the Government Regulate Firearm Ownership Through Registration and Licensing Schemes?

License to Possess Firearms

The Supreme Court is set to review during the October 2019 term whether New York City’s (NYC’s) “premise license” scheme passes muster under the Second Amendment. In New York State, it is a crime to possess or carry a handgun without a license. The license at issue in the lawsuit—a “premises license”—authorizes the license holder to possess a handgun in the licensee’s home.

The NYC Police Commissioner, by delegation, issues handgun licenses to NYC residents. A NYC premise license authorizes the license holder to keep a handgun only at the address specified on the license. The licensee may remove the handgun from that address only for two purposes: (1) to transport the handgun to and from an authorized shooting range within the City “[t]o maintain proficiency in the use of the handgun,” and (2) to transport the handgun to and from areas designated by the New York State Fish and Wildlife Law for authorized hunting, so long as the permit holder has received a hunting amendment to the premises license. In both situations, the transported handgun must be unloaded, in a locked container, and held separately from any ammunition.

Three NYC residents (and the organizational plaintiff, New York State Rifle & Pistol Association) challenged the constitutionality of NYC’s premises licensing scheme. Each plaintiff seeks to take a premises licensed handgun to shooting ranges outside of the City, and one plaintiff wants to take his handgun to a second home elsewhere in New York. As relevant here, the plaintiffs contend that the premises license restriction on transporting firearms outside of one’s residence, with its limited exceptions, violates the Second Amendment. In particular, the plaintiffs argue that the City’s premises license scheme deprives them of their Second Amendment right to self-
defense in a home other than the NYC home attached to the license, and the corollary right to develop competency in the use of the licensed handgun. The District Court for the Southern District of New York found no Second Amendment violation, and the Second Circuit affirmed.\footnote{400} The Second Circuit assumed that the Second Amendment protects activity restricted by the premises license and determined the provision ought to be evaluated under intermediate scrutiny.\footnote{401} In doing so, the court considered “how close the law comes to the core of the Second Amendment right” and “the severity of the law’s burden on that right.”\footnote{402} Citing \textit{Heller}, the court opined that a statute implicates “core” Second Amendment activity when it interferes with the ability to protect in the home oneself and one’s family and property.\footnote{403} But the court concluded that the premises license law “imposes no direct restriction at all on the right of the Plaintiffs, or of any other eligible New Yorker, to obtain a handgun and maintain it at their residences for self-protection,” given that the law is designed to authorize handgun possession in one’s home.\footnote{404} Nor, the court added, does “the City's regulatory scheme impose[] any undue burden, expense, or difficulty that impedes their ability to possess a handgun for self-protection” because no evidence was presented showing that the law impacted a NYC resident’s ability to acquire a second handgun for a second home, or that associated costs with doing so “would be so high as to be exclusionary or prohibitive.”\footnote{405} Next, the court “assume[d] that the ability to obtain firearms training and engage in firearm practice is sufficiently close to core Second Amendment concerns that regulations that sharply restrict that ability to obtain such training could impose substantial burdens on core Second Amendment rights.”\footnote{406} Given the existence of seven authorized firing ranges within City limits, however, the court concluded that the “[p]laintiffs have sufficient opportunities to train with their firearms.”\footnote{407}

Finally, the Second Circuit concluded that the premises license scheme survived intermediate scrutiny.\footnote{408} The City argued that “limiting the geographic range in which firearms can be carried allows the City to promote public safety by better regulating and minimizing the instances of unlicensed transport of firearms on city streets.”\footnote{409} The court concluded that there was a substantial fit between the licensing regime and the City’s important interests in public safety and crime prevention, and observed that plaintiffs presented a “dearth of evidence” to support their contention that the licensing regime imposed a substantial burden on their protected rights.\footnote{410}

At this stage in the proceedings, the plaintiffs—now the petitioners—reiterate that NYC’s premises license law imposes a severe burden on their Second Amendment right to keep a handgun in the home for self-defense and to enhance the safe and effective use of their handguns.\footnote{411} Plaintiffs characterize as “nonsensical” the City’s asserted public safety interest

\begin{footnotes}
\item[{400}] Id. at 54-64.
\item[{401}] Id. at 55-62.
\item[{402}] Id. at 56 (internal quotation marks and citations omitted).
\item[{403}] Id. (citing District of Columbia v. Heller, 554 U.S. 570, 628 (2008)).
\item[{404}] Id. at 59
\item[{405}] Id. at 58-59.
\item[{406}] Id. at 58.
\item[{407}] Id. at 60-61.
\item[{408}] Id. at 64.
\item[{409}] Id. at 63.
\item[{410}] Id. at 62-64.
\item[{411}] Petition for Writ of Certiorari at 12-17, N.Y. State Rifle & Pistol Ass’n v. City of New York, 883 F.3d 45 (2d Cir. 2018), cert. granted in — S. Ct.—, No. 18-280, 2019 WL 271961 (2019).\end{footnotes}
because, in their view, the City is proliferating “both the number and the transportation of handguns within [City] limits” in two ways: (1) by requiring handguns to be carried within the City (to shooting ranges) when they could be transported outside of the City, and (2) by requiring handguns to sit unattended in vacant homes when a City resident is at a second home.412 NYC objects, contending first that evidence “explained the need to be able to effectively monitor and enforce the limits on the transport of handguns by individuals who have only a premises license, and not a carry license,” which the City could not effectively do in the past when premises license holders could transport handguns to shooting ranges outside of NYC.413 NYC also argues that forcing NYC residents to leave handguns in vacant homes would create a public-safety risk only if premises license holders are not safely storing their handguns.

Notably, to answer whether NYC’s premise licensing scheme comports with the Second Amendment, the Supreme Court likely will have to determine how Second Amendment claims should be evaluated. As this report highlights, the lower courts have generally adopted a two-part framework for evaluating Second Amendment claims.415 However, some dissenting judges, including now-Justice Kavanaugh while he served on the D.C. Circuit, have advocated for a different approach—one that would analyze the Second Amendment’s text, history, and tradition, rather than apply a balancing test like strict or intermediate scrutiny.416 These dissenting opinions potentially could be invoked in further briefing in this case in an effort to persuade a majority of Justices to adopt a “history and tradition” approach to analyzing Second Amendment claims. Furthermore, the Court may also resolve the split among the circuit courts about what constitutes “core” Second Amendment activity.

**Firearm Registration Requirements**

Washington D.C.’s 2008 FRA (discussed above) also required firearm owner to register their firearms (limited to no more than one pistol in a 30-day period) and, in doing so, submit each pistol to be registered for ballistics identification. Applicants were required, among other things, to renew each registration in person every three years, have vision qualifying for a driver’s license, submit to being fingerprinted and photographed, submit to a background check every six years, and attend a specified amount of firearms training or safety instruction.418 These

---

412 Id. at 15-16.
414 Id. at 22-23.
415 See supra Section “Federal Circuit Courts’ Post-Heller Approach to Second Amendment Analysis.”
416 See Tyler v. Hillsdale Cty. Sheriff’s Dep’t, 837 F.3d 678 (6th Cir. 2016) (en banc) (Batchelder, J., concurring in most of the judgment) (arguing that the circuit’s two-step approach “fails to give adequate attention to the Second Amendment’s original public meaning . . . [and] it is that meaning—as Heller and McDonald make unmistakably clear—inform[ed] as it is by the history and tradition surrounding that right, that counts.”); Houston v. City of New Orleans, 675 F.3d 441 (5th Cir. 2012) (Elrod, J., dissenting) (“Heller and McDonald dictate that the scope of the Second Amendment be defined solely by reference to its text, history, and tradition.”); Heller II, 670 F.3d 1244, 1271 (D.C. Cir. 2011) (Kavanaugh, J., dissenting) (“In my view, Heller and McDonald leave little doubt that courts are to assess gun bans and regulations based on text, history, and tradition, not by a balancing test such as strict or intermediate scrutiny.”).
417 Compare, e.g., Wrenn v. District of Columbia, 864 F.3d 650, 661 (D.C. Cir. 2017) (holding that the right of law-abiding citizens to carry a concealed firearm is a core component of the Second Amendment), with Peruta v. Cty. of San Diego, 824 F.3d 919, 942 (9th Cir. 2019) (en banc) (holding that the Second Amendment does not protect carrying concealed firearms in public).
requirements applied to long guns in addition to handguns.\textsuperscript{419} The new registration requirements were challenged as unconstitutional. The D.C. Circuit concluded that the “mere registration” of a handgun, alone, is a presumptively lawful, longstanding regulation “deeply enough rooted in our history to support the presumption that a registration requirement is constitutional.”\textsuperscript{420} But as applied to long guns, the court concluded, registration is novel.\textsuperscript{421} As for some of D.C.’s particular registration requirements listed above (as well as all of the requirements as applied to long guns), the court concluded that those must be evaluated under intermediate scrutiny to determine their constitutionality because they do not severely limit the exercise of Second Amendment rights.\textsuperscript{422} The D.C. Circuit concluded, however, that the District had not demonstrated a “tight fit” between the registration requirements and its asserted interests of protecting police officers and crime control.\textsuperscript{423} The court stated that the District must “present some meaningful evidence, not mere assertions, to justify its predictive judgments” about reducing firearms-related crimes, and the circuit court therefore remanded the case to the district court for the parties to have the opportunity to further develop the record.\textsuperscript{424}

After this ruling, the District revised its firearms laws by enacting the Firearms Amendment Act of 2012 (FAA), removing some, but not all of the contested registration requirements for handguns and keeping basic registration requirements for long guns, along with many other generally applicable requirements for persons registering firearms.\textsuperscript{425} Those requirements came before the D.C. Circuit again in a third round of \textit{Heller v. District of Columbia}.\textsuperscript{426} First, the court concluded that the burden from the basic registration requirements as applied to long guns was de minimis and thus did not implicate the Second Amendment.\textsuperscript{427} The other requirements were met with different results. The court ruled that the District’s asserted interests in protecting police officers and promoting public safety were substantial, but the circuit court concluded that only the interest in promoting public safety reasonably fit with some, but not all, of the contested regulations.\textsuperscript{428} Those that reasonably fit the public-safety interest, in the court’s view, included the requirements to appear in person and be photographed and fingerprinted; the $13 fee to register the firearm, along with the $35 fee for fingerprinting; and the requirement that applicants satisfy a safety and training course requirement.\textsuperscript{429} Those that did not survive scrutiny included (1) the requirement to bring the firearm to registration; (2) the requirement to renew registration every three years; (3) the requirement to have knowledge of local gun laws; and (4) the prohibition on registering more than one pistol in a 30-day period.\textsuperscript{430} These divergent results were a product of

\textsuperscript{419} Id. at 1255.
\textsuperscript{420} Id. at 1253. Also in the vein of the government’s ability to track firearms, the constitutionality of 18 U.S.C § 922(k)—which criminalizes the possession of a firearm with its serial number altered, removed, or obliterated—was upheld under intermediate scrutiny because, according to the Third Circuit, the law fit reasonably with the government’s law enforcement interest in tracing weapons used in crimes by “reach[ing] only conduct creating a substantial risk of rendering firearms untraceable.” \textit{See} United States v. Marzzarella, 614 F.3d 85, 98-99 (3d Cir. 2010).
\textsuperscript{421} \textit{Heller II}, 670 F.3d at 1255.
\textsuperscript{422} \textit{Heller II}, 670 F.3d at 1255-58.
\textsuperscript{423} Id. at 1258.
\textsuperscript{424} Id. at 1259.
\textsuperscript{425} D.C. Law. 19-170 (May 15, 2012); see \textit{Heller v. District of Columbia (Heller III)}, 801 F.3d 264, 269-70 (D.C. Cir. 2015).
\textsuperscript{426} 801 F.3d 264.
\textsuperscript{427} \textit{Heller III}, 801 F.3d at 273-74.
\textsuperscript{428} Id. at 274-75.
\textsuperscript{429} Id. at 275-81.
\textsuperscript{430} Id.
the relative strength of the District’s evidence, as determined by the D.C. Circuit, in attempting to show a fit between the District’s asserted interests and the registration requirements.431

**Licensing Fees**

In *Kwong v. Bloomberg*, the Second Circuit reviewed a New York law requiring residents to obtain a license to possess a handgun, along with an implementing New York City measure that imposed a licensing fee of $340 for a three-year permit.432 The plaintiffs argued that the licensing fee imposed an unconstitutional burden on the exercise of their Second Amendment rights.433 In upholding the fee, the Second Circuit found it “difficult to say that the licensing fee, which amounts to just over $100 per year, is anything more than a marginal, incremental or even appreciable restraint on one’s Second Amendment’s rights”—and thus would not implicate heightened scrutiny—but refrained from so holding because, in its view, New York City’s law also survived under intermediate scrutiny.434 The court reasoned that the regulation serves New York City’s important interest in recouping the costs incurred in operating its licensing scheme, which is designed to promote public safety and reduce gun violence.435

**Conclusion**

Although the circuit courts of appeals have taken various approaches in evaluating Second Amendment challenges, the results tend to share similar outcomes. Accordingly, without further guidance—for now—from the Supreme Court, Congress may find the circuit court rulings instructive should the legislature seek to enact measures that would add or modify the categories of persons or weapons subject to firearm regulations. However, any new (and past) firearms measures will need to comport with whatever guidance, if any, the Supreme Court offers when it issues a ruling in *New York State Rifle & Pistol Association, Inc. v. City of New York*.

Almost all federal courts reviewing Second Amendment challenges post-*Heller* have adopted a two-step approach to evaluating Second Amendment challenges. First, courts ask whether the regulated person, firearm, or place comes within the scope of the Second Amendment’s protections. If not, the law does not run afoul of the Second Amendment. If, on the other hand, the challenged law implicate the Second Amendment, courts must next decide the appropriate level of scrutiny—rational basis, intermediate, or strict scrutiny—to employ in determining whether the law passes constitutional muster. In deciding which level to choose, courts generally ask whether the challenged law burdens core Second Amendment conduct, like the ability to use a firearm for self-defense in the home. If a law substantially burdens core Second Amendment activity, courts typically will apply strict scrutiny. Otherwise, courts will apply intermediate scrutiny. In addition, sometimes circuit courts have taken a different approach by asking whether the challenged regulation is “presumptively lawful” as envisioned by *Heller*. Further, some courts have deemed rational-basis review as “off the table” based on the majority’s comments in *Heller*. All told, most firearm laws have been reviewed under intermediate scrutiny.

---

431 *Id.*


433 *Id.* at163. Plaintiffs also alleged that the New York state law was impermissible on equal protection grounds, on account of the statute allowing New York City’s licensing fees to be significantly greater than other local jurisdictions. However, the Court concluded that the state measure was constitutionally permissible on this ground, as well. *Id.* at 170-72.

434 *Id.* at 167-68 (internal quotation marks and citation omitted).

435 *Id.* at 168-69.
where the courts require a reasonable fit between the challenged law and a substantial or important governmental interest asserted as the basis for the law.

Based on these various approaches, it appears that the government can justify a firearm regulation in a number of ways. First, at step one, the government can show that the regulation is a longstanding, presumptively lawful regulation. The government typically can do this by tying the regulation to those restrictions identified in *Heller* as presumptively lawful. In some cases, a challenged restriction might not be among those listed in *Heller* as presumptively lawful. However, given the *Heller* Court’s admonishment that the list was not intended to be exhaustive, later courts have concluded that a challenged law is presumptively lawful by analogizing it to restrictions identified in *Heller* as presumptively permissible. In other cases, the government can show that a firearm regulation is presumptively lawful by proving that a restricted person is not a lawful, responsible citizen and thus outside the scope of the Second Amendment. Additionally, the government can make a historical showing that the firearm regulation is longstanding and thus lawful.

Second, if the inquiry proceeds to the second step, the government must show that the regulation is substantially related to an important governmental interest. The cases show that the success of a law under this inquiry will depend on the evidence that the government puts forth. The courts will not take mere assertions by the government but require meaningful evidence, like legislative findings, empirical evidence, and academic studies. Based on the courts’ admonishments, future legislation to regulate firearms may face a greater chance of survival in the courts if that legislation evidences a clear fit between the government’s interest and the regulation.

Looking ahead, the seats of two of the Justices critical to the outcomes in *Heller* and *McDonald*, Justices Scalia and Kennedy, have been filled by Justices Gorsuch and Kavanaugh respectively. During Justice Gorsuch’s tenure on the Tenth Circuit, he never had the opportunity to explore the scope of *Heller* and the Second Amendment. But since joining the Court, he joined Justice Thomas in dissenting from the denial of certiorari in *Peruta v. County of San Diego* (involving California’s good-cause requirement for a concealed carry license). in which Justice Thomas opined that the Second Amendment’s text, history, and jurisprudence “strongly suggest” that the Amendment includes the right to carry a firearm in public “in some manner.” Conversely, while on the D.C. Circuit, Justice Kavanaugh wrote at length about *Heller*’s meaning in his dissenting opinion in *Heller v. District of Columbia* (*Heller II*), a ruling that evaluated several provisions of a comprehensive firearm scheme that the District of Columbia had enacted in the wake of the Supreme Court’s more-famous *Heller* opinion. Unlike the majority of federal appellate courts, he did not appear to believe that Second Amendment claims should be evaluated under a particular level of constitutional scrutiny. Rather, he would have considered the Second Amendment’s text, history, and tradition. Accordingly, these two new arrivals on the Court may

---


437 *Peruta v. Cty. of San Diego*, 824 F.3d 919, 924 (9th Cir. 2016) (en banc).

438 *Peruta v. California*, 137 S. Ct. 1995, 1998–99 (2017). Justice Thomas further urged that, “[e]ven if other Members of the Court do not agree that the Second Amendment likely protects a right to public carry, the time has come for the Court to answer this important question definitively.” *Id* at 1999.


441 *Heller II*, 670 F.3d at 1271 (Kavanaugh, J., dissenting).

442 *Id*. For modern weapons and circumstances, then-Judge Kavanaugh opined that courts ought to look to “appropriate analogues” to the Second Amendment’s text, history, and tradition. *See id.*
help shape post-*Heller* Second Amendment jurisprudence. Indeed, the Court’s consideration of *New York State Rifle & Pistol Association, Inc.* this upcoming October 2019 term will likely clarify the framework that should be employed when evaluating Second Amendment claims. Further, the grant of certiorari appears to signal a willingness of the Court to further develop its Second Amendment jurisprudence.

**Author Information**

Sarah Herman Peck  
Legislative Attorney

---

**Disclaimer**

This document was prepared by the Congressional Research Service (CRS). CRS serves as nonpartisan shared staff to congressional committees and Members of Congress. It operates solely at the behest of and under the direction of Congress. Information in a CRS Report should not be relied upon for purposes other than public understanding of information that has been provided by CRS to Members of Congress in connection with CRS’s institutional role. CRS Reports, as a work of the United States Government, are not subject to copyright protection in the United States. Any CRS Report may be reproduced and distributed in its entirety without permission from CRS. However, as a CRS Report may include copyrighted images or material from a third party, you may need to obtain the permission of the copyright holder if you wish to copy or otherwise use copyrighted material.